食物安全電子信息 E-NEWS

Dear E-news recipients,

News on the Centre for Food Safety (CFS) online:

(1) CFS announces food safety report for September

To deliver the latest food safety information timely to the public, the CFS announces the monthly food safety report, sharing the food surveillance results.

You are most welcome to read the information at:
https://www.cfs.gov.hk/english/press/20261030_12705.html

(2) Food Safety Focus (243rd Issue, October 2026)

The latest issue of Food Safety Focus is now available. The topics include:

- Paralytic Shellfish Poisoning: Current Understanding and Recent Developments
- "Lunch Break, No Outbreak": How to Keep School Lunch Safe?
- Beware of Wild Taro and Cook Edible Taro Properly to Reduce Risk
- Learning Food Safety Habits Starts Young: CFS Storybook for Children

You are most welcome to read the publication at:
https://www.cfs.gov.hk/english/multimedia/multimedia_pub/multimedia_pub_fsf.html

(3) Roving Exhibitions on Food Safety in 2026

The CFS holds a series of exhibitions across the territory every year. Panels covering different topics such as food safety and nutrition are shown to enhance public knowledge on how to make safe and suitable food choices.

Four roving exhibitions will be held in Sai Kung Market, Yeung Uk Road Market, Oi Tung Shopping Centre and Harbour Building in Nov 2026.

Please click into the webpage for details:
https://www.cfs.gov.hk/english/whatsnew/whatsnew_act/whatsnew_act_roving_exhibition_2026.html

(4) Monthly Report on Results of Compliance Test for Nutrition Labelling and Declaration of Allergens (September 2026)

The Food and Drugs (Composition and Labelling) Regulations (the Regulations) require all

applicable prepackaged foods to list out the ingredients, the content of energy plus seven core nutrients, namely, carbohydrates, protein, total fat, saturated fat, trans fat, sodium and sugars (commonly known as "1 + 7"), and regulate any associated nutrition claims. The ingredients to be listed include, among others, any of the substances specified in section 2(4E) of Schedule 3 to the Regulations which are known to cause allergy in some individuals, if present.

Please visit the webpage for details on the Monthly Report on Results of Compliance Test for Nutrition Labelling and Declaration of Allergens for September 2026:
https://www.cfs.gov.hk/english/whatsnew/whatsnew_act/nl_compliance_test_results_sep_2026.html

Centre for Food Safety
5.11.2026