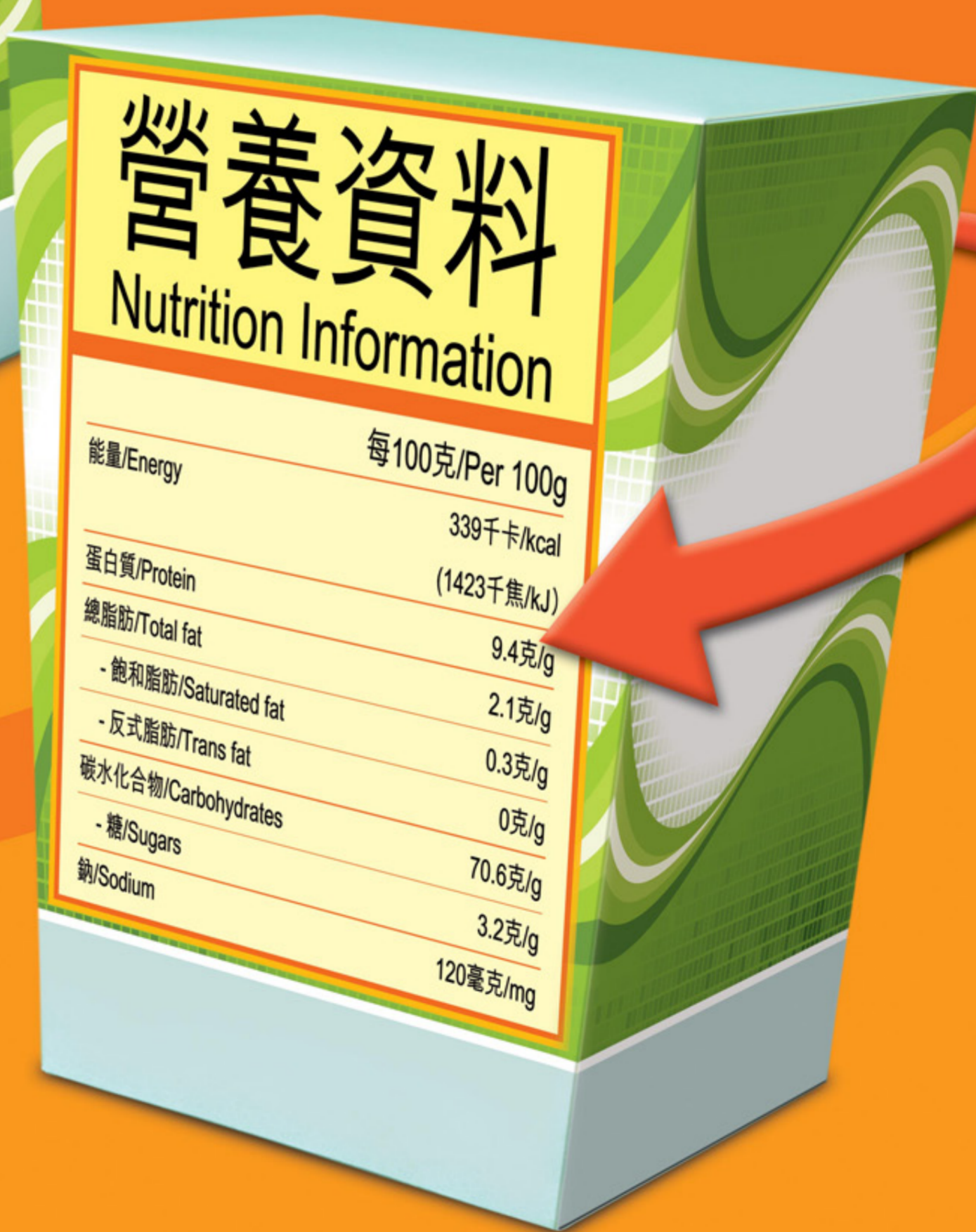


轉轉

看看



營養資料 Nutrition Information	
	每100克/Per 100g
能量/Energy	339千卡/kcal (1423千焦/kJ)
蛋白質/Protein	9.4克/g
總脂肪/Total fat	2.1克/g
- 飽和脂肪/Saturated fat	0.3克/g
- 反式脂肪/Trans fat	0克/g
碳水化合物/Carbohydrates	70.6克/g
- 糖/Sugars	3.2克/g
鈉/Sodium	120毫克/mg

食得更健康

Turn and look for healthier food choices

預先包裝食物的營養標籤，幫助你比較不同產品的營養成分，選擇脂肪、糖和鈉含量較低的食物。

The nutrition label on prepackaged food helps you compare the nutritional content of different products, and choose food lower in fat, sugars and sodium.