



Latest issue of E-News (6/7/2023):

Dear E-news recipients,

News on the Centre for Food Safety (CFS) online:

(1) Food Safety Focus (203rd Issue, June 2023)

The latest issue of Food Safety Focus is now available. The topics include :

- Food Safety of Food Banks and Community Kitchens
- Hepatitis A and Frozen Strawberries
- Food Safety Day 2023 – Prevent Food Poisoning at Home with 5 Keys!
- Eating Fish from Local Wet Markets Raw - Is It Safe?

For more advice on the safety issue, please click into the webpages for details:

https://www.cfs.gov.hk/english/multimedia/multimedia_pub/multimedia_pub_fsf.html

(2) Siu Mei / Lo Mei - Food Safety Guidelines for Food Businesses

The CFS has recently published a set of guidelines which are intended for food business operators (FBOs) that prepare and/or sell siu mei or lo mei at premises. It aims to facilitate their adoption of food safety measures in their operations in order to produce and supply safe and wholesome siu mei and lo mei.

Please click into the webpage for details of the above publications:

https://www.cfs.gov.hk/english/multimedia/multimedia_pub/files/Siu_Mei_Food_Safety_Guidelines_for_Food_Businesses.pdf

https://www.cfs.gov.hk/english/multimedia/multimedia_pub/files/Lo_Mei_Food_Safety_Guidelines_for_Food_Businesses.pdf

(3) Iodine In Food

Iodine is an essential micronutrient required for normal thyroid function, growth and development. The World Health Organization recommends a daily iodine intake of 150µg for adolescents and adults. The CFS has recently published a guideline for the public. The public is advised to consume iodine-rich foods as part of a balanced diet. Seaweed, kelp,

shellfish, marine fish, eggs and egg products, milk and dairy products are rich in iodine.

Please click into the webpages for details:

https://www.cfs.gov.hk/english/programme/programme_fii/programme_fii.html

https://www.cfs.gov.hk/english/programme/programme_fii/files/pamphlet_Iodine_in_Food_e.pdf

(4) Food Safety Reports for April and May 2023

To deliver the latest food safety information timely to the public, the CFS announces the monthly “Food Safety Report”, sharing the food surveillance results.

You are most welcome to read the press release at:

https://www.cfs.gov.hk/english/press/20230531_10345.html

https://www.cfs.gov.hk/english/press/20230630_10390.html

(5) Roving Exhibitions on Food Safety

The roving exhibitions will be held at Hung Hom Market, Wo Che Plaza, Manhattan Hill, Tsuen Wan Government Offices and New Wan Chai Market in July 2023. Panels cover topics on Nutrition Labelling; Prevention of Cross-contamination; Ciguatoxins; 5 Keys for Food Safety; Organic Food; Control of Food Temperature; Natural Toxins; Pesticide Residues; Trans Fats and Enhance Food Traceability, Strengthen Food Safety.

Please click into the webpage for details:

https://www.cfs.gov.hk/english/whatsnew/whatsnew_act/whatsnew_act_roving_exhibition_2023.html

Centre for Food Safety
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