



Dear E-news recipients,

News on the Centre for Food Safety (CFS) online:

**(1) Roving Exhibitions on Food Safety in 2026**

The CFS holds a series of exhibitions across the territory every year. Panels covering different topics such as food safety and nutrition are shown to enhance public knowledge on how to make safe and suitable food choices.

Five roving exhibitions will be held in Quarry Bay Market, Yeung Uk Road Market, North Point Government Offices, Tsing Yi Market and Shek Wu Hui Market in January 2026.

Please click into the webpage for details:

[https://www.cfs.gov.hk/english/whatsnew/whatsnew\\_act/whatsnew\\_act\\_roving\\_exhibition\\_2026.html](https://www.cfs.gov.hk/english/whatsnew/whatsnew_act/whatsnew_act_roving_exhibition_2026.html)

**(2) Food Safety Focus (233rd Issue, Dec 2025)**

The latest issue of Food Safety Focus is now available. The topics include:

- Keeping Food Safe During Holiday Gatherings
- Understanding Perchlorate in Food
- Consume Lap-mei in Moderation
- Consuming Raw Oysters: Know the Risk

Please click into the webpage for details:

[https://www.cfs.gov.hk/english/multimedia/multimedia\\_pub/multimedia\\_pub\\_fs.html](https://www.cfs.gov.hk/english/multimedia/multimedia_pub/multimedia_pub_fs.html)

**(3) Monthly Report on Results of Compliance Test (Nov 2025)**

The Food and Drugs (Composition and Labelling) Regulations (the Regulations) require all applicable prepackaged foods to list out the ingredients, the content of energy plus seven core nutrients, namely, carbohydrates, protein, total fat, saturated fat, trans fat, sodium and sugars (commonly known as “1 + 7”), and regulate any associated nutrition claims.

Please visit the webpage for details on the Monthly Report on Results of Compliance Test for Nov 2025:

[https://www.cfs.gov.hk/english/whatsnew/whatsnew\\_act/NL\\_Compliance\\_Test\\_Results\\_NOV\\_2025.html](https://www.cfs.gov.hk/english/whatsnew/whatsnew_act/NL_Compliance_Test_Results_NOV_2025.html)

**(4) CFS announces Second Hong Kong Total Diet Study findings on pesticide residues**

The CFS of the Food and Environmental Hygiene Department released the fourth report under the Second Hong Kong Total Diet Study on December 29, which assessed the dietary

exposure of the Hong Kong population to residues of pesticides or their metabolites and the associated health risks.

Please click into the webpage for details:

[https://www.cfs.gov.hk/english/press/20251229\\_12074.html](https://www.cfs.gov.hk/english/press/20251229_12074.html)

Centre for Food Safety

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