

Prevention

- 1. Avoid cross-contamination:
 - use separate equipment for handling of raw food and cooked food;
 - store raw food and cooked food separately; and
 - wash hands before handling food.
- Cool food rapidly and store food in refrigerators below 4°C to prevent bacterial growth.
- 3. Cook food thoroughly before consumption.
- 4. Avoid eating raw or undercooked seafood.
- 5. For seafood eaten raw, such as sashimi, the following should be observed:
 - pay special attention to avoid cross-contamination;
 - reserve a specific portion of a refrigerator or a designated refrigerator for storage of seafood;
 - purchase seafood from reliable and reputable sources; and
 - consume seafood immediately after taking home.



Enquiry:

For further enquiries and information, please call the Communication Resource Unit of Food and Environmental Hygiene Department at 2381 6096 or 24-hour hotline 2868 0000.