



Dear E-news recipients,

News on the Centre for Food Safety (CFS) online:

### **(1) Food Safety Tips for Chinese New Year**

Chinese New Year is an important family reunion occasion in Hong Kong, food and drinks play a crucial part of the Chinese New Year's celebration. However, it is also important to think about food safety. In addition to following the Five Keys to Food Safety, the CFS recommends the following food safety tips to ensure that holiday feasts are not only full of flavour but also safe.

Please click into the webpage for details:

[https://www.cfs.gov.hk/english/whatsnew/whatsnew\\_sfst/Food\\_Safety\\_Tips\\_For\\_Chinese\\_New\\_Year.html](https://www.cfs.gov.hk/english/whatsnew/whatsnew_sfst/Food_Safety_Tips_For_Chinese_New_Year.html)

### **(2) Hotpot Safely at Home**

It is warm and cosy for a family to gather around a hotpot and have a nice little chat while cooking their favourite food in a chilly winter. The recipe for healthy and yummy hotpot includes careful choice of ingredients and good food and personal hygiene.

Please click into the webpage for details:

[https://www.cfs.gov.hk/english/whatsnew/whatsnew\\_sfst/whatsnew\\_sfst\\_Hotpot\\_Safely\\_at\\_Home.html](https://www.cfs.gov.hk/english/whatsnew/whatsnew_sfst/whatsnew_sfst_Hotpot_Safely_at_Home.html)

### **(3) Harmful Substances in Food (Amendment) Regulation 2021 to Commence in Phases in 2023**

The provisions of Harmful Substances in Food (Amendment) Regulation 2021 on the maximum levels of mycotoxins and other harmful substances in food will come into force on 1 June 2023, and provisions on prohibiting PHO and the associated labelling requirements will take effect on 1 December 2023. The trade should ensure the food sold complying with the legislation. Food industries can produce healthier food by reducing trans fats and replacing IP-TFAs. Consumers should maintain a balanced diet comprising a wide variety of fruits and vegetables.

Please click into the webpage for details:

[https://www.cfs.gov.hk/english/multimedia/multimedia\\_pub/multimedia\\_pub\\_fsf\\_198\\_04.ht](https://www.cfs.gov.hk/english/multimedia/multimedia_pub/multimedia_pub_fsf_198_04.ht)

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**(4) Food Safety Report for November 2022**

To deliver the latest food safety information timely to the public, the CFS announces the monthly “Food Safety Report”, sharing the food surveillance results.

You are most welcome to read the publication at:

[https://www.cfs.gov.hk/english/press/20221230\\_10059.html](https://www.cfs.gov.hk/english/press/20221230_10059.html)

**(5) CFS Announces Test Results of Lunar New Year Food (second phase)**

The CFS announced the test results of a recently completed seasonal food surveillance project on Lunar New Year (LNY) food (second phase). The test results of around 110 samples collected were satisfactory except for two samples that were announced earlier.

Please click into the webpage for details:

[https://www.cfs.gov.hk/english/press/20230112\\_10085.html](https://www.cfs.gov.hk/english/press/20230112_10085.html)

Centre for Food Safety  
19.1.2023

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