

# 安全享用盆菜錦囊

## Tips for Safe Consumption of "Poon Choi"



- ❧ 向信譽良好的持牌供應商購買盆菜
- ❧ 避免過早提取盆菜
- ❧ 提取盆菜後須即時加熱，並保持在攝氏60度以上
- ❧ 食用前要徹底翻熱，中心溫度須達攝氏75度或以上至少30秒，或直至完全煮沸
- ❧ 使用公匙和公筷
- ❧ 盆菜最好在烹煮後2小時內進食，並盡量一次過吃完
- ❧ 若懷疑盆菜在貯存或運送期間的溫度不當，或進食時發現食物有變味或異樣，應停止進食，並聯絡供應商或食物環境衛生署跟進

- ❧ Order "Poon Choi" from reputable and licensed suppliers
- ❧ Avoid collecting "Poon Choi" too early in advance
- ❧ Reheat "Poon Choi" as soon as possible after collection and keep it above 60°C
- ❧ Reheat "Poon Choi" thoroughly with the core temperature at or above 75°C for at least 30 seconds, or until boiling hot before consumption
- ❧ Use communal spoons and chopsticks
- ❧ It is best to consume "Poon Choi" within 2 hours after cooking and finish it in one go if possible
- ❧ If you have doubts about the temperature of "Poon Choi" during storage or delivery, or there is abnormal taste or changes, stop consumption and contact the suppliers or the Food and Environmental Hygiene Department immediately

查詢熱線 Enquiry Hotline : 2868 0000

