

Dear E-news recipients,



News on the Centre for Food Safety (CFS) online:

(1) CFS announces test results of seasonal food surveillance project on lap-mei

The Centre for Food Safety of the Food and Environmental Hygiene Department announced the test results of a recently completed seasonal food surveillance project on lap-mei. Among 163 samples tested, except for two samples found with sodium content inconsistent with the declared values on their nutrition labels, all the remaining samples passed the tests.

Please click into the webpage for details:

https://www.cfs.gov.hk/english/press/20231214_10708.html

(2) CFS announces study results on sodium content in Chinese congee

The Centre for Food Safety of the Food and Environmental Hygiene Department released the study results on the sodium content in Chinese congee. Although none of the samples were considered "high" in sodium (i.e. over 600 milligrams/100 grams), the sodium intake from consuming certain types of congee may approach the World Health Organization (WHO)'s recommended daily intake upper limit due to the considerable volume consumed.

You are most welcome to read the report at:

https://www.cfs.gov.hk/english/press/20231208_10695.html

(3) Hotpot Safety at Home

It is warm and cosy for a family to gather around a hotpot and have a nice little chat while cooking their favourite food in a chilly winter. The recipe for healthy and yummy hotpot includes careful choice of ingredients and good food and personal hygiene.

You are most welcome to read the publication at:

https://www.cfs.gov.hk/english/whatsnew/whatsnew_sfst/whatsnew_sfst_Hotpot_Safety_at_Home.html

(4) Roving Exhibitions on Food Safety

The roving exhibitions will be held in January 2024 at Quarry Bay Market, Yeung Uk Road Market, North Point Government Offices, Yee On Street Market and Shek Wu Hui Market.

Panels cover topics on 5 Keys for Food Safety, Veterinary Drug Residues, Trans Fat, Nutrition Labelling, Genetically Modified Food, Acrylamide, Food Safety Advice for Pregnant Women, Strengthen Food Safety, Enhance Food Traceability, Ciguatoxins and Pesticide Residues.

Please click into the webpage for details:

https://www.cfs.gov.hk/english/whatsnew/whatsnew_act/whatsnew_act_roving_exhibition_2024.html

Centre for Food Safety
21.12.2023