

Report of Food Consumption Survey in the Younger Population 2021-2022

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Centre for Food Safety
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List of Abbreviations

24HDR	24-hour dietary recall
C&SD	Census and Statistics Department
CFS	Centre for Food Safety
cm	centimeter
FEHD	Food and Environmental Hygiene Department
FFQ	Food frequency questionnaire
g	gram
HKDiet System	Hong Kong Diet System
kg	kilogram
ml	milliliter

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Executive Summary

Introduction

This report presents the findings of the Food Consumption Survey in the Younger Population 2021-2022 (the Survey) conducted by the Centre for Food Safety (CFS) of the Food and Environmental Hygiene Department.

Objectives

The main objective of the Survey was to collect food consumption data of the local younger population. In addition, body height and weight of the respondents enumerated in the Survey were also obtained to facilitate the interpretation of the food consumption information collected.

Methods

The food consumption information was collected through two 24-hour dietary recall (24HDR) interviews conducted on two non-consecutive days by asking each respondent to recall all foods and beverages consumed in the previous 24 hours. Such data was entered into the HKDiet System by the interviewers using the multiple-pass interviewing process. In addition, food consumption information of some selected food items was collected with the use of the “Food frequency questionnaire” (FFQ).

A two-stage stratified sampling design was adopted, with random sampling at the school level followed by random sampling of subjects at the student level. The schools were randomly sampled from the school list provided by the Education Bureau, which was stratified by the geographical area and the finance type of schools. The subjects were randomly sampled from the student list provided by the schools. In order to estimate and analyse the food consumption pattern of the population, a statistical grossing up procedure was adopted before analysing the data.

A total of 1 389 respondents aged 6 to 17, who speak Cantonese, Mandarin or English, had completed the Survey. Statistical weighting was applied to the data based on the statistics from the 2021 Population Census of the Census and Statistics Department.

Food Consumption Information

Based on the information collected from the 24HDR interviews, the Survey has obtained a set of food consumption data of Hong Kong’s younger population, comprising the average daily intake amounts of 31 food groups and 157 food subgroups consumed by the respondents. On average, the respondents aged 6 to 17 years consumed a total of 1 047 g of solid food and 1 431 ml of liquid food (including water) per day. Based on the average daily food intake amount consumed by the respondents, the findings on some major food groups are presented as follows.

Cereals and grains products were consumed in the amount of 369 g/day, of which 60.8% (224 g/day) came from the rice subgroup. Pasta/noodle from all origins (including rice, wheat, etc.) made up another 37.3% (138 g/day) of the cereals and grains products group.

Bakery wares and Chinese pastry is a food group closely related to cereals and grains products because the foods in the former food group contain a significant proportion of cereals and grains ingredients. Bakery wares and Chinese pastry were consumed in the amount of 48 g/day, around 55% of which was from bread/roll (26 g/day).

Vegetables and fruits were consumed in the amount of 174 g/day and 91 g/day respectively. Leafy vegetables and brassica vegetables contributed 43.2% (75 g/day) of the daily vegetables consumption. Another 20.7% was from fruiting vegetables and squashes/gourds (36 g/day), while 15.5% (27 g/day) was from root vegetables/tubers. Pome fruits contributed to 29.8% (27 g/day) of the daily fruit consumption. Another 23.0% was from citrus fruits (21 g/day).

Meat and poultry, including relevant items in Siu-mei and Lo-mei group, were consumed in the amount of 79 g/day and 47 g/day respectively. Of the total 126 g, 39.0% of the amount consumed was from pork other than offal (49 g/day), 35.4% was from chicken other than offal (45 g/day) and 19.6% was from beef other than offal (25 g/day). **Fish** was consumed in the amount of 32 g/day.

The consumption of **egg and egg products** was 34 g/day, more than 97% of which was from chicken eggs. **Milk and dairy products** were consumed in the amount of 95 g/day, of which 81.4% (77 g/day) was from milk, milk beverage and dried milk.

Regarding local favourites, **dim sum** (a large range of small Chinese dishes that contain various ingredients or fillings) was consumed in the amount of 42 g/day. The detailed average daily intake amounts of the 31 food groups and 157 food subgroups are presented in Table A.1 and Table A.2 respectively.

Through the use of FFQ, the Survey has also obtained food consumption data of some selected seasonal foods (e.g. lychees) and festive foods (e.g. Chinese New Year pudding and baked mooncake) which might be less likely to be captured from the 24HDR interviews, as well as some other foods which were of special interest for food safety or risk assessment (e.g. swordfish sashimi and tuna sushi). The amounts of food intake per day of these 15 selected food items over the past 12 months prior to the interview are presented in Table A.7.

I. Background and Methods

1.1 Background

- 1.1.1 The CFS adopts a food safety control paradigm based on the risk analysis model. In line with the best international practices and recommendations of the Food and Agriculture Organization (FAO) and the World Health Organization (WHO), the risk analysis model provides the basis for effective utilisation of resources and priority setting.
- 1.1.2 The risk analysis model is well-defined to be based on the intertwining processes of risk assessment, risk management, and risk communication. One well-defined characteristic of risk assessment is the incorporation of a quantitative evaluation of the population's exposure to hazards via consumption of food. In other words, a quantitative evaluation of risks has to be conducted with the availability of information on food consumption.
- 1.1.3 Food consumption surveys collect people's food consumption data (i.e. the types and amounts of food consumed) which provide important data for food safety risk assessment. To collect food consumption data for more accurate and reliable food safety risk assessments for the younger population, the CFS undertook a food consumption survey on the younger population in 2021 to 2022.

1.2 Survey objective

- 1.2.1 The main objective of the Survey was to collect food consumption data of the local younger population, such as the types and amounts of food consumed. In addition, body height and weight of the respondents enumerated in the Survey were also obtained to facilitate the interpretation of the food consumption information collected.

1.3 Data collection period

- 1.3.1 The main fieldwork was carried out in two phases with the first phase (from July 2021 to August 2022) covering respondents recruited from secondary schools and the second phase (from October 2021 to November 2022) covering respondents recruited from primary schools. Each phase lasted for about 12 months in order to cover seasonal food intake.

1.4 Survey respondents

- 1.4.1 The potential target respondents of this Survey were local younger population who speak Cantonese, Mandarin or English. A total of 1 389 respondents aged 6 to 17, who were recruited from 24 primary and 25 secondary schools, had completed the Survey.

1.5 Sampling method

- 1.5.1 The Survey adopted a two-stage stratified sampling design. First, primary schools and secondary schools were randomly sampled from the stratified school list provided by the Education Bureau, then subjects were randomly sampled from the sampled schools to participate in the Survey.
- 1.5.2 Based on the primary and secondary school list from the Education Bureau, the schools were stratified by geographical area and the finance type of schools. According to the number of subjects studying in the schools in different strata, the number of schools and subjects to be sampled for each stratum were assigned in proportion. Subjects were randomly sampled from the student list provided by sampled schools for participation in the Survey.
- 1.5.3 A total of 1 389 respondents aged 6 to 17 were enumerated from 1 622 subjects who agreed to be interviewed, with a completion rate of 85.6%.

1.6 Estimation method

- 1.6.1 In order to estimate and analyse the food consumption pattern of the population, instead of the sample count, a statistical grossing up process was carried out and a grossing up factor/weighting was compiled and assigned to individual data.
- 1.6.2 Basically, the grossing up factor was the inverse of the probability of selection. Given that this was a two-stage sampling design, the probabilities of selection in both stages had been considered. Furthermore, the response pattern of individual respondents might not be uniform across different sex and age groups. In order to present a complete picture of the target population, the statistical grossing up process included a benchmark process by making reference to the distribution of population by sex and age as found in the 2021 Population Census of the C&SD of the relevant period. The uneven non-response pattern was then handled during the benchmark weighting process.
- 1.6.3 Unless otherwise stated, statistics presented in this report refer to the grossing up or weighted respondents (i.e. subjects who participated in the Survey) and consumers (i.e. subjects who reported intake of food).
- 1.6.4 As this report covers a random sample of 1 389 completed cases of aged 6 to 17, the findings are subject to sampling variation. Furthermore, as the response pattern is not uniform across different age-sex subgroups, caution should be taken in interpreting these findings.

1.7 Food Consumption Data Collection Methods

- 1.7.1 Interviews were conducted through video calls to be in-line with the social distancing measures during the COVID-19 pandemic at that time. The HKDiet System was used to collect dietary information from the target respondents.

Hong Kong Diet (HKDiet) System

- 1.7.2 The HKDiet System is a computer program developed by FEHD with pre-installed supporting databases (including food coding database, recipe database, portion size measurement database) to record dietary information, height and weight data, and demographic information in electronic means during fieldwork.
- 1.7.3 The HKDiet system has built-in validation functions to enhance within record consistency and accuracy of the collected data. For example, any missing information and unusual intakes, which might be due to errors in data input or reporting errors on the part of the respondents, were highlighted by the system, such that further probing or checking with the respondents could be undertaken by the interviewers during the interview. In addition, specific details had been pre-installed in the HKDiet System for automatic computation of the consumption amounts of oils and seasonings with reference to the food preparation methods reported by the respondents. The system also comes with built-in guides and prompt messages to assist the interviewers in obtaining details of food intake throughout the interview process.
- 1.7.4 Upon identifying a need to include new food items and recipes as reported by the respondents during fieldwork, all supporting databases installed in the HKDiet System would be updated.
- 1.7.5 The HKDiet System also comes with export functions to enable the collected data to be exported in Microsoft Excel format for further data processing.

Height and weight

- 1.7.6 Height and weight data were recorded in the format of centimetre and kilogram respectively. Due to the social distancing measures of COVID-19 pandemic, interviewers were unable to visit schools to measure height and weight for respondents. Respondents were asked to self-report their height and weight at the interview.
- 1.7.7 According to the self-reported data of respondents (not including refusal respondents), the average height and weight of weighted male respondents were 149.9 cm and 43.7 kg respectively. The average height and weight of weighted female respondents were 146.8 cm and 40.0 kg respectively. The average height and weight of weighted respondents aged 6 to 11 were 134.8 cm and 31.6 kg respectively. The average height and weight of weighted respondents aged 12 to 17 were 162.9 cm and 53.0 kg respectively.

Dietary information

- 1.7.8 Dietary information refers to data collected from the “24-hour dietary recall” (24HDR) and the “Food frequency questionnaire” (FFQ) interviews. For 24HDR interviews, the multiple-pass interview method was adopted. For each respondent, two 24HDR interviews were conducted on two non-consecutive days by asking each respondent to recall all foods and beverages consumed in the previous 24 hours starting at 06:00 in the morning of the day before the interview and ending at 06:00

in the morning on the day of the interview. In general, the two 24HDR interviews were separated by at least three days but subject to the availability of the respondents not more than eleven days apart. Furthermore, the two interviews should not fall on the same weekdays of the week, whereas no more than one interview could fall on a weekend or public holiday.

- 1.7.9 Among the two non-consecutive days of 24HDR interviews, around 66.6% were conducted to recall dietary information on weekdays and 33.4% were on either weekends or public holidays, and nearly all of the two 24HDR interviews (99.9%) were separated by at least three days but not more than eleven days apart. Regarding the interview duration, the median duration for the Day-1 24HDR and the Day-2 24HDR was 21 minutes and 19 minutes respectively. As for the FFQ, the median duration was 5 minutes. It should be noted that the time spent on obtaining consent and explaining the Survey objectives was not included in the interview duration mentioned above.
- 1.7.10 During interviews, the interviewers would show the food portion measurement aids (such as food photo booklet, household utensils, etc.) to the respondents to help them estimate the food intake amount to be recorded, in gram and millimeter for solid and liquid food respectively, in the HKDiet System by the interviewers.
- 1.7.11 In order to improve the accuracy of dietary data collection and facilitate communication, the interviewer would recommend that the respondent take food photos during the day of the 24-hour dietary review, and send the photos to the interviewer before the interview. In addition, the interviewer would recommend the caregivers to be interviewed together. This measure served as a requirement for respondents recruited from primary schools.
- 1.7.12 Food and beverages consumed were grouped under 31 food groups. These were further subdivided into 171 food subgroups and 2 046 food items at the start of the Survey. During the course of data collection, some food items which did not fall into or match with the predefined 2 046 food items were identified. 13 new food items were added to cater for these newly identified food, as pointed out in para. 1.7.4 above, making up a total of 2 059 food items in the food item list. The number of food groups and food subgroups remained unchanged. An example of a food group, a food subgroup, and food items is given in Table 1.1.

Table 1.1 Examples of food group, food subgroups and food items

Food Group	Food Subgroup	Food Item
3F06	Meat	
	3F0601	Cattle/Calf other than offal
		3F0601001 Beef
		3F0601002 Beef ball
		3F0601003 Beef bologna
		3F0601004 Beef flank
		3F0601005 Beef pastrami
		3F0601006 Beef salami
		3F0601007 Beef sausage
		3F0601008 Beef steak
		3F0601009 Beef, dried/ Beef jerky
		3F0601010 Beef, minced (ground)
		3F0601011 Cattle bone marrow
		3F0601012 Corned beef
		3F0601013 Hamburger steak
		3F0601014 Ox tail
		3F0601015 Veal ribs
		3F0601999 Cattle/Calf other than offal (item not specified)
	3F0602	Cattle/Calf offal
		3F0602001 Cattle blood
		3F0602002 Cattle brain
	
	3F0603	Pig other than offal
	
	3F0699	Meat, not specified

1.7.13 Respondents might or might not know the ingredients in a dish. Therefore, interviewers used different approaches to gather food consumption information from respondents. If a respondent was able to recall the ingredients in a dish, the interviewer would guide the respondent to provide information on the food and amount consumed, item by item. Information on cooking method was also collected under this food item approach.

1.7.14 On the other hand, if a respondent was unable to recall the ingredients in a dish, the interviewer would use the recipe approach. A recipe database covering over 1 000 representative or ‘standard’ as well as less typical recipes was prepared and loaded in the HKDiet System prior to the start of the Survey. Using the recipe approach, an appropriate recipe was identified and the amount consumed inputted, the HKDiet

System would generate the relevant food items/ingredients and their corresponding consumption amounts. Slight modification of the composition of the recipe based on information provided by respondents, such as swapping or excluding some ingredients, could be entertained during the interview. In the event that more complicated adjustment to the recipe was required, it would be dealt with during the subsequent data verification stage. However, as the aim of the Survey is to obtain consumption amounts of individual food ingredients, the consumption amount of recipes consumed was not retained in the dataset after calculations. An example of a recipe is given in Table 1.2.

Table 1.2 Example of recipe

Sweet and Sour Pork	3R0302E220
Portion unit	Bowl (250 ml)
Edible Amount per Portion Unit	220 g
Cooking method	Deep-fried
Ingredients	Proportion (%)
Pork	33.0
Corn starch	14.7
Sweet pepper	11.7
Slab sugar	8.8
Pineapple	7.3
Tomato paste/ Ketchup	6.2
Onion	5.9
Chicken egg (whole)	3.3
Vinegar (item not specified)	3.3
Worcestershire sauce	2.1
Soya sauce, light	1.8
Vegetable oils (item not specified)	0.7
Granulated sugar	0.6
Garlic	0.4
Table salt	0.2

1.7.15 In addition to 24HDR, each respondent was required to complete the FFQ in the first interview. This questionnaire consisted of a series of pre-structured semi-quantitative food frequency questions for 10 selected foods of special interest for food safety/risk assessment and 5 seasonal/festive food consumed over the past 12 months prior to the interview. The list of seasonal/festive foods with the duration of season/festive period is given in Table 1.3.

Table 1.3 Duration of season/festive period for seasonal/festive foods

FFQ item no.	FFQ item name	Duration of peak consumption period (days)	Whether available all year round/ only in season
3FFQ011	Lychees	90	all year round#
3FFQ012	Chinese New Year pudding	30	only in season
3FFQ013	Crispy triangle	30	only in season
3FFQ014	Baked mooncake	45	only in season
3FFQ015	Snowy mooncake	45	only in season

including processed forms, such as canned products

1.8 Training of interviewers and pilot testing

1.8.1 Survey interviewers were registered dietitians. To collect data effectively and accurately, interviewers completed a training session focusing on food coding and descriptions, portion-size estimation, familiarisation of HKDiet System and the use of the video call programme. An assessment was conducted at the end of the training period. Only interviewers who had passed the assessment were deployed to carry out data collection. In order to field test the research instruments and methodologies for the Survey, a pilot test was conducted. Taking into account the experience gained from the pilot test, the research instruments were amended and the fieldwork arrangements were fine-tuned.

1.9 Data editing and quality control

1.9.1 The supervisors verified the records and the interviewing process in the HKDiet System, and ensured proper record of food consumption information was provided by the respondents. In case of unusual or doubtful situations, the respondents were contacted for follow-up verification.

1.9.2 In case of difficulties in matching the foods reported by the respondents with the appropriate food code in the HKDiet System, the interviewers would enter some remarks in the System, based on information provided by the respondents, and the interview supervisors would subsequently provide support in coding these food items. Moreover, when food coding was found not accurately reflecting the food consumption information reported, the food item was recoded by the interview supervisors.

1.9.3 Apart from the data editing and verification processes, 10.4% of completed cases were randomly sampled and checked by statistical officers. It was conducted by contacting the respondents for verifying the data provided.

1.9.4 The above mentioned quality control measures were continuously put in place during the entire data collection period to monitor the performance of the interviewers.

- 1.9.5 To minimise the occurrence of missing data, the HKDiet System has built-in validation functions to provide pop-up reminders and highlight the missing data for further probing and checking with the respondents. The interviewers were trained with adequate interviewing techniques to minimise missing information as reasonably practicable. During the interview of FFQ, the HKDiet System would remind the interviewers the food items with missing values and the fields that had to be filled with valid data before the interview could continue. In case the respondents reported “don’t know/not sure”, the interviewers were trained to use the Food Photo Booklet, probes and prompts skillfully to facilitate the recall process.
- 1.9.6 For each food item recorded in both 24HDR and FFQ, the distribution of the consumption amount was examined. Unusually large amounts were identified and the original interview records were checked with the interviewers and respondents by interview supervisors, if possible, to examine whether the large amount was a result of a large consumption reported by the respondent or a data entry error made by the interviewer.
- 1.9.7 Some apparently extreme food intake values might represent unusual food intake patterns without error. These unusual value cases will be important in risk assessment work and may be important in the identification of high-risk groups. Hence, each of these cases was individually, in which decision was made with extreme caution as to whether each unusual value was plausible.

II. Demographics

2.1.1 Among the 1 389 respondents, 690 (49.7%) of them were male and 699 (50.3%) of them were female. The distribution of 1 389 respondents is presented in Table 2.1.

Table 2.1 Distribution of respondents by sex and age group

Age group	Male	Female
6 to 8 years	156	171
9 to 11 years	180	186
12 to 14 years	209	192
15 to 17 years	145	150
Sub-total(%)	690 (49.7%)	699 (50.3%)
Total (%)	1 389 (100.0%)	

2.1.2 The weighted distribution of respondents by sex and age group is given in Table 2.2.

Table 2.2 Weighted number of respondents by sex and age group

Age group	Male		Female		Total	
	Number	%	Number	%	Number	%
6 to 8 years	87 200	24.7	83 200	25.0	170 400	24.8
9 to 11 years	94 600	26.8	87 600	26.3	182 100	26.6
12 to 14 years	89 700	25.4	83 800	25.2	173 500	25.3
15 to 17 years	81 700	23.1	78 200	23.5	159 800	23.3
Total	353 100	100.0	332 800	100.0	685 900	100.0

Notes

- (1) Numbers are rounded to the nearest hundred.
- (2) Numbers and percentages may not add up to total due to rounding.

III. Food Consumption Information

3.1 24-Hour Dietary Recall

- 3.1.1 Around 70% of the 24HDR interviews reported food intakes that were similar to the usual intakes, and the proportions of interviews reported eating less than usual and eating more than usual were rather similar. The most common reasons given for eating more on the interview days were on vacation or day off, while the most common reasons for eating less were not hungry. Around 12% of the 24HDR interviews reported as special diet, i.e. respondents reported that they were under a special diet at the time of the interview and most of them were under dietary management for weight control.
- 3.1.2 Food items are grouped under 31 food groups. They are then classified into 171 food subgroups and 2 046 food items. 13 additional food items were added, making up a total of 2 059 food items in the food item list because such food items found during the Survey could not be grouped under the original food item list. Among them, food classified under all the 31 food groups, 157 food subgroups and 1 423 food items were consumed by the respondents aged 6 to 17. Unless otherwise specified, the consumption amounts presented in this section represent the average daily food intake of all respondents collected from Day-1 and Day-2 24HDR interviews after weighting.
- 3.1.3 The average total daily solid food consumption and liquid food intake were 1 047 g and 1 431 ml respectively. There were variations by sex and age (Tables 3.1 and 3.2).

Table 3.1 Average solid food consumed per day of (weighted) respondents by sex and age group (g)

Sex	Age group				Overall
	6 to 8 years	9 to 11 years	12 to 14 years	15 to 17 years	
Male	960.3	1 067.0	1 211.8	1 226.9	1 114.4
Female	890.3	1 009.3	970.8	1 030.3	974.8
Overall	926.1	1 039.2	1 095.4	1 130.8	1 046.7

Table 3.2 Average fluid consumed per day of (weighted) respondents by sex and age group (ml)

Sex	Age group				Overall
	6 to 8 years	9 to 11 years	12 to 14 years	15 to 17 years	
Male	1 189.7	1 461.2	1 689.6	1 779.4	1 525.7
Female	1 118.2	1 310.8	1 415.7	1 484.9	1 330.0
Overall	1 154.8	1 388.9	1 557.2	1 635.4	1 430.8

3.2 Food consumption by food group

- 3.2.1 Table 3.3 presents the major contributions of major food groups. Cereals and grains products were consumed in the amount of 369 g/day, 60.8% (224 g/day) of which was from the rice subgroup. Pasta/noodle from all origins (including rice, wheat, etc.) made up another 37.3% (138 g/day) of the cereals and grains products group. Bakery wares and Chinese pastry is a food group closely related to cereals and grains products because the foods in the former food group contain a significant proportion of cereals and grains ingredients. Bakery wares and Chinese pastry were consumed in the amount of 48 g/day, around 55% of which was from bread/roll (26 g/day).
- 3.2.2 Vegetables and fruits were consumed in the amount of 174 g/day and 91 g/day respectively. Leafy vegetables and brassica vegetables contributed to 43.2% (75 g/day) of the daily vegetables consumption. Another 20.7% was from fruiting vegetables and squashes/gourds (36 g/day). 15.5% (27 g/day) was from root vegetables/tubers. For consumed fruits, pome fruits contributed to 29.8% (27 g/day) of the daily fruit consumption. Another 23.0% was from citrus fruits (21 g/day).
- 3.2.3 The daily consumption of meat and poultry, including relevant items in Siu-mei and Lo-mei, was 126 g in total, with 39.0% of the amount consumed from pork other than offal (49 g/day), another 35.4% was from chicken other than offal (45 g/day) and 19.6% was from beef other than offal (25 g/day).
- 3.2.4 Fish and other aquatic animals (i.e. crustaceans and molluscs) consumption was found to be 45 g/day in total. The average daily fish consumption was 32 g, while the daily average for crustaceans (such as shrimp/prawn and crab) and molluscs (such as oyster and cuttlefish) were 7 g and 6 g respectively.
- 3.2.5 The consumption of egg and egg products was 34 g/day, more than 97% of which was from chicken eggs (33 g/day). Milk and dairy products were consumed in the amount of 95 g/day, of which 81.4% (77 g/day) was from milk, milk beverage and dried milk.
- 3.2.6 Regarding local favourites, dim sum (a large range of small Chinese dishes that contain various ingredients or fillings) was consumed in the amount 42 g/day. Additionally, the average daily consumption amounts for the sashimi and sushi group (11 g/day) and the burgers group (8 g/day) were only around one-fourth to one-fifth of the consumption of the dim sum group. The daily consumption of pizza was even less (4 g/day).

Table 3.3 Highlights of average daily consumption (by respondents) in major food groups

Food Descriptions	Weight (gram)	% within Food Group
Cereals and grains products	369 g	
➤ Rice	224 g	60.8%
➤ Pasta and noodles	138 g	37.3%
Bakery wares and Chinese pastry	48 g	
➤ Bread and rolls	26 g	55.0%
Vegetables	174 g	
➤ Leafy vegetables and brassica vegetables (such as Chinese flowering cabbage, lettuce, and broccoli)	75 g	43.2%
➤ Fruiting vegetables (such as tomatoes and bell peppers), and squashes and gourds	36 g	20.7%
➤ Root vegetables/tubers (such as potatoes and carrots)	27 g	15.5%
Fruits	91 g	
➤ Pome fruits	27 g	29.8%
➤ Citrus fruits	21 g	23.0%
Meat and poultry (including Siu-mei and Lo-mei)	126 g	
➤ Pork other than offal	49 g	39.0%
➤ Chicken other than offal	45 g	35.4%
➤ Beef other than offal	25 g	19.6%
Fish and Aquatic Animals	45 g	
➤ Fish	32 g	70.8%
➤ Crustaceans (such as shrimp/prawn and crab)	7 g	16.5%
➤ Molluscs (such as oyster and cuttlefish)	6 g	12.7%
Egg and Egg Products	34 g	
➤ Chicken eggs	33 g	97.2%
Milk and Dairy products	95 g	
➤ Milk, milk beverages and dried milk	77 g	81.4%

3.2.7 With regard to fluid consumption¹ (Table 3.4), drinking water (945 ml/day), soups (123 ml/day) and tea drinks (97 ml/day) made up the bulk of the total fluid consumption. These were followed by milk/milk beverages (77 ml/day), carbonated drinks (54 ml/day), soy, cereal, grain, seed and chocolate drinks (44 ml/day) and fruit and vegetable juice drinks (26 ml/day).

¹ Water (for recipe use) would not be classed as fluid.

Table 3.4 Highlights of average daily fluid consumption (by respondents)

Food Descriptions	Volume (ml)	% of Fluid Intake
Fluid item	1431 ml	
➤ Drinking water	945 ml	66.1%
➤ Soups	123 ml	8.6%
➤ Tea drinks	97 ml	6.8%
➤ Milk and milk beverages	77 ml	5.4%
➤ Carbonated drinks	54 ml	3.8%
➤ Soy, cereal, grain, seed and chocolate drinks	44 ml	3.1%
➤ Fruit and vegetable juice drinks	26 ml	1.8%

3.2.8 The Survey also collected consumption amount of fats and oils (14 g/day), sugars and confectionery (9 g/day), desserts (9 g/day) as well as salts, soya sauce, condiments and sauces (18 g/day). However, given that these food items sometime appear as minor ingredients in other food items, such as fats and oils in sausages and spring rolls, sugar in tea and carbonated drinks, it is understood that their total consumption amounts were not exhaustively accounted for.

3.2.9 Tables A.1 and A.2 in the Annex present the distribution of food intake per day by respondents for individual food groups and food subgroups respectively. Readers should be cautioned that all the consumption amounts reported in this Chapter and the relevant tables are for individual food items consumed with corresponding consumption data available in the database. However, some food items are made up of multiple ingredients, such as milk tea, dim sum and burger, their consumption amounts were only captured in the form of “mixed food” items instead of being broken down into their ingredients like the milk in milk tea, fats and oils in dim sum and burger, were not included in the respective consumption amount figures for milk, fats and oils. Therefore, the consumption amounts of ingredients of these “mixed food” could be represented in the consumption amounts stated for the relevant food groups and food subgroups.

3.3 Comparison of food consumption in different sex and age groups

Chart 1a Average amount of food intake per day by all weighted respondents by food group and sex from 24HDR

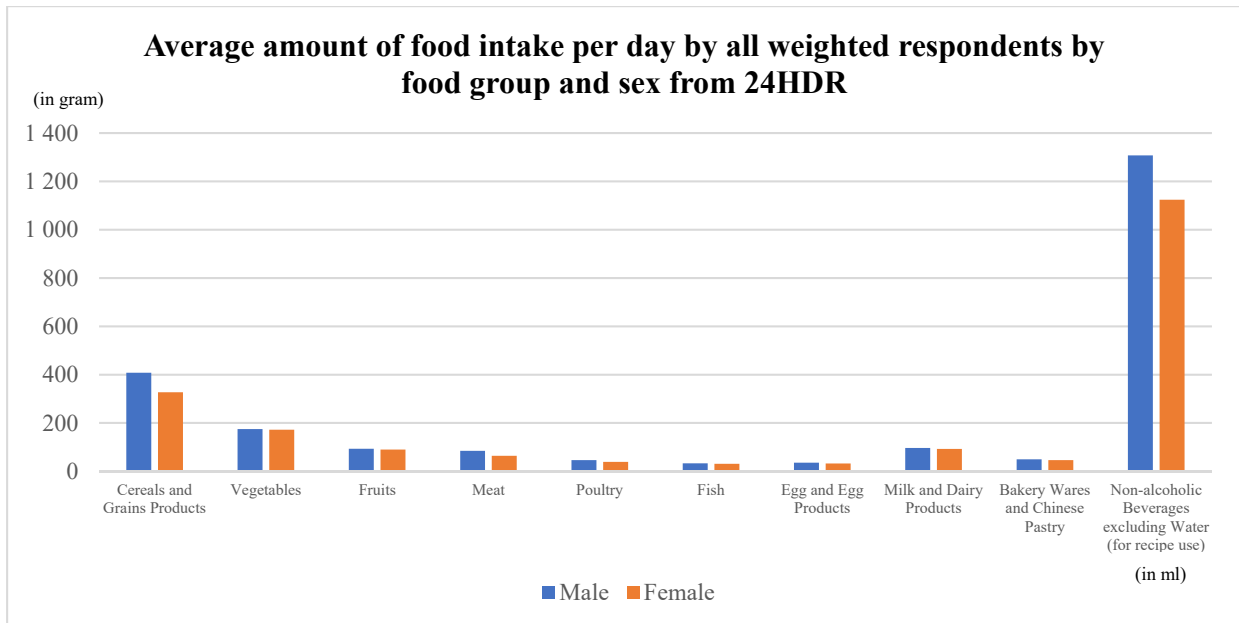


Chart 1b Average amount of food intake per day by all weighted respondents by food group and age group from 24HDR

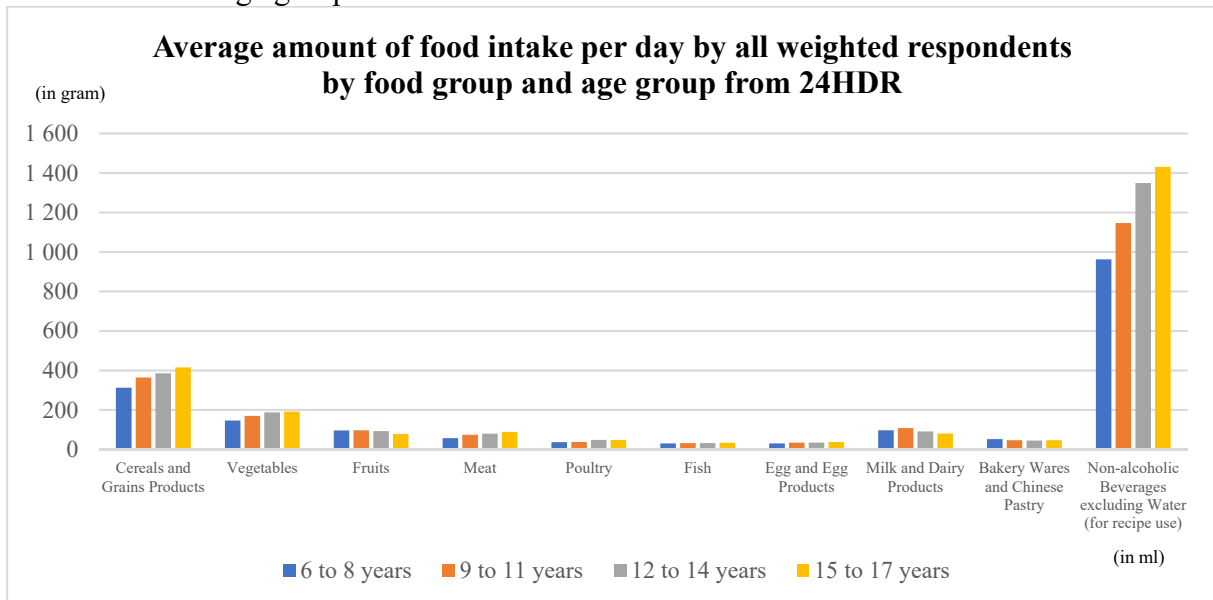


Chart 1c Average amount of food intake per day by weighted consumers by food group and sex from 24HDR

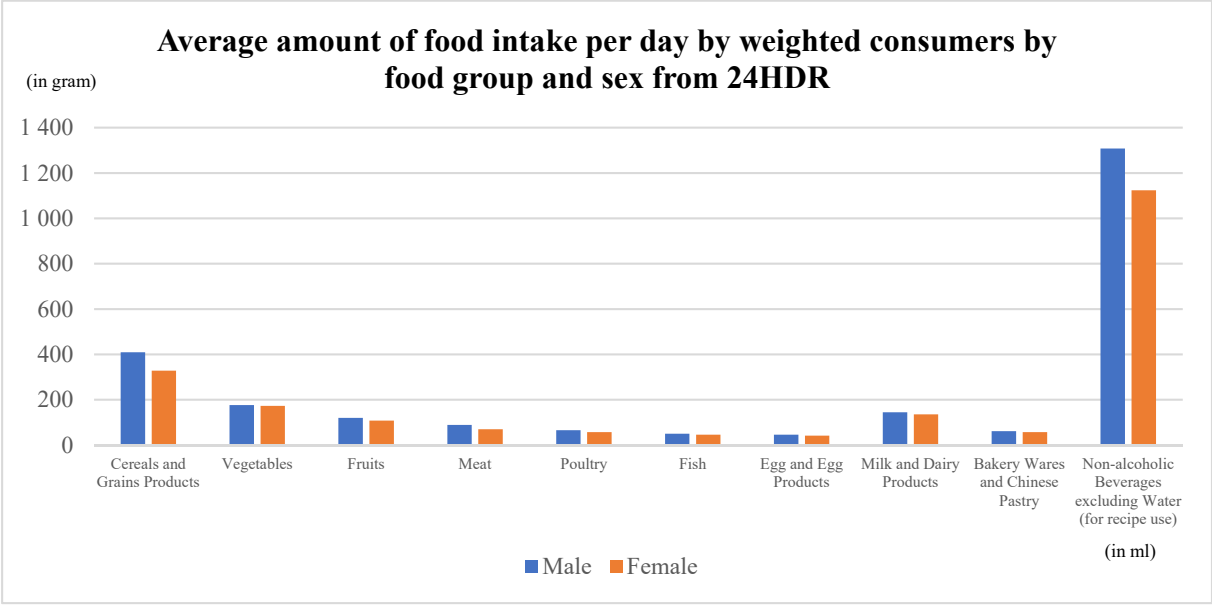
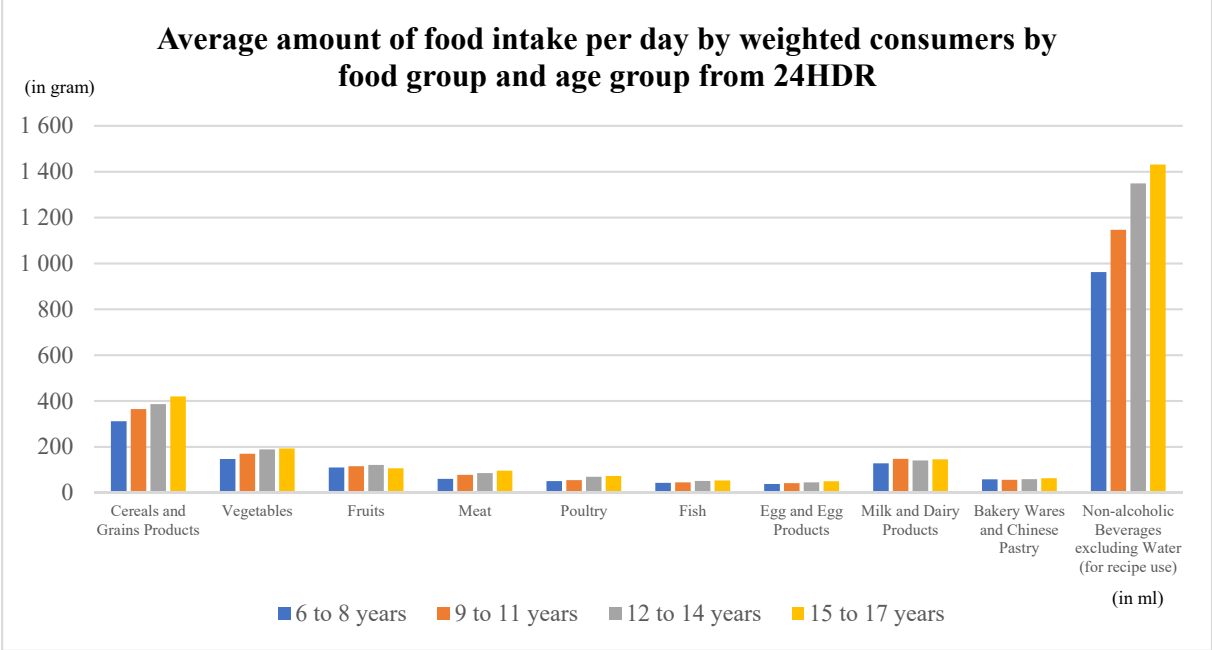


Chart 1d Average amount of food intake per day by weighted consumers by food group and age group from 24HDR



3.3.1 Charts 1a, 1c and Table A.3, as well as Charts 1b, 1d and Table A.5 present the comparison of food consumption by food group in different sex and age groups respectively. Some of the key differences observed are highlighted in the following paragraphs.

3.3.2 For Cereals and grains products, male respondents consumed around 408 g/day, which was 25% more than their female counterparts, at around 327 g/day. The

amount they consumed gradually increases with age. The daily consumption by all respondents increased from around 312 g for those aged 6 to 8 to around 416 g for those aged 15 to 17.

- 3.3.3 The average daily consumption of vegetables was similar between male and female respondents (slightly over 170 g). There was an increasing trend in the amount they consumed with age. The daily consumption by all respondents increased from around 147 g for those aged 6 to 8 to around 192 g for those aged 15 to 17.
- 3.3.4 Male consumers consumed around 120 g of fruit per day while female consumers consumed around 108 g of fruit per day. A corresponding of 78% and 83% of the male and female respondents were consumers. Unlike consumption of vegetables, more fruits were consumed by those aged below 15 (between 110 g and 121 g/day) than those aged 15 to 17 (107 g/day).
- 3.3.5 Around 95% of the male respondents consumed meat, as compared with 92% of the females. On average male consumers (around 89 g/day) also consumed more meat than female (around 70 g/day). Hence, the average daily consumption by all male respondents (around 85 g) was greater than that for the female respondents (around 64 g) by around 31%. When analysed by age group, the respondents aged 15 to 17 consumed the most (around 89 g/day). The daily consumption levels for other age groups were around 57 g to 80 g.
- 3.3.6 For poultry, around 70% of the male respondents consumed, as compared with 68% of the females. Poultry was consumed more by the male consumers (around 66 g/day) than the female consumers (around 57 g/day). When analysed by age, consumers aged 15 to 17 consumed the most (over 73 g/day). The daily consumption levels for other age groups were around 51 g to 70 g.
- 3.3.7 Regardless of gender, around two-third of respondents consumed fish. Same as meat and poultry, fish was consumed slightly more by the male consumers (around 50 g/day) than the female consumers (around 46 g/day). The amount consumed increases with age, from around 43 g/day for those aged 6 to 8 to around 54 g/day for those aged 15 to 17.
- 3.3.8 Male respondents (around 36 g/day) consumed more egg and egg products than female respondents (around 32 g/day). When analysed by age group, those aged 15 to 17 consumed the most (around 37 g/day).
- 3.3.9 Regardless of gender, around two-third of respondents consumed milk and dairy products. Milk and dairy products was consumed slightly more by the male consumers (around 145 g/day) than the female consumers (around 136 g/day). Consider age difference, those respondents aged 15 to 17 consumed the least (around 81 g/day). Respondents in other age groups generally consumed over 91 g/day.
- 3.3.10 Four-fifth of respondents consumed bakery wares and Chinese pastry. The average daily consumption amount of the male consumers (around 61 g) was higher than that of the female consumers (around 57 g). For age variation, the youngest respondents (aged 6 to 8) consumed the most (around 52 g/day).

3.3.11 For non-alcoholic beverages², male respondents consumed (around 1 308 ml/day) more than female respondents (around 1 124 ml/day), with water³ accounted for the major portion. Male respondents (around 1 020 ml/day) consumed more water than female respondents (around 887 ml/day). The amount consumed gradually increases with age.

3.4 Cooking method

3.4.1 Healthy eating is not just choosing the right foods, but also using healthy cooking methods. Some cooking methods affect the nutritional value or the level of undesirable substances (such as processing contaminants like acrylamide, certain polycyclic aromatic hydrocarbons) in food.

3.4.2 In the Survey, data were collected on the cooking methods of food items consumed by the respondents (Table 3.5).

Table 3.5 List of cooking methods pre-defined in the HKDiet System

No.	Cooking method
1	Ready-to-eat / consumed as raw
2	Cooked in water
3	Steamed / double-boiled
4	Stewed / braised
5	Stir-fried
6	Pan-fried
7	Deep-fried
8	Baked / roasted
9	Toasted
10	Barbecued / grilled
11	Microwave-cooked
12	Air-fried
13	Others

3.4.3 It may be noted that out of the total daily consumption amount of the relevant food groups, vegetables were mostly cooked in water (39.5%), followed by stir-frying (33.7%); meat was mostly cooked in water (24.8%), followed by stir-frying (18.9%) and pan-frying (18.4%); poultry was mostly stewed/braised and pan-frying (both 20.0%); fish was mostly steamed/double boiled (32.7%), followed by cooked in water (24.6%); egg and egg products were mostly stir-fried (34.7%), followed by pan-frying (26.9%) and cooked in water (22.9%).

² Included all consumption under group 3F16- non-alcoholic beverages, with an exception of Water (for recipe use).

³ Included all consumption under subgroup 3F1611- Water, with an exception of Water (for recipe use).

3.5 Food Frequency Questionnaire

Coverage of food items

- 3.5.1 Apart from the food items consumed in 24HDR, the respondents' consumption of the following categories of selected food items over the past 12 months prior to the interview was collected via the FFQ:
- 10 selected food items of special interest in view of particular health hazards or previous risk assessment results
 - 5 seasonal or festive related food items
- 3.5.2 The purpose of the FFQ assessment is to provide weighted estimates of reported consumption quantities of 15 selected food items, some of which are of special interest for food safety/risk assessment whilst some are seasonal or festive foods which may be less likely to be captured from the 24HDR interviews.
- 3.5.3 It should be noted that some respondents were unable to recall whether the selected food items had been consumed and/or to estimate the frequency and the amount consumed over the past 12 months prior to the interview. These responses were treated as missing values. As for those consumers who were able to report the amounts consumed, the accuracy of the information provided would likely be cruder than those amounts reported in the 24HDR interviews. Hence, readers should be very careful in using the statistics compiled from the FFQ.

Food consumption data from FFQ

- 3.5.4 The number of consumers varied among different FFQ food items, ranging from less than 2% of respondents reporting consumption of cooked swordfish to more than 76% reporting consumption of baked mooncake over the past 12 months prior to the interview (Table 3.6). Table A.7 in Annex presents the distribution of daily food intake of the 15 selected food items by all respondents and consumers, over the past 12 months prior to the interview.

Table 3.6 Percentage of respondents reported intake with consumption amount of food frequency questionnaire food items

FFQ Food Item	% of Respondent#
Cooked swordfish	1.9%
Swordfish sashimi	2.4%
Swordfish sushi	4.3%
Cooked tuna	34.7%
Tuna sashimi	11.6%
Tuna sushi	18.1%
Cooked cod fish	56.3%
Freshwater hairy crab	24.0%
Fish floss	38.1%
Energy drink	26.9%
Lychees	50.6%
Chinese New Year pudding	49.9%
Crispy triangle	12.8%
Baked mooncake	76.2%
Snowy mooncake	52.3%

Excluding respondents who reported intake without the amount of consumption.

IV. Discussion and Conclusion

4.1 Overall achievement and outcomes of the Survey

- 4.1.1 This is the first Food Consumption Survey which was conducted using 24HDR interviews and FFQ in the collection of food consumption data of the younger population. The HKDiet System, which was used in the second population-based Food Consumption Survey, was used by the interviewers to collect data in the field. The HKDiet System incorporated necessary research tools such as the 24HDR, FFQ and the relevant interview questions, as well as built-in quality assurance checking at different points aiming to minimise errors during data collection.
- 4.1.2 The Survey's weighted food consumption data, which was gathered from the respondents between the ages of 6 and 17, provides specific data on this population subgroup, enabling a more precise risk assessment to be conducted for this population subgroup as required.

4.2 Key findings

Food Consumption Information

- 4.2.1 Based on the information collected from the 24HDR interviews, the Survey has obtained a set of food consumption data comprising the average daily intake amounts of 31 food groups and 157 food subgroups consumed by the respondents. The younger population aged 6 to 17, on average, consumed a total of 1 047 g of solid food and 1 431 ml of liquid food (including water) per day. Based on their average daily food intake amount consumed, the findings on some major food groups are presented as follow.
- 4.2.2 **Cereals and grains products** (Figure 1a) were consumed in the amount of 369 g/day, of which 60.8% (224 g) came from the rice subgroup. Pasta/noodle from all origins (including rice, wheat, etc.) made up another 37.3% (138 g) of the cereals and grains products group. **Bakery wares and Chinese pastry** (Figure 1b) is a food group closely related to cereals and grains products because the foods in the former food group contain a significant proportion of cereals and grains ingredients. Bakery wares and Chinese pastry were consumed in the amount of 48 g/day, around 55% (26 g) of which was from bread/roll.

Figure 1a Major contribution of cereals and grains products food group

Cereals and Grains Products (369g)

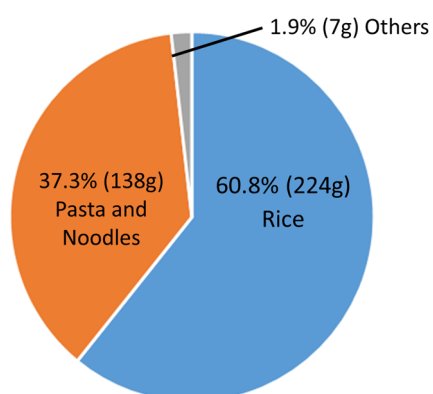
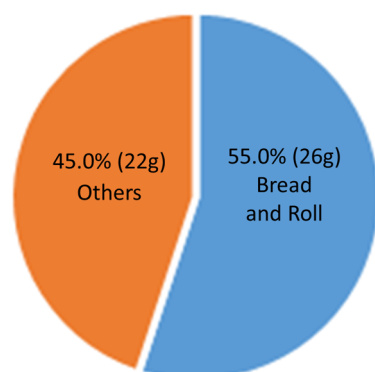


Figure 1b Major contribution of bakery wares and Chinese Pastry food group

Bakery wares & Chinese Pastry (48g)



4.2.3 **Vegetables and fruits** (Figure 1c and 1d) were consumed in the amount of 174 g/day and 91 g/day respectively. Leafy vegetables and brassica vegetables contributed 43.2% (75 g) of the daily vegetables consumption. Another 20.7% (36 g) was from fruiting vegetables and squashes/gourds, 15.5% (27 g) was from root vegetables/tubers. Pome fruits contributed to 29.8% (27 g) of the daily fruit consumption. Another 23.0% (21 g) was from citrus fruits.

Figure 1c Major contribution of vegetable food group

Vegetables (174g)

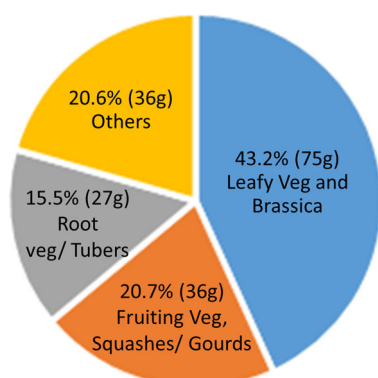
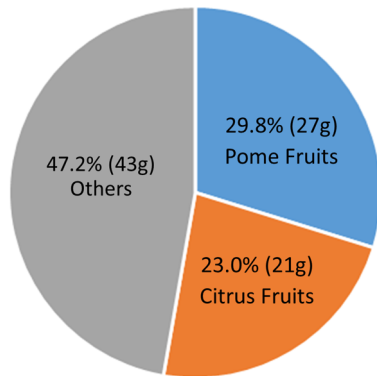


Figure 1d Major contribution of fruit food group

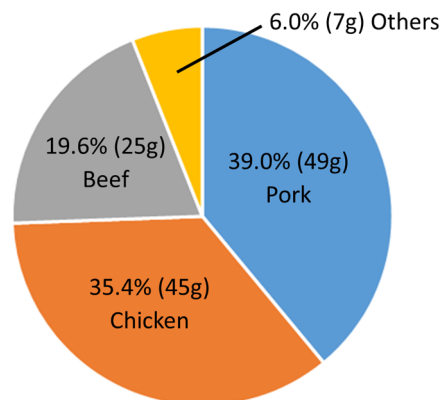
Fruits (91g)



- 4.2.4 **Meat and poultry** (Figure 1e), including relevant items in siu-mei and lo-mei, were consumed in the amount of 79 g/day and 47 g/day respectively. Of the total 126 g, 39.0% (49 g) of the amount consumed was from pork other than offal, 35.4% (45 g) was from chicken other than offal and 19.6% (25 g) was from beef other than offal. **Fish** was consumed in the amount of 32 g/day.

Figure 1e Major contribution of meat and poultry (including Siu-mei and Lo-mei) food group

Meat & Poultry (incl Siu-mei and Lo-mei) (126g)



- 4.2.5 The consumption of **egg and egg products** was 34 g/day, more than 97% of which was from chicken eggs. **Milk and dairy products** were consumed in the amount of 95 g/day, of which 81.4% (77 g) was from milk, milk beverage and dried milk.
- 4.2.6 Regarding local favourites, **dim sum** (a large range of small Chinese dishes that contain various ingredients or fillings) was consumed in the amount of 42 g/day.
- 4.2.7 Through the use of FFQ, the Survey has also obtained food consumption data of some selected seasonal foods (e.g. lychees) and festive foods (e.g. Chinese New Year pudding and baked mooncake) which might be less likely to be captured from the 24HDR interviews, as well as some other foods which were of special interest for food safety or risk assessment (e.g. swordfish sashimi and tuna sushi).

4.3 Strengths of the Survey

- 4.3.1 A two-stage stratified sampling design was adopted in the Survey. Considering the subjects recruited from schools with different geographical area and the finance type of schools may have different food consumption pattern, primary schools and secondary schools were stratified by different geographic locations and funding categories in the first stage. According to the number of subjects studying in the schools in different strata, the number of schools and subjects to be sampled for each stratum were assigned in proportion. In the second stage, subjects were randomly sampled from the sampled schools in the first stage to be invited to participate in the Survey. This scientific sampling method eliminated the potential sampling bias of different food consumption information caused by the effect of schools with different geographic locations and funding categories for the recruited subjects. The probability of any subject in different strata being sampled is similar, which should better reflect the overall food consumption information of the local younger population. Subsequent weighting was then applied to produce reliable estimates of the Survey results.
- 4.3.2 A pilot study was conducted to refine the research tools and the workflow of recruitment and interviews. The interviewers were registered dietitians and were systematically trained before the Survey to ensure that they were competent to collect the required information with efficient probing. We consider that such procedure can improve the accuracy of the data collected in the Survey.
- 4.3.3 The HKDiet System was used to collect the food consumption data. During the interview, data reported by the respondents were input into the System simultaneously, which could save time and effort for data input and processing after the interviews were completed. As the System covered a set of over 1 000 recipes, the respondents did not have to provide information on the ingredients if these recipes were consumed and details of the food ingredients were unknown to the respondents, especially in cases where the food was consumed in a restaurant or prepared by someone else. Some built-in checking/ caution rules were also included in the System to remind the interviewers of the need to immediately check for possible data reporting errors.

4.4 Limitations of the Survey

- 4.4.1 The Survey adopted the same survey tools as the Second Population-based Food Consumption Survey (2nd FCS), which included 24-Hour Dietary Recall (24HDR) over two non-consecutive days and Food Frequency Questionnaire (FFQ). Due to the COVID-19 pandemic, interviews were conducted through video conferencing for collecting dietary information instead of face-to-face interview in view of the Government's social distancing measures at that time. Fortunately, communication through video conferencing has become a popular way of teaching during the COVID-19 pandemic period and the interview process was smooth in most of the cases.

- 4.4.2 Even though the interviews were conducted through video conferencing, same measures adopted in previous population-based food consumption surveys were applied. To facilitate accuracy of the reported food consumption data, Food Photos Booklet was provided to the respondents prior to the interview showing various food items in specific quantities and their respective weights. Furthermore, household utensils (e.g. bowls, plates, cups and spoons) were shown to the respondents over the camera at the beginning of the interview. During the interviews, respondents could also show the utensils they actually used, plus the food packaging to interviewers to facilitate the communication.
- 4.4.3 Besides, in order to facilitate the dietary recall by the respondents, respondents were also encouraged to provide photos of the food they ate during the 24-HDR period. This is a new measure introduced in this food consumption survey to facilitate dietary recall from respondents and some 60% of interviews were conducted with the provision of food photos. Interviewers found that food photos greatly facilitated their work (e.g. identifying the ingredients in a dish and finding the food codes of food items prior to the interviews), which in turn smoothed out the interviewing process.
- 4.4.4 To facilitate the younger respondents to provide food consumption information, parents or caretakers of respondents recruited from primary schools who were familiar with the dietary habits of the respondents also took part in the interviews and assisted in providing information on food consumption. 100% and 99% of the Day-1 and Day-2 24-HDR interviews of those respondents were assisted by parents or caretakers respectively.
- 4.4.5 For representative dietary data, the 24HDR interviews should be evenly distributed throughout the year, capturing the seasonal variations in food intake of the population. In addition, FFQ is used to complement 24HDR in capturing the consumption of the seasonal and/or festive foods. Due to the impact of COVID-19 pandemic, there were variations of number of 24HDR interviews among different periods of the main fieldwork. Data users should be cautioned on the limitation of using 24HDR data alone, and therefore should make reference to FFQ data, whenever applicable.

Annex (Tables)

Table A.1 Distribution of food intake per day by (weighted) respondents and consumers by food group from 24HDR

Food Group		Unit	Number	Mean	Median	5 th percentile	95 th percentile	97.5 th percentile
Cereals and Grains Products 3F01	All respondents	g	685 900	368.93	355.96	146.90	639.47	704.01
	Consumers		683 800	370.05	356.00	147.33	639.58	704.01
Vegetables 3F03	All respondents	g	685 900	173.65	154.88	36.61	375.87	423.10
	Consumers		682 100	174.62	155.95	40.28	375.87	423.10
Fruits 3F04	All respondents	g	685 900	91.49	80.00	0.00	247.50	295.75
	Consumers		551 000	113.88	100.00	15.54	262.75	307.80
Nuts and Seeds 3F05	All respondents	g	685 900	2.24	0.00	0.00	13.46	22.25
	Consumers		152 700	10.06	5.33	0.45	36.00	50.00
Meat 3F06	All respondents	g	685 900	74.82	63.83	0.00	186.65	217.76
	Consumers		642 300	79.90	67.55	14.00	188.61	220.29
Poultry 3F07	All respondents	g	685 900	42.49	30.00	0.00	138.13	165.00
	Consumers		472 500	61.68	50.00	12.58	154.14	182.00
Game 3F08	All respondents	g	685 900	*	*	*	*	*
	Consumers		*	*	*	*	*	*
Egg and Egg Products 3F09#	All respondents	g	685 900	34.23	26.50	0.00	96.09	108.30
	Consumers		535 900	43.81	38.30	7.51	102.34	114.54
Milk and Dairy Products 3F10#	All respondents	g	685 900	94.73	59.55	0.00	300.00	362.38
	Consumers		462 500	140.47	118.00	7.50	337.50	405.00
Frozen Confection 3F11	All respondents	g	685 900	8.80	0.00	0.00	50.00	73.34
	Consumers		139 600	43.20	32.50	15.50	93.00	120.00
Fish 3F12	All respondents	g	685 900	32.10	21.25	0.00	106.00	126.50
	Consumers		457 600	48.11	38.00	8.12	115.25	135.84
Crustaceans 3F13	All respondents	g	685 900	7.49	0.00	0.00	42.75	66.83
	Consumers		191 300	26.83	19.47	2.20	80.61	97.31
Molluscs 3F14	All respondents	g	685 900	5.73	0.00	0.00	37.00	54.50
	Consumers		159 400	24.66	18.50	2.50	69.00	83.60
Fats and Oils 3F15	All respondents	g	685 900	13.93	12.33	2.98	29.71	36.18
	Consumers		681 500	14.02	12.45	3.30	29.85	36.30
Non-alcoholic Beverages 3F16# ^	All respondents	g	685 900	1 239.01	1 139.35	479.19	2 249.92	2 617.34
	Consumers		685 900	1 239.01	1 139.35	479.19	2 249.92	2 617.34

Food group composed of solid and liquid items. When calculating the amount of food group consumption, the weight of liquid food was assumed to be 1g per 1ml.

^ Food item - Water (for recipe use) is grouped under 3F16, however it is classied as solid food instead of fluid.

Notes:

(a) Number of individuals are rounded to the nearest hundred.

(b) Values of 0.00 denote an amount less than 0.005.

(c) * Data not available due to too small number of respondents.

Table A.1 (cont'd) Distribution of food intake per day by (weighted) respondents and consumers by food group from 24HDR

Food Group		Unit	Number	Mean	Median	5th percentile	95th percentile	97.5th percentile
Alcoholic Beverages 3F17	All respondents	ml	685 900	0.22	0.00	0.00	1.50	2.50
	Consumers		233 200	0.65	0.02	0.00	2.79	4.62
Sugars and Confectionery 3F18	All respondents	g	685 900	8.63	2.70	0.00	36.07	55.91
	Consumers		626 400	9.45	3.20	0.19	39.25	57.66
Herbs and Spices 3F19	All respondents	g	685 900	0.80	0.20	0.00	3.30	4.81
	Consumers		536 300	1.03	0.36	0.03	3.83	5.29
Salts, Soya Sauce, Condiments and Sauces 3F20	All respondents	g	685 900	17.70	12.88	2.60	51.81	60.25
	Consumers		685 300	17.71	12.89	2.62	51.81	60.25
Savoury Snacks 3F26	All respondents	g	685 900	3.17	0.00	0.00	20.50	27.50
	Consumers		164 000	13.26	10.00	1.00	42.50	50.00
Traditional Chinese Herbs 3F27	All respondents	g	685 900	0.54	0.00	0.00	0.00	0.45
	Consumers		21 900	16.83	1.02	0.26	100.00	120.40
Foods and formula products for special dietary use and food supplements 3F28	All respondents	g	685 900	1.67	0.00	0.00	0.00	20.00
	Consumers		30 600	37.46	25.00	6.60	97.00	225.00
Miscellaneous 3F30	All respondents	g	685 900	0.05	0.00	0.00	0.00	0.11
	Consumers		19 200	1.72	0.27	0.06	2.50	29.46
Dim Sum 3F41	All respondents	g	685 900	42.18	0.00	0.00	185.00	254.50
	Consumers		281 300	102.84	78.50	18.50	261.50	370.00
Sashimi and Sushi 3F42	All respondents	g	685 900	11.11	0.00	0.00	94.50	153.10
	Consumers		66 000	115.37	98.25	23.00	274.50	290.00
Siu-mei and Lo-mei 3F43	All respondents	g	685 900	9.29	0.00	0.00	52.00	71.14
	Consumers		174 200	36.56	29.25	7.50	95.00	110.00
Pizza 3F55	All respondents	g	685 900	4.11	0.00	0.00	30.00	60.50
	Consumers		42 800	65.89	55.75	20.00	171.00	198.50
Soups 3F56	All respondents	ml	685 900	123.19	97.11	0.00	355.21	427.50
	Consumers		558 500	151.29	117.40	15.23	382.50	452.00
Burgers 3F58	All respondents	g	685 900	8.38	0.00	0.00	75.50	100.00
	Consumers		70 800	81.10	69.38	36.75	157.38	189.50
Desserts 3F59	All respondents	g	685 900	9.03	0.00	0.00	75.00	112.50
	Consumers		81 800	75.71	67.50	8.50	175.00	225.00
Bakery Wares and Chinese Pastry 3F60	All respondents	g	685 900	47.71	41.00	0.00	131.00	155.00
	Consumers		553 700	59.10	52.18	9.65	139.00	163.50

Notes:

(a) Number of individuals are rounded to the nearest hundred.

(b) Values of 0.00 denote an amount less than 0.005.

Table A.2 Distribution of food intake per day by (weighted) respondents and consumers by food subgroup from 24HDR

Food Subgroup		Unit	Number	Mean	Median	5 th percentile	95 th percentile	97.5 th percentile
Rice	All respondents	g	685 900	224.45	200.00	30.00	480.00	560.00
3F0101	Consumers		657 300	234.23	206.67	60.00	480.00	564.00
Wheat	All respondents	g	685 900	*	*	*	*	*
3F0102	Consumers		*	*	*	*	*	*
Pasta / Noodles, wheat-based	All respondents	g	685 900	98.37	79.81	0.00	288.00	345.97
3F0103	Consumers		463 700	145.51	125.00	42.50	322.22	379.65
Pasta / Noodles, rice-based	All respondents	g	685 900	33.65	0.00	0.00	161.49	191.39
3F0104	Consumers		206 600	111.73	100.80	42.23	221.96	254.92
Pasta / Noodles other than wheat and rice-based	All respondents	g	685 900	5.75	0.00	0.00	40.00	85.00
3F0105	Consumers		67 300	58.68	42.00	7.41	170.00	212.50
Flour	All respondents	g	685 900	1.55	0.00	0.00	12.75	20.00
3F0106	Consumers		104 300	10.17	7.44	0.78	26.60	34.00
Starch / Substitute flour	All respondents	g	685 900	1.87	0.72	0.00	7.92	11.23
3F0107	Consumers		527 500	2.43	1.13	0.20	9.40	12.41
Breakfast cereals	All respondents	g	685 900	2.34	0.00	0.00	15.00	22.50
3F0108	Consumers		85 000	18.86	15.00	5.00	50.00	85.05
Cereal products, not specified	All respondents	g	685 900	0.07	0.00	0.00	0.00	0.00
3F0198	Consumers		2 900	17.22	20.00	4.11	42.00	42.00
Cereals, not specified	All respondents	g	685 900	0.76	0.00	0.00	1.35	10.12
3F0199	Consumers		35 600	14.61	10.12	1.93	46.00	46.69
Root vegetables / Tubers	All respondents	g	685 900	26.92	9.70	0.00	104.57	128.58
3F0301	Consumers		397 300	46.47	34.90	4.85	120.36	152.00
Leafy vegetables (including Brassica leafy vegetables)	All respondents	g	685 900	61.79	47.70	0.00	177.00	210.63
3F0302	Consumers		561 000	75.54	61.06	13.00	185.78	217.50
Stalk and stem vegetables	All respondents	g	685 900	2.12	0.00	0.00	16.38	30.94
3F0303	Consumers		66 600	21.88	16.38	1.18	72.52	85.71
Brassica (cole or cabbage) vegetables, head cabbage, flowerhead Brassicas	All respondents	g	685 900	13.26	0.00	0.00	64.50	82.57
3F0304	Consumers		241 400	37.66	26.75	7.50	107.50	130.00

Notes:

- (a) Number of individuals are rounded to the nearest hundred.
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- (c) * Data not available due to too small number of respondents.

Table A.2 (cont'd) Distribution of food intake per day by (weighted) respondents and consumers by food subgroup from 24HDR

Food Subgroup		Unit	Number	Mean	Median	5 th percentile	95 th percentile	97.5 th percentile
Squashes / Gourds 3F0305	All respondents	g	685 900	11.53	0.00	0.00	63.00	84.54
	Consumers		191 200	41.37	30.83	7.54	109.38	132.08
Fruiting vegetables, other than squashes / gourds 3F0306	All respondents	g	685 900	24.50	10.16	0.00	96.48	120.42
	Consumers		423 900	39.64	29.72	1.29	112.02	133.75
Bulb vegetables 3F0307	All respondents	g	685 900	7.36	3.19	0.00	29.17	37.40
	Consumers		497 300	10.15	5.66	0.70	33.17	43.80
Legume vegetables 3F0308	All respondents	g	685 900	3.91	0.00	0.00	28.17	40.48
	Consumers		127 400	21.06	15.00	2.55	63.01	72.56
Pulses 3F0309	All respondents	g	685 900	0.36	0.00	0.00	0.00	0.00
	Consumers		15 500	16.11	6.22	1.83	64.75	69.38
Legume vegetable and pulse products 3F0310	All respondents	g	685 900	9.81	0.00	0.00	63.84	89.00
	Consumers		207 600	32.40	21.88	0.75	94.80	133.00
Mushroom and fungus 3F0311	All respondents	g	685 900	6.70	0.00	0.00	37.00	49.31
	Consumers		236 000	19.48	13.64	2.11	55.04	69.23
Seaweeds 3F0312	All respondents	g	685 900	0.94	0.00	0.00	6.24	12.75
	Consumers		81 300	7.97	5.10	0.55	25.50	30.00
Preserved vegetables / Dried vegetables 3F0313	All respondents	g	685 900	1.70	0.00	0.00	11.25	17.07
	Consumers		124 300	9.37	5.00	0.42	30.00	51.67
Vegetables and vegetable products, not specified 3F0399	All respondents	g	685 900	2.75	0.00	0.00	20.00	37.50
	Consumers		51 500	36.59	30.00	6.60	87.67	99.75
Pome fruits 3F0401	All respondents	g	685 900	27.26	0.00	0.00	126.00	169.50
	Consumers		227 400	82.24	80.50	21.46	182.00	216.00
Stone fruits 3F0402	All respondents	g	685 900	3.73	0.00	0.00	28.00	58.00
	Consumers		52 100	49.09	37.50	7.50	112.50	175.00
Citrus fruits 3F0403	All respondents	g	685 900	21.00	0.00	0.00	110.00	160.00
	Consumers		206 200	69.84	53.00	20.00	160.00	200.00
Berries and other small fruits 3F0404	All respondents	g	685 900	5.87	0.00	0.00	38.80	56.00
	Consumers		143 700	28.01	22.95	5.00	75.00	86.75

Notes:

- (a) Number of individuals are rounded to the nearest hundred.
- (b) Values of 0.00 denote an amount less than 0.005.

Table A.2 (cont'd) Distribution of food intake per day by (weighted) respondents and consumers by food subgroup from 24HDR

Food Subgroup		Unit	Number	Mean	Median	5 th percentile	95 th percentile	97.5 th percentile
Assorted tropical and sub-tropical fruits - edible peel 3F0405	All respondents	g	685 900	0.83	0.00	0.00	0.00	4.00
	Consumers		19 600	28.86	20.63	0.61	82.50	109.00
Assorted tropical and sub-tropical fruits - inedible peel 3F0406	All respondents	g	685 900	19.39	0.00	0.00	100.00	121.00
	Consumers		235 900	56.37	50.00	5.38	124.50	156.00
Preserved fruits and dried fruits 3F0407	All respondents	g	685 900	0.28	0.00	0.00	0.00	2.55
	Consumers		29 100	6.60	3.75	0.33	34.00	34.05
Fruits, not specified 3F0499	All respondents	g	685 900	13.13	0.00	0.00	107.50	161.25
	Consumers		83 400	108.02	95.00	6.90	243.75	352.43
Tree nuts 3F0501	All respondents	g	685 900	0.70	0.00	0.00	2.20	8.10
	Consumers		37 400	12.84	8.10	1.75	50.00	50.00
Oilseed 3F0502	All respondents	g	685 900	0.50	0.00	0.00	2.20	5.85
	Consumers		72 500	4.71	1.93	0.18	18.38	26.00
Nuts / Seeds products 3F0503	All respondents	g	685 900	1.02	0.00	0.00	6.92	10.77
	Consumers		58 000	12.03	8.00	1.60	40.00	60.00
Nuts / Seeds, not specified 3F0599	All respondents	g	685 900	0.02	0.00	0.00	0.00	0.00
	Consumers		4 500	3.70	2.15	0.17	17.00	17.00
Cattle / Calf other than offal 3F0601	All respondents	g	685 900	24.63	0.00	0.00	96.50	127.55
	Consumers		342 900	49.27	37.50	9.65	127.55	156.30
Cattle / Calf offal 3F0602	All respondents	g	685 900	0.92	0.00	0.00	0.00	5.00
	Consumers		17 900	35.22	25.60	5.00	103.87	103.87
Pig other than offal 3F0603	All respondents	g	685 900	45.01	35.91	0.00	127.52	150.00
	Consumers		579 100	53.30	43.29	7.49	130.82	153.02
Pig offal 3F0604	All respondents	g	685 900	1.07	0.00	0.00	0.00	15.00
	Consumers		26 200	27.91	18.00	5.00	72.00	72.50
Sheep other than offal 3F0605	All respondents	g	685 900	0.85	0.00	0.00	0.00	0.00
	Consumers		14 900	39.11	28.40	15.00	81.00	96.50
Meat, not specified 3F0699	All respondents	g	685 900	2.35	0.00	0.00	20.00	30.00
	Consumers		74 800	21.53	17.50	5.00	60.00	68.75

Notes:

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Table A.2 (cont'd) Distribution of food intake per day by (weighted) respondents and consumers by food subgroup from 24HDR

Food Subgroup		Unit	Number	Mean	Median	5 th percentile	95 th percentile	97.5 th percentile
Chicken other than offal 3F0701	All respondents	g	685 900	41.48	28.50	0.00	135.06	165.00
	Consumers		464 600	61.24	50.00	12.58	154.00	182.00
Chicken offal 3F0702	All respondents	g	685 900	0.11	0.00	0.00	0.00	0.00
	Consumers		3 300	22.02	21.18	9.45	45.00	45.00
Duck other than offal 3F0703	All respondents	g	685 900	0.57	0.00	0.00	0.00	0.00
	Consumers		12 500	31.26	33.75	7.50	50.00	53.13
Duck offal 3F0704	All respondents	g	685 900	0.07	0.00	0.00	0.00	0.00
	Consumers		2 800	16.98	9.00	7.50	40.50	40.50
Goose other than offal 3F0705	All respondents	g	685 900	0.17	0.00	0.00	0.00	0.00
	Consumers		2 400	47.99	56.00	29.50	63.75	63.75
Goose offal 3F0706	All respondents	g	685 900	*	*	*	*	*
	Consumers		*	*	*	*	*	*
Turkey other than offal 3F0707	All respondents	g	685 900	*	*	*	*	*
	Consumers		*	*	*	*	*	*
Game other than offal 3F0801	All respondents	g	685 900	*	*	*	*	*
	Consumers		*	*	*	*	*	*
Chicken egg 3F0901	All respondents	g	685 900	33.27	26.50	0.00	94.78	108.13
	Consumers		523 400	43.60	38.00	7.67	102.34	114.54
Duck egg 3F0902	All respondents	g	685 900	0.58	0.00	0.00	1.43	7.31
	Consumers		36 700	10.93	6.63	1.30	39.75	44.25
Egg products and egg substitute products 3F0903#	All respondents	g	685 900	0.16	0.00	0.00	0.00	0.00
	Consumers		3 000	35.59	30.00	15.00	66.50	66.50
Egg, not specified 3F0999	All respondents	g	685 900	0.22	0.00	0.00	0.00	0.00
	Consumers		7 100	20.87	20.00	5.00	40.00	40.00
Milk 3F1001	All respondents	ml	685 900	51.34	0.00	0.00	236.00	277.50
	Consumers		245 300	143.54	115.00	18.13	325.00	382.50
Milk beverage 3F1002	All respondents	ml	685 900	25.45	0.00	0.00	146.88	225.00
	Consumers		131 200	133.02	118.00	55.00	250.00	337.50

Food group composed of solid and liquid items. When calculating the amount of food group consumption, the weight of liquid food was assumed to be 1g per 1ml.

Notes:

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- (c) * Data not available due to too small number of respondents.

Table A.2 (cont'd) Distribution of food intake per day by (weighted) respondents and consumers by food subgroup from 24HDR

Food Subgroup		Unit	Number	Mean	Median	5 th percentile	95 th percentile	97.5 th percentile
Dried milk	All respondents	g	685 900	0.29	0.00	0.00	0.00	0.00
3F1003	Consumers		10 300	19.24	15.00	2.50	36.00	140.00
Cream	All respondents	g	685 900	0.29	0.00	0.00	0.00	3.00
3F1004	Consumers		25 800	7.69	5.01	0.96	22.19	29.09
Cheese	All respondents	g	685 900	2.11	0.00	0.00	12.00	20.00
3F1005	Consumers		128 100	11.31	10.00	2.53	25.00	30.00
Milk and dairy products, not specified	All respondents	g	685 900	15.24	0.00	0.00	100.00	150.00
3F1099#	Consumers		135 800	76.95	50.00	3.75	207.50	265.00
Frozen confection, dairy-based	All respondents	g	685 900	7.59	0.00	0.00	43.50	67.50
3F1101	Consumers		125 600	41.48	31.00	15.50	90.00	110.13
Frozen confection, water-based	All respondents	g	685 900	1.20	0.00	0.00	0.00	23.34
3F1102	Consumers		19 000	43.30	37.50	18.75	80.00	98.17
Freshwater fish	All respondents	g	685 900	2.64	0.00	0.00	24.00	42.50
3F1201	Consumers		54 400	33.28	30.00	10.08	67.61	81.65
Seawater fish other than coral fish	All respondents	g	685 900	6.34	0.00	0.00	43.20	60.00
3F1202	Consumers		128 200	33.95	28.00	7.50	85.00	97.50
Freshwater / Seawater fish	All respondents	g	685 900	6.33	0.00	0.00	42.00	54.00
3F1203	Consumers		128 900	33.68	26.00	7.50	85.00	104.00
Coral fish	All respondents	g	685 900	1.35	0.00	0.00	0.00	21.25
3F1204	Consumers		30 200	30.69	24.00	8.22	66.50	84.00
Canned fish	All respondents	g	685 900	0.36	0.00	0.00	0.00	0.00
3F1205	Consumers		13 800	17.90	14.96	3.00	43.75	45.54
Dried fish and smoked fish	All respondents	g	685 900	0.31	0.00	0.00	0.00	0.50
3F1206	Consumers		18 700	11.47	8.00	0.50	30.00	30.00
Fish products (fish meat)	All respondents	g	685 900	10.24	0.00	0.00	59.00	76.00
3F1207	Consumers		202 900	34.61	25.00	6.25	98.00	112.50
Fish products (other than fish meat)	All respondents	g	685 900	1.30	0.00	0.00	6.00	18.00
3F1208	Consumers		35 400	25.21	17.25	8.00	80.50	86.25

Food group composed of solid and liquid items. When calculating the amount of food group consumption, the weight of liquid food was assumed to be 1g per 1ml.

Notes:

- (a) Number of individuals are rounded to the nearest hundred.
- (b) Values of 0.00 denote an amount less than 0.005.

Table A.2 (cont'd) Distribution of food intake per day by (weighted) respondents and consumers by food subgroup from 24HDR

Food Subgroup		Unit	Number	Mean	Median	5 th percentile	95 th percentile	97.5 th percentile
Fish, not specified 3F1299	All respondents	g	685 900	3.22	0.00	0.00	30.00	42.50
	Consumers		55 400	39.88	34.05	10.21	89.43	104.00
Shrimp / Prawn 3F1301	All respondents	g	685 900	6.03	0.00	0.00	36.04	51.50
	Consumers		172 300	23.99	18.00	2.20	68.95	81.00
Crab 3F1302	All respondents	g	685 900	0.96	0.00	0.00	0.00	15.00
	Consumers		28 500	23.05	16.27	1.75	69.89	79.57
Lobster 3F1303	All respondents	g	685 900	0.50	0.00	0.00	0.00	0.00
	Consumers		10 600	32.19	22.00	11.00	89.88	163.00
Univalve 3F1401	All respondents	g	685 900	0.85	0.00	0.00	0.00	10.00
	Consumers		23 000	25.28	20.00	3.35	60.00	60.00
Bivalves 3F1402	All respondents	g	685 900	2.18	0.00	0.00	15.31	30.50
	Consumers		84 700	17.64	11.09	1.63	54.00	62.79
Cephalopods 3F1403	All respondents	g	685 900	2.42	0.00	0.00	20.00	31.50
	Consumers		69 200	24.00	20.00	2.50	74.00	84.00
Molluscs, not specified 3F1499	All respondents	g	685 900	0.29	0.00	0.00	0.00	0.00
	Consumers		12 900	15.16	11.52	4.00	40.00	40.00
Animal fats and oils 3F1501	All respondents	g	685 900	0.88	0.00	0.00	5.00	7.08
	Consumers		152 800	3.95	3.20	0.69	11.03	14.78
Vegetables fats and oils 3F1502	All respondents	g	685 900	12.14	10.77	2.34	26.23	30.34
	Consumers		679 500	12.26	10.86	2.70	26.44	30.34
Salad dressing 3F1503	All respondents	g	685 900	0.89	0.00	0.00	7.50	9.75
	Consumers		86 100	7.11	5.63	1.25	21.50	23.93
Fats and oils, not specified 3F1599	All respondents	g	685 900	0.01	0.00	0.00	0.00	0.00
	Consumers		4 000	1.55	1.00	0.06	4.39	4.39
Coffee / Coffee substitute 3F1601#	All respondents	g	685 900	2.45	0.00	0.00	0.00	0.00
	Consumers		14 500	115.76	112.50	15.00	270.00	382.50
Tea drink 3F1602	All respondents	ml	685 900	97.07	0.00	0.00	397.50	562.50
	Consumers		293 300	226.97	165.00	56.25	582.00	743.75

Food group composed of solid and liquid items. When calculating the amount of food group consumption, the weight of liquid food was assumed to be 1g per 1ml.

Notes:

- (a) Number of individuals are rounded to the nearest hundred.
- (b) Values of 0.00 denote an amount less than 0.005.

Table A.2 (cont'd) Distribution of food intake per day by (weighted) respondents and consumers by food subgroup from 24HDR

Food Subgroup		Unit	Number	Mean	Median	5 th percentile	95 th percentile	97.5 th percentile
Tea leaves / Tea powder	All respondents	g	685 900	0.02	0.00	0.00	0.00	0.00
3F1603	Consumers		3 500	3.33	2.00	0.25	10.50	10.50
Soy, cereal, grain, seed and chocolate drink	All respondents	g	685 900	43.67	0.00	0.00	237.50	274.50
3F1604#	Consumers		208 700	143.52	125.00	6.38	315.00	375.00
Carbonated drink	All respondents	ml	685 900	54.04	0.00	0.00	270.00	330.00
3F1605	Consumers		204 000	181.73	165.00	54.00	429.00	544.50
"Icy" Drinks	All respondents	ml	685 900	2.79	0.00	0.00	0.00	0.00
3F1606	Consumers		14 000	136.69	135.00	56.25	270.00	324.00
Fresh fruit and vegetable juice	All respondents	ml	685 900	6.90	0.00	0.00	65.00	112.50
3F1607	Consumers		52 300	90.52	83.35	0.37	237.50	255.00
Fruit and vegetable juice drink	All respondents	g	685 900	25.71	0.00	0.00	148.40	202.50
3F1608#	Consumers		126 900	138.93	125.00	56.25	250.00	352.00
Chinese herb tea	All respondents	ml	685 900	11.88	0.00	0.00	112.50	165.00
3F1609	Consumers		53 000	153.70	125.00	56.25	292.50	337.50
Sport / "Healthy" drink	All respondents	g	685 900	9.35	0.00	0.00	0.00	170.00
3F1610#	Consumers		32 000	200.66	175.00	56.25	460.00	602.28
Water	All respondents	ml	685 900	975.39	904.35	235.89	1 928.98	2 312.56
3F1611# ^	Consumers		682 400	980.30	905.89	250.00	1 928.98	2 312.56
Non-alcoholic beverages, not specified	All respondents	g	685 900	9.73	0.00	0.00	81.00	135.00
3F1699#	Consumers		45 300	147.17	125.00	37.50	300.00	330.00
Wines made from grapes	All respondents	ml	685 900	0.01	0.00	0.00	0.00	0.00
3F1702	Consumers		13 500	0.35	0.01	0.00	4.41	5.00
Wines made from ingredients other than grapes	All respondents	ml	685 900	0.22	0.00	0.00	1.39	2.50
3F1703	Consumers		225 700	0.65	0.02	0.00	2.79	4.28
Distilled spirits	All respondents	ml	685 900	0.00	0.00	0.00	0.00	0.00
3F1704	Consumers		3 300	0.01	0.01	0.00	0.03	0.03

Food group composed of solid and liquid items. When calculating the amount of food group consumption, the weight of liquid food was assumed to be 1g per 1ml.

^ Food item - Water (for recipe use) is grouped under 3F1611, however it is classed as solid food instead of fluid.

Notes:

- (a) Number of individuals are rounded to the nearest hundred.
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Table A.2 (cont'd) Distribution of food intake per day by (weighted) respondents and consumers by food subgroup from 24HDR

Food Subgroup		Unit	Number	Mean	Median	5 th percentile	95 th percentile	97.5 th percentile
Sugar 3F1801	All respondents	g	685 900	1.54	0.72	0.00	5.12	7.50
	Consumers		590 000	1.79	0.91	0.12	5.89	8.17
Honey / Molasses / Syrups 3F1803	All respondents	g	685 900	0.88	0.00	0.00	6.80	10.00
	Consumers		80 800	7.48	5.40	1.20	23.50	30.00
Jams / Preserves 3F1804	All respondents	g	685 900	0.27	0.00	0.00	0.00	3.33
	Consumers		21 700	8.41	7.50	2.50	20.00	22.50
Jellies 3F1805	All respondents	g	685 900	2.28	0.00	0.00	0.00	35.00
	Consumers		34 000	45.99	35.00	10.00	130.00	140.00
Candy 3F1806	All respondents	g	685 900	1.82	0.00	0.00	9.60	18.00
	Consumers		153 800	8.13	5.40	1.40	24.00	36.00
Chocolate 3F1808	All respondents	g	685 900	1.83	0.00	0.00	10.75	17.75
	Consumers		103 200	12.14	7.25	1.30	39.50	55.00
Sugars and confectionery, not specified 3F1899	All respondents	g	685 900	*	*	*	*	*
	Consumers		*	*	*	*	*	*
Herbs 3F1901	All respondents	g	685 900	0.11	0.00	0.00	0.38	1.21
	Consumers		44 300	1.73	0.95	0.15	4.87	6.47
Spices 3F1902	All respondents	g	685 900	0.69	0.17	0.00	2.81	3.88
	Consumers		529 100	0.89	0.32	0.03	3.24	4.81
Salt and salt substitute 3F2001	All respondents	g	685 900	1.05	0.90	0.16	2.42	2.79
	Consumers		676 500	1.07	0.91	0.19	2.43	2.79
Soya Sauce / Siu-mei sauce / Lo-mei sauce 3F2002	All respondents	g	685 900	4.86	2.96	0.00	15.96	19.52
	Consumers		646 800	5.15	3.20	0.43	16.23	19.55
Oyster sauce 3F2003	All respondents	g	685 900	0.69	0.00	0.00	3.68	5.53
	Consumers		209 900	2.27	1.48	0.31	6.80	8.36
Vinegar 3F2004	All respondents	g	685 900	0.48	0.00	0.00	2.50	4.61
	Consumers		84 700	3.88	2.40	0.41	8.71	16.75
Gravy 3F2005	All respondents	g	685 900	0.02	0.00	0.00	0.00	0.00
	Consumers		2 900	4.62	3.75	1.25	8.50	8.50

Notes:

- (a) Number of individuals are rounded to the nearest hundred.
- (b) Values of 0.00 denote an amount less than 0.005.
- (c) * Data not available due to too small number of respondents.

Table A.2 (cont'd) Distribution of food intake per day by (weighted) respondents and consumers by food subgroup from 24HDR

Food Subgroup		Unit	Number	Mean	Median	5 th percentile	95 th percentile	97.5 th percentile
Condiments, not specified 3F2098	All respondents	g	685 900	1.24	0.39	0.00	5.04	7.27
	Consumers		526 500	1.61	0.80	0.07	5.49	7.84
Savoury sauces, not specified 3F2099	All respondents	g	685 900	9.36	4.20	0.00	39.31	48.57
	Consumers		556 300	11.53	6.30	0.47	42.84	51.94
Savoury snacks, potato, cereal, flour or starch-based 3F2601	All respondents	g	685 900	2.83	0.00	0.00	19.00	27.50
	Consumers		127 200	15.29	12.50	2.50	43.50	55.00
Savoury snacks, not specified 3F2699	All respondents	g	685 900	0.34	0.00	0.00	1.50	4.00
	Consumers		51 500	4.48	2.00	0.28	15.00	26.50
Traditional Chinese herbs 3F2701	All respondents	g	685 900	0.07	0.00	0.00	0.00	0.25
	Consumers		18 100	2.84	0.77	0.25	20.75	24.75
Traditional Chinese herb products 3F2702	All respondents	g	685 900	0.46	0.00	0.00	0.00	0.00
	Consumers		3 900	82.30	100.00	7.50	131.00	131.00
Formula products for children of age from 36 months onwards 3F2801#	All respondents	g	685 900	1.14	0.00	0.00	0.00	15.42
	Consumers		23 100	33.90	24.30	9.85	89.00	97.00
Formula products for special dietary use 3F2802#	All respondents	g	685 900	*	*	*	*	*
	Consumers		*	*	*	*	*	*
Food supplements 3F2804#	All respondents	g	685 900	0.46	0.00	0.00	0.00	0.00
	Consumers		7 000	45.25	37.50	4.62	200.00	200.00
Miscellaneous (animal and its products) 3F3001	All respondents	g	685 900	*	*	*	*	*
	Consumers		*	*	*	*	*	*
Miscellaneous (other than animal and its products) 3F3002	All respondents	g	685 900	0.01	0.00	0.00	0.00	0.05
	Consumers		18 000	0.40	0.27	0.05	1.15	1.15
Dumpling dim sum (steamed or in soup) 3F4101	All respondents	g	685 900	21.21	0.00	0.00	128.10	185.00
	Consumers		151 100	96.24	74.00	17.75	240.50	388.50
Steamed bun 3F4102	All respondents	g	685 900	5.02	0.00	0.00	39.50	59.25
	Consumers		76 400	45.09	39.50	13.75	98.65	117.50
Rice-roll 3F4103	All respondents	g	685 900	4.62	0.00	0.00	31.00	75.00
	Consumers		45 500	69.69	57.00	14.25	151.50	179.00

Food group composed of solid and liquid items. When calculating the amount of food group consumption, the weight of liquid food was assumed to be 1g per 1ml.

Notes:

- (a) Number of individuals are rounded to the nearest hundred.
- (b) Values of 0.00 denote an amount less than 0.005.
- (c) * Data not available due to too small number of respondents.

Table A.2 (cont'd) Distribution of food intake per day by (weighted) respondents and consumers by food subgroup from 24HDR

Food Subgroup		Unit	Number	Mean	Median	5 th percentile	95 th percentile	97.5 th percentile
Glutinous rice wrapped in leaves dim sum 3F4104	All respondents	g	685 900	1.93	0.00	0.00	0.00	0.00
	Consumers		16 200	81.87	60.00	25.30	169.50	191.50
Fried dim sum 3F4105	All respondents	g	685 900	8.60	0.00	0.00	57.35	107.90
	Consumers		73 900	79.79	54.00	19.00	197.35	333.00
Steamed dim sum, not specified 3F4199	All respondents	g	685 900	0.80	0.00	0.00	0.00	0.00
	Consumers		11 900	46.30	28.00	16.00	116.00	133.35
Sashimi, fish 3F4201	All respondents	g	685 900	0.85	0.00	0.00	0.00	0.00
	Consumers		11 400	50.91	57.75	10.50	105.00	115.50
Sashimi, seafood other than fish 3F4202	All respondents	g	685 900	0.17	0.00	0.00	0.00	0.00
	Consumers		6 300	18.63	12.00	3.00	66.50	66.50
Sushi, fish 3F4203	All respondents	g	685 900	3.52	0.00	0.00	0.00	55.50
	Consumers		33 200	72.73	56.10	18.50	185.00	219.15
Sushi, seafood other than fish 3F4204	All respondents	g	685 900	2.12	0.00	0.00	0.00	39.30
	Consumers		28 700	50.67	42.00	15.00	96.15	120.60
Sushi, not specified 3F4299	All respondents	g	685 900	4.45	0.00	0.00	37.00	71.00
	Consumers		38 700	78.83	58.95	20.55	195.80	237.50
Siu-mei 3F4301	All respondents	g	685 900	5.12	0.00	0.00	32.78	48.93
	Consumers		120 700	29.10	23.08	6.50	66.00	81.25
Lo-mei 3F4302	All respondents	g	685 900	4.16	0.00	0.00	37.00	51.00
	Consumers		71 300	40.06	33.75	13.00	90.00	105.00
Pizza with meat / poultry / sausage 3F5501	All respondents	g	685 900	2.01	0.00	0.00	0.00	36.50
	Consumers		20 600	66.94	46.00	18.96	175.50	234.00
Pizza with seafood 3F5502	All respondents	g	685 900	0.78	0.00	0.00	0.00	0.00
	Consumers		7 300	73.39	60.50	11.70	207.00	207.00
Pizza with cheese only 3F5503	All respondents	g	685 900	1.10	0.00	0.00	0.00	0.00
	Consumers		12 800	59.21	49.63	20.00	112.00	198.50
Pizza, vegetarian 3F5504	All respondents	g	685 900	*	*	*	*	*
	Consumers		*	*	*	*	*	*

Notes:

- (a) Number of individuals are rounded to the nearest hundred.
- (b) Values of 0.00 denote an amount less than 0.005.
- (c) * Data not available due to too small number of respondents.

Table A.2 (cont'd) Distribution of food intake per day by (weighted) respondents and consumers by food subgroup from 24HDR

Food Subgroup		Unit	Number	Mean	Median	5 th percentile	95 th percentile	97.5 th percentile
Soups, clear, Chinese-style 3F5601	All respondents	ml	685 900	83.25	28.13	0.00	292.50	337.50
	Consumers		347 400	164.36	123.75	56.25	337.50	450.00
Soups, thick, Chinese-style 3F5602	All respondents	ml	685 900	2.00	0.00	0.00	0.00	0.00
	Consumers		12 200	112.03	101.25	22.50	232.50	337.50
Soups, Asian-style 3F5603	All respondents	ml	685 900	3.94	0.00	0.00	0.00	67.50
	Consumers		26 200	102.98	75.00	16.99	232.50	262.50
Soups, Western-style 3F5604	All respondents	ml	685 900	6.20	0.00	0.00	39.38	112.50
	Consumers		38 800	109.58	112.50	22.50	225.00	348.75
Soups, not specified 3F5699	All respondents	ml	685 900	27.80	10.63	0.00	113.23	157.28
	Consumers		379 200	50.28	34.00	7.43	151.90	207.19
Burgers 3F5801	All respondents	g	685 900	8.38	0.00	0.00	75.50	100.00
	Consumers		70 800	81.10	69.38	36.75	157.38	189.50
Sweet soup 3F5901	All respondents	g	685 900	5.10	0.00	0.00	0.00	108.38
	Consumers		31 900	109.75	112.50	33.75	225.00	315.00
Desserts other than sweet soup 3F5902	All respondents	g	685 900	3.93	0.00	0.00	29.75	62.50
	Consumers		52 300	51.52	42.00	6.00	125.00	131.25
Bread / Roll, plain 3F6001	All respondents	g	685 900	14.36	0.00	0.00	60.00	80.00
	Consumers		287 900	34.20	27.50	6.80	84.00	109.00
Bread / Roll with meat/poultry/fish/seafood 3F6002	All respondents	g	685 900	4.57	0.00	0.00	51.50	51.50
	Consumers		64 000	48.96	51.50	17.17	94.25	103.00
Bread / Roll with inclusion or filling other than meat/poultry/fish/seafood 3F6003	All respondents	g	685 900	7.33	0.00	0.00	50.00	62.50
	Consumers		116 700	43.06	42.90	15.00	86.00	105.00
Pancakes / Waffles 3F6004	All respondents	g	685 900	1.32	0.00	0.00	0.00	23.50
	Consumers		25 900	35.06	26.00	13.00	76.00	85.50
Crackers 3F6005	All respondents	g	685 900	4.47	0.00	0.00	25.00	30.90
	Consumers		204 700	14.99	10.80	3.00	38.00	44.30
Cake 3F6006	All respondents	g	685 900	7.91	0.00	0.00	52.50	66.50
	Consumers		143 700	37.74	30.00	10.80	81.00	108.00

Notes:

(a) Number of individuals are rounded to the nearest hundred.

(b) Values of 0.00 denote an amount less than 0.005.

Table A.2 (cont'd) Distribution of food intake per day by (weighted) respondents and consumers by food subgroup from 24HDR

Food Subgroup		Unit	Number	Mean	Median	5 th percentile	95 th percentile	97.5 th percentile
Cookies / Pastry / Pie 3F6007	All respondents	g	685 900	5.23	0.00	0.00	33.00	54.25
	Consumers		108 700	32.99	30.50	5.35	85.40	96.25
Muffin /Scones 3F6008	All respondents	g	685 900	*	*	*	*	*
	Consumers		*	*	*	*	*	*
Chinese pastry, cake or pudding 3F6009	All respondents	g	685 900	0.66	0.00	0.00	0.00	0.00
	Consumers		8 400	54.07	42.00	6.00	207.00	207.00
Chinese pastry other than cake or pudding 3F6010	All respondents	g	685 900	1.77	0.00	0.00	6.00	23.70
	Consumers		37 200	32.64	23.13	5.70	92.50	112.00

Notes:

- (a) Number of individuals are rounded to the nearest hundred.
- (b) Values of 0.00 denote an amount less than 0.005.
- (c) * Data not available due to too small number of respondents.

Table A.3 Average amount of food intake per day by (weighted) respondents and consumers by food group by sex from 24HDR

Food Group		Unit	Male		Female		Both sexes	
			Number	Amount	Number	Amount	Number	Amount
Cereals and Grains Products 3F01	All respondents	g	353 100	408.11	332 800	327.34	685 900	368.93
	Consumers		352 000	409.42	331 800	328.28	683 800	370.05
Vegetables 3F03	All respondents	g	353 100	175.13	332 800	172.09	685 900	173.65
	Consumers		351 100	176.12	330 900	173.04	682 100	174.62
Fruits 3F04	All respondents	g	353 100	93.03	332 800	89.84	685 900	91.49
	Consumers		274 400	119.72	276 600	108.08	551 000	113.88
Nuts and Seeds 3F05	All respondents	g	353 100	1.80	332 800	2.71	685 900	2.24
	Consumers		70 500	9.00	82 300	10.96	152 700	10.06
Meat 3F06	All respondents	g	353 100	84.65	332 800	64.40	685 900	74.82
	Consumers		336 000	88.95	306 200	69.98	642 300	79.90
Poultry 3F07	All respondents	g	353 100	46.02	332 800	38.74	685 900	42.49
	Consumers		247 100	65.77	225 400	57.19	472 500	61.68
Game 3F08	All respondents	g	353 100	*	332 800	*	685 900	*
	Consumers		*	*	*	*	*	*
Egg and Egg Products 3F09#	All respondents	g	353 100	35.87	332 800	32.49	685 900	34.23
	Consumers		274 800	46.09	261 100	41.42	535 900	43.81
Milk and Dairy Products 3F10#	All respondents	g	353 100	96.95	332 800	92.36	685 900	94.73
	Consumers		236 100	145.00	226 400	135.75	462 500	140.47
Frozen Confection 3F11	All respondents	g	353 100	8.91	332 800	8.67	685 900	8.80
	Consumers		70 100	44.91	69 600	41.48	139 600	43.20
Fish 3F12	All respondents	g	353 100	33.33	332 800	30.79	685 900	32.10
	Consumers		233 900	50.32	223 700	45.81	457 600	48.11
Crustaceans 3F13	All respondents	g	353 100	7.67	332 800	7.29	685 900	7.49
	Consumers		100 600	26.93	90 700	26.73	191 300	26.83
Molluscs 3F14	All respondents	g	353 100	5.98	332 800	5.47	685 900	5.73
	Consumers		80 900	26.09	78 500	23.20	159 400	24.66
Fats and Oils 3F15	All respondents	g	353 100	15.22	332 800	12.56	685 900	13.93
	Consumers		352 100	15.26	329 400	12.69	681 500	14.02
Non-alcoholic Beverages 3F16# ^	All respondents	g	353 100	1 329.33	332 800	1 143.16	685 900	1 239.01
	Consumers		353 100	1 329.33	332 800	1 143.16	685 900	1 239.01

Food group composed of solid and liquid items. When calculating the amount of food group consumption, the weight of liquid food was assumed to be 1g per 1ml.

^ Food item - Water (for recipe use) is grouped under 3F16, however it is classed as solid food instead of fluid.

Notes:

- (a) Number of individuals are rounded to the nearest hundred.
- (b) Number of individuals may not add up to total due to rounding.
- (c) * Data not available due to too small number of respondents.

Table A.3 (cont'd) Average amount of food intake per day by (weighted) respondents and consumers by food group by sex from 24HDR

Food Group		Unit	Male		Female		Both sexes	
			Number	Amount	Number	Amount	Number	Amount
Alcoholic Beverages 3F17	All respondents	ml	353 100	0.30	332 800	0.14	685 900	0.22
	Consumers		121 700	0.87	111 400	0.42	233 200	0.65
Sugars and Confectionery 3F18	All respondents	g	353 100	7.64	332 800	9.67	685 900	8.63
	Consumers		319 500	8.44	306 900	10.49	626 400	9.45
Herbs and Spices 3F19	All respondents	g	353 100	0.90	332 800	0.70	685 900	0.80
	Consumers		283 300	1.12	253 000	0.92	536 300	1.03
Salts, Soya Sauce, Condiments and Sauces 3F20	All respondents	g	353 100	19.19	332 800	16.11	685 900	17.70
	Consumers		352 600	19.22	332 800	16.11	685 300	17.71
Savoury Snacks 3F26	All respondents	g	353 100	2.99	332 800	3.36	685 900	3.17
	Consumers		72 200	14.65	91 900	12.17	164 000	13.26
Traditional Chinese Herbs 3F27	All respondents	g	353 100	0.33	332 800	0.76	685 900	0.54
	Consumers		8 100	14.13	13 800	18.43	21 900	16.83
Foods and formula products for special dietary use and food supplements 3F28	All respondents	g	353 100	1.88	332 800	1.44	685 900	1.67
	Consumers		15 800	42.23	14 800	32.38	30 600	37.46
Miscellaneous 3F30	All respondents	g	353 100	0.08	332 800	0.01	685 900	0.05
	Consumers		9 100	3.17	10 200	0.43	19 200	1.72
Dim Sum 3F41	All respondents	g	353 100	44.96	332 800	39.23	685 900	42.18
	Consumers		141 600	112.15	139 800	93.42	281 300	102.84
Sashimi and Sushi 3F42	All respondents	g	353 100	11.11	332 800	11.10	685 900	11.11
	Consumers		32 600	120.30	33 400	110.57	66 000	115.37
Siu-mei and Lo-mei 3F43	All respondents	g	353 100	10.43	332 800	8.07	685 900	9.29
	Consumers		96 600	38.10	77 500	34.65	174 200	36.56
Pizza 3F55	All respondents	g	353 100	4.86	332 800	3.31	685 900	4.11
	Consumers		22 700	75.71	20 100	54.81	42 800	65.89
Soups 3F56	All respondents	ml	353 100	126.36	332 800	119.83	685 900	123.19
	Consumers		277 600	160.75	280 900	141.94	558 500	151.29
Burgers 3F58	All respondents	g	353 100	10.79	332 800	5.82	685 900	8.38
	Consumers		45 600	83.61	25 300	76.57	70 800	81.10
Desserts 3F59	All respondents	g	353 100	6.99	332 800	11.20	685 900	9.03
	Consumers		32 400	76.13	49 400	75.44	81 800	75.71
Bakery Wares and Chinese Pastry 3F60	All respondents	g	353 100	49.31	332 800	46.02	685 900	47.71
	Consumers		284 600	61.18	269 200	56.90	553 700	59.10

Notes:

- (a) Number of individuals are rounded to the nearest hundred.
- (b) Number of individuals may not add up to total due to rounding.

Table A.4 Average amount of food intake per day by (weighted) respondents and consumers by food subgroup by sex from 24HDR

Food Subgroup	Unit	Male		Female		Both sexes		
		Number	Amount	Number	Amount	Number	Amount	
Rice	All respondents	g	353 100	256.97	332 800	189.94	685 900	224.45
3F0101	Consumers		342 700	264.81	314 600	200.92	657 300	234.23
Wheat	All respondents	g	353 100	*	332 800	*	685 900	*
3F0102	Consumers		*	*	*	*	*	*
Pasta / Noodles, wheat-based	All respondents	g	353 100	108.09	332 800	88.05	685 900	98.37
3F0103	Consumers		239 700	159.21	223 900	130.85	463 700	145.51
Pasta / Noodles, rice-based	All respondents	g	353 100	32.21	332 800	35.17	685 900	33.65
3F0104	Consumers		97 700	116.45	108 900	107.50	206 600	111.73
Pasta / Noodles other than wheat and rice-based	All respondents	g	353 100	4.24	332 800	7.36	685 900	5.75
3F0105	Consumers		27 000	55.62	40 300	60.74	67 300	58.68
Flour	All respondents	g	353 100	1.62	332 800	1.46	685 900	1.55
3F0106	Consumers		55 600	10.33	48 800	9.99	104 300	10.17
Starch / Substitute flour	All respondents	g	353 100	1.90	332 800	1.83	685 900	1.87
3F0107	Consumers		268 600	2.49	258 900	2.36	527 500	2.43
Breakfast cereals	All respondents	g	353 100	1.96	332 800	2.73	685 900	2.34
3F0108	Consumers		39 900	17.40	45 100	20.15	85 000	18.86
Cereal products, not specified	All respondents	g	353 100	*	332 800	*	685 900	0.07
3F0198	Consumers		*	*	*	*	2 900	17.22
Cereals, not specified	All respondents	g	353 100	0.76	332 800	0.76	685 900	0.76
3F0199	Consumers		17 100	15.61	18 500	13.68	35 600	14.61
Root vegetables / Tubers	All respondents	g	353 100	27.16	332 800	26.67	685 900	26.92
3F0301	Consumers		206 000	46.57	191 400	46.37	397 300	46.47
Leafy vegetables (including Brassica leafy vegetables)	All respondents	g	353 100	64.55	332 800	58.86	685 900	61.79
3F0302	Consumers		291 300	78.24	269 700	72.62	561 000	75.54
Stalk and stem vegetables	All respondents	g	353 100	1.87	332 800	2.39	685 900	2.12
3F0303	Consumers		33 900	19.50	32 700	24.35	66 600	21.88
Brassica (cole or cabbage) vegetables, head cabbage, flowerhead Brassicas	All respondents	g	353 100	13.33	332 800	13.17	685 900	13.26
3F0304	Consumers		127 600	36.90	113 800	38.53	241 400	37.66

Notes:

- (a) Number of individuals are rounded to the nearest hundred.
- (b) Number of individuals may not add up to total due to rounding.
- (c) * Data not available due to too small number of respondents.

Table A.4 (cont'd) Average amount of food intake per day by (weighted) respondents and consumers by food subgroup by sex from 24HDR

Food Subgroup	Unit	Male		Female		Both sexes		
		Number	Amount	Number	Amount	Number	Amount	
Squashes / Gourds	All respondents	g	353 100	11.39	332 800	11.68	685 900	11.53
3F0305	Consumers		96 000	41.87	95 100	40.87	191 200	41.37
Fruiting vegetables, other than squashes / gourds	All respondents	g	353 100	25.11	332 800	23.85	685 900	24.50
3F0306	Consumers		217 800	40.71	206 100	38.52	423 900	39.64
Bulb vegetables	All respondents	g	353 100	8.14	332 800	6.52	685 900	7.36
3F0307	Consumers		256 300	11.22	241 100	9.01	497 300	10.15
Legume vegetables	All respondents	g	353 100	3.85	332 800	3.98	685 900	3.91
3F0308	Consumers		66 900	20.34	60 500	21.86	127 400	21.06
Pulses	All respondents	g	353 100	0.38	332 800	0.35	685 900	0.36
3F0309	Consumers		8 200	16.26	7 300	15.94	15 500	16.11
Legume vegetable and pulse products	All respondents	g	353 100	9.28	332 800	10.36	685 900	9.81
3F0310	Consumers		101 900	32.18	105 700	32.62	207 600	32.40
Mushroom and fungus	All respondents	g	353 100	6.66	332 800	6.75	685 900	6.70
3F0311	Consumers		126 200	18.64	109 800	20.45	236 000	19.48
Seaweeds	All respondents	g	353 100	0.74	332 800	1.16	685 900	0.94
3F0312	Consumers		40 900	6.39	40 400	9.56	81 300	7.97
Preserved vegetables / Dried vegetables	All respondents	g	353 100	1.08	332 800	2.35	685 900	1.70
3F0313	Consumers		54 600	6.98	69 700	11.24	124 300	9.37
Vegetables and vegetable products, not specified	All respondents	g	353 100	1.59	332 800	3.98	685 900	2.75
3F0399	Consumers		18 000	31.13	33 500	39.52	51 500	36.59
Pome fruits	All respondents	g	353 100	29.01	332 800	25.41	685 900	27.26
3F0401	Consumers		118 900	86.13	108 400	77.97	227 400	82.24
Stone fruits	All respondents	g	353 100	3.72	332 800	3.74	685 900	3.73
3F0402	Consumers		25 600	51.29	26 500	46.97	52 100	49.09
Citrus fruits	All respondents	g	353 100	21.43	332 800	20.54	685 900	21.00
3F0403	Consumers		103 700	72.99	102 500	66.65	206 200	69.84
Berries and other small fruits	All respondents	g	353 100	4.88	332 800	6.92	685 900	5.87
3F0404	Consumers		68 000	25.35	75 700	30.41	143 700	28.01

Notes:

- (a) Number of individuals are rounded to the nearest hundred.
- (b) Number of individuals may not add up to total due to rounding.

Table A.4 (cont'd) Average amount of food intake per day by (weighted) respondents and consumers by food subgroup by sex from 24HDR

Food Subgroup		Unit	Male		Female		Both sexes	
			Number	Amount	Number	Amount	Number	Amount
Assorted tropical and sub-tropical fruits - edible peel 3F0405	All respondents	g	353 100	0.92	332 800	0.73	685 900	0.83
	Consumers		12 000	27.12	7 600	31.57	19 600	28.86
Assorted tropical and sub-tropical fruits - inedible peel 3F0406	All respondents	g	353 100	19.48	332 800	19.30	685 900	19.39
	Consumers		118 600	57.98	117 300	54.74	235 900	56.37
Preserved fruits and dried fruits 3F0407	All respondents	g	353 100	0.25	332 800	0.31	685 900	0.28
	Consumers		12 500	7.16	16 600	6.18	29 100	6.60
Fruits, not specified 3F0499	All respondents	g	353 100	13.34	332 800	12.91	685 900	13.13
	Consumers		40 300	116.89	43 100	99.72	83 400	108.02
Tree nuts 3F0501	All respondents	g	353 100	0.45	332 800	0.97	685 900	0.70
	Consumers		13 500	11.69	23 900	13.48	37 400	12.84
Oilseed 3F0502	All respondents	g	353 100	0.48	332 800	0.52	685 900	0.50
	Consumers		38 800	4.34	33 700	5.13	72 500	4.71
Nuts / Seeds products 3F0503	All respondents	g	353 100	0.85	332 800	1.20	685 900	1.02
	Consumers		27 300	10.93	30 700	13.00	58 000	12.03
Nuts / Seeds, not specified 3F0599	All respondents	g	353 100	*	332 800	*	685 900	0.02
	Consumers		*	*	*	*	4 500	3.70
Cattle / Calf other than offal 3F0601	All respondents	g	353 100	29.19	332 800	19.79	685 900	24.63
	Consumers		189 000	54.52	153 800	42.81	342 900	49.27
Cattle / Calf offal 3F0602	All respondents	g	353 100	1.31	332 800	0.50	685 900	0.92
	Consumers		11 800	39.27	6 100	27.36	17 900	35.22
Pig other than offal 3F0603	All respondents	g	353 100	49.57	332 800	40.17	685 900	45.01
	Consumers		301 900	57.98	277 200	48.21	579 100	53.30
Pig offal 3F0604	All respondents	g	353 100	1.17	332 800	0.96	685 900	1.07
	Consumers		14 500	28.35	11 700	27.36	26 200	27.91
Sheep other than offal 3F0605	All respondents	g	353 100	1.00	332 800	0.69	685 900	0.85
	Consumers		8 600	40.89	6 300	36.67	14 900	39.11
Meat, not specified 3F0699	All respondents	g	353 100	2.41	332 800	2.28	685 900	2.35
	Consumers		37 900	22.46	36 900	20.58	74 800	21.53

Notes:

- (a) Number of individuals are rounded to the nearest hundred.
- (b) Number of individuals may not add up to total due to rounding.
- (c) * Data not available due to too small number of respondents.

Table A.4 (cont'd) Average amount of food intake per day by (weighted) respondents and consumers by food subgroup by sex from 24HDR

Food Subgroup	Unit	Male		Female		Both sexes		
		Number	Amount	Number	Amount	Number	Amount	
Chicken other than offal 3F0701	All respondents	g	353 100	44.95	332 800	37.81	685 900	41.48
	Consumers		242 600	65.42	222 000	56.67	464 600	61.24
Chicken offal 3F0702	All respondents	g	353 100	*	332 800	*	685 900	0.11
	Consumers		*	*	*	*	3 300	22.02
Duck other than offal 3F0703	All respondents	g	353 100	0.64	332 800	0.49	685 900	0.57
	Consumers		7 100	31.97	5 300	30.31	12 500	31.26
Duck offal 3F0704	All respondents	g	353 100	*	332 800	*	685 900	0.07
	Consumers		*	*	*	*	2 800	16.98
Goose other than offal 3F0705	All respondents	g	353 100	*	332 800	*	685 900	0.17
	Consumers		*	*	*	*	2 400	47.99
Goose offal 3F0706	All respondents	g	353 100	*	332 800	*	685 900	*
	Consumers		*	*	*	*	*	*
Turkey other than offal 3F0707	All respondents	g	353 100	*	332 800	*	685 900	*
	Consumers		*	*	*	*	*	*
Game other than offal 3F0801	All respondents	g	353 100	*	332 800	*	685 900	*
	Consumers		*	*	*	*	*	*
Chicken egg 3F0901	All respondents	g	353 100	34.82	332 800	31.63	685 900	33.27
	Consumers		268 600	45.78	254 800	41.31	523 400	43.60
Duck egg 3F0902	All respondents	g	353 100	0.67	332 800	0.50	685 900	0.58
	Consumers		20 500	11.52	16 200	10.19	36 700	10.93
Egg products and egg substitute products 3F0903#	All respondents	g	353 100	*	332 800	*	685 900	0.16
	Consumers		*	*	*	*	3 000	35.59
Egg, not specified 3F0999	All respondents	g	353 100	0.22	332 800	0.21	685 900	0.22
	Consumers		3 700	21.02	3 400	20.71	7 100	20.87
Milk 3F1001	All respondents	ml	353 100	52.45	332 800	50.17	685 900	51.34
	Consumers		127 800	144.88	117 500	142.08	245 300	143.54
Milk beverage 3F1002	All respondents	ml	353 100	27.95	332 800	22.80	685 900	25.45
	Consumers		71 300	138.37	59 900	126.65	131 200	133.02

Food group composed of solid and liquid items. When calculating the amount of food group consumption, the weight of liquid food was assumed to be 1g per 1ml.

Notes:

- (a) Number of individuals are rounded to the nearest hundred.
- (b) Number of individuals may not add up to total due to rounding.
- (c) * Data not available due to too small number of respondents.

Table A.4 (cont'd) Average amount of food intake per day by (weighted) respondents and consumers by food subgroup by sex from 24HDR

Food Subgroup		Unit	Male		Female		Both sexes	
			Number	Amount	Number	Amount	Number	Amount
Dried milk	All respondents	g	353 100	0.44	332 800	0.13	685 900	0.29
3F1003	Consumers		6 000	25.81	4 300	9.96	10 300	19.24
Cream	All respondents	g	353 100	0.36	332 800	0.21	685 900	0.29
3F1004	Consumers		14 100	9.07	11 700	6.03	25 800	7.69
Cheese	All respondents	g	353 100	2.21	332 800	2.02	685 900	2.11
3F1005	Consumers		66 200	11.77	62 000	10.82	128 100	11.31
Milk and dairy products, not specified	All respondents	g	353 100	13.54	332 800	17.04	685 900	15.24
3F1099#	Consumers		57 100	83.78	78 800	72.00	135 800	76.95
Frozen confection, dairy-based	All respondents	g	353 100	7.61	332 800	7.58	685 900	7.59
3F1101	Consumers		63 000	42.60	62 500	40.35	125 600	41.48
Frozen confection, water-based	All respondents	g	353 100	1.31	332 800	1.09	685 900	1.20
3F1102	Consumers		9 500	48.38	9 500	38.18	19 000	43.30
Freshwater fish	All respondents	g	353 100	2.65	332 800	2.63	685 900	2.64
3F1201	Consumers		27 300	34.18	27 000	32.37	54 400	33.28
Seawater fish other than coral fish	All respondents	g	353 100	6.61	332 800	6.06	685 900	6.34
3F1202	Consumers		67 900	34.37	60 200	33.49	128 200	33.95
Freshwater / Seawater fish	All respondents	g	353 100	6.89	332 800	5.73	685 900	6.33
3F1203	Consumers		70 900	34.30	57 900	32.92	128 900	33.68
Coral fish	All respondents	g	353 100	1.64	332 800	1.04	685 900	1.35
3F1204	Consumers		16 200	35.79	14 000	24.78	30 200	30.69
Canned fish	All respondents	g	353 100	0.52	332 800	0.19	685 900	0.36
3F1205	Consumers		9 100	20.20	4 700	13.50	13 800	17.90
Dried fish and smoked fish	All respondents	g	353 100	0.32	332 800	0.30	685 900	0.31
3F1206	Consumers		9 300	12.26	9 500	10.70	18 700	11.47
Fish products (fish meat)	All respondents	g	353 100	10.47	332 800	10.00	685 900	10.24
3F1207	Consumers		101 500	36.42	101 400	32.80	202 900	34.61
Fish products (other than fish meat)	All respondents	g	353 100	1.03	332 800	1.59	685 900	1.30
3F1208	Consumers		15 400	23.58	20 000	26.46	35 400	25.21

Food group composed of solid and liquid items. When calculating the amount of food group consumption, the weight of liquid food was assumed to be 1g per 1ml.

Notes:

- (a) Number of individuals are rounded to the nearest hundred.
- (b) Number of individuals may not add up to total due to rounding.

Table A.4 (cont'd) Average amount of food intake per day by (weighted) respondents and consumers by food subgroup by sex from 24HDR

Food Subgroup		Unit	Male		Female		Both sexes	
			Number	Amount	Number	Amount	Number	Amount
Fish, not specified 3F1299	All respondents	g	353 100	3.20	332 800	3.24	685 900	3.22
	Consumers		28 800	39.31	26 600	40.50	55 400	39.88
Shrimp / Prawn 3F1301	All respondents	g	353 100	6.21	332 800	5.83	685 900	6.03
	Consumers		90 300	24.29	82 000	23.67	172 300	23.99
Crab 3F1302	All respondents	g	353 100	1.08	332 800	0.83	685 900	0.96
	Consumers		17 400	21.93	11 100	24.78	28 500	23.05
Lobster 3F1303	All respondents	g	353 100	0.38	332 800	0.62	685 900	0.50
	Consumers		5 500	24.42	5 100	40.45	10 600	32.19
Univalve 3F1401	All respondents	g	353 100	0.98	332 800	0.71	685 900	0.85
	Consumers		13 100	26.43	9 900	23.77	23 000	25.28
Bivalves 3F1402	All respondents	g	353 100	2.26	332 800	2.09	685 900	2.18
	Consumers		41 400	19.27	43 300	16.08	84 700	17.64
Cephalopods 3F1403	All respondents	g	353 100	2.45	332 800	2.38	685 900	2.42
	Consumers		34 400	25.16	34 700	22.85	69 200	24.00
Molluscs, not specified 3F1499	All respondents	g	353 100	0.29	332 800	0.29	685 900	0.29
	Consumers		6 300	16.05	6 700	14.31	12 900	15.16
Animal fats and oils 3F1501	All respondents	g	353 100	0.93	332 800	0.83	685 900	0.88
	Consumers		74 700	4.38	78 100	3.54	152 800	3.95
Vegetables fats and oils 3F1502	All respondents	g	353 100	13.46	332 800	10.75	685 900	12.14
	Consumers		351 200	13.53	328 300	10.90	679 500	12.26
Salad dressing 3F1503	All respondents	g	353 100	0.82	332 800	0.97	685 900	0.89
	Consumers		40 300	7.18	45 800	7.06	86 100	7.11
Fats and oils, not specified 3F1599	All respondents	g	353 100	*	332 800	*	685 900	0.01
	Consumers		*	*	*	*	4 000	1.55
Coffee / Coffee substitute 3F1601#	All respondents	g	353 100	2.37	332 800	2.52	685 900	2.45
	Consumers		7 300	115.48	7 200	116.05	14 500	115.76
Tea drink 3F1602	All respondents	ml	353 100	102.25	332 800	91.58	685 900	97.07
	Consumers		144 700	249.54	148 700	205.01	293 300	226.97

Food group composed of solid and liquid items. When calculating the amount of food group consumption, the weight of liquid food was assumed to be 1g per 1ml.

Notes:

- (a) Number of individuals are rounded to the nearest hundred.
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- (c) * Data not available due to too small number of respondents.

Table A.4 (cont'd) Average amount of food intake per day by (weighted) respondents and consumers by food subgroup by sex from 24HDR

Food Subgroup		Unit	Male		Female		Both sexes	
			Number	Amount	Number	Amount	Number	Amount
Tea leaves / Tea powder	All respondents	g	353 100	*	332 800	*	685 900	0.02
3F1603	Consumers		*	*	*	*	3 500	3.33
Soy, cereal, grain, seed and chocolate drink	All respondents	g	353 100	47.14	332 800	39.99	685 900	43.67
3F1604#	Consumers		107 900	154.28	100 800	132.01	208 700	143.52
Carbonated drink	All respondents	ml	353 100	61.70	332 800	45.91	685 900	54.04
3F1605	Consumers		107 100	203.53	96 900	157.66	204 000	181.73
"Icy" Drinks	All respondents	ml	353 100	2.58	332 800	3.01	685 900	2.79
3F1606	Consumers		6 500	140.50	7 500	133.41	14 000	136.69
Fresh fruit and vegetable juice	All respondents	ml	353 100	7.07	332 800	6.72	685 900	6.90
3F1607	Consumers		23 700	105.52	28 600	78.12	52 300	90.52
Fruit and vegetable juice drink	All respondents	g	353 100	29.23	332 800	21.98	685 900	25.71
3F1608#	Consumers		68 900	149.80	58 000	126.03	126 900	138.93
Chinese herb tea	All respondents	ml	353 100	12.01	332 800	11.74	685 900	11.88
3F1609	Consumers		26 700	159.05	26 400	148.29	53 000	153.70
Sport / "Healthy" drink	All respondents	g	353 100	14.89	332 800	3.47	685 900	9.35
3F1610#	Consumers		23 300	225.61	8 700	133.46	32 000	200.66
Water	All respondents	ml	353 100	1 041.19	332 800	905.58	685 900	975.39
3F1611# ^	Consumers		351 600	1 045.79	330 900	910.72	682 400	980.30
Non-alcoholic beverages, not specified	All respondents	g	353 100	8.88	332 800	10.63	685 900	9.73
3F1699#	Consumers		20 400	153.95	25 000	141.64	45 300	147.17
Wines made from grapes	All respondents	ml	353 100	0.01	332 800	0.01	685 900	0.01
3F1702	Consumers		9 300	0.28	4 200	0.52	13 500	0.35
Wines made from ingredients other than grapes	All respondents	ml	353 100	0.29	332 800	0.13	685 900	0.22
3F1703	Consumers		117 500	0.88	108 200	0.41	225 700	0.65
Distilled spirits	All respondents	ml	353 100	*	332 800	*	685 900	0.00
3F1704	Consumers		*	*	*	*	3 300	0.01

Food group composed of solid and liquid items. When calculating the amount of food group consumption, the weight of liquid food was assumed to be 1g per 1ml.

^ Food item - Water (for recipe use) is grouped under 3F1611, however it is classied as solid food instead of fluid.

Notes:

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- (c) Values of 0.00 denote an amount less than 0.005.
- (d) * Data not available due to too small number of respondents.

Table A.4 (cont'd) Average amount of food intake per day by (weighted) respondents and consumers by food subgroup by sex from 24HDR

Food Subgroup		Unit	Male		Female		Both sexes	
			Number	Amount	Number	Amount	Number	Amount
Sugar	All respondents	g	353 100	1.57	332 800	1.50	685 900	1.54
3F1801	Consumers		304 200	1.83	285 800	1.75	590 000	1.79
Honey / Molasses / Syrups	All respondents	g	353 100	0.82	332 800	0.95	685 900	0.88
3F1803	Consumers		37 100	7.77	43 700	7.24	80 800	7.48
Jams / Preserves	All respondents	g	353 100	0.29	332 800	0.24	685 900	0.27
3F1804	Consumers		10 000	10.14	11 700	6.94	21 700	8.41
Jellies	All respondents	g	353 100	2.08	332 800	2.50	685 900	2.28
3F1805	Consumers		14 900	49.33	19 100	43.38	34 000	45.99
Candy	All respondents	g	353 100	1.58	332 800	2.08	685 900	1.82
3F1806	Consumers		64 700	8.63	89 100	7.76	153 800	8.13
Chocolate	All respondents	g	353 100	1.30	332 800	2.39	685 900	1.83
3F1808	Consumers		42 800	10.72	60 500	13.14	103 200	12.14
Sugars and confectionery, not specified	All respondents	g	353 100	*	332 800	*	685 900	*
3F1899	Consumers		*	*	*	*	*	*
Herbs	All respondents	g	353 100	0.11	332 800	0.11	685 900	0.11
3F1901	Consumers		23 000	1.68	21 300	1.78	44 300	1.73
Spices	All respondents	g	353 100	0.79	332 800	0.58	685 900	0.69
3F1902	Consumers		278 300	1.00	250 800	0.77	529 100	0.89
Salt and salt substitute	All respondents	g	353 100	1.12	332 800	0.98	685 900	1.05
3F2001	Consumers		348 400	1.13	328 100	1.00	676 500	1.07
Soya Sauce / Siu-mei sauce / Lo-mei sauce	All respondents	g	353 100	5.42	332 800	4.26	685 900	4.86
3F2002	Consumers		335 600	5.71	311 200	4.55	646 800	5.15
Oyster sauce	All respondents	g	353 100	0.73	332 800	0.66	685 900	0.69
3F2003	Consumers		102 200	2.51	107 700	2.03	209 900	2.27
Vinegar	All respondents	g	353 100	0.54	332 800	0.42	685 900	0.48
3F2004	Consumers		45 800	4.14	38 800	3.57	84 700	3.88
Gravy	All respondents	g	353 100	*	332 800	*	685 900	0.02
3F2005	Consumers		*	*	*	*	2 900	4.62

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Table A.4 (cont'd) Average amount of food intake per day by (weighted) respondents and consumers by food subgroup by sex from 24HDR

Food Subgroup	Unit	Male		Female		Both sexes		
		Number	Amount	Number	Amount	Number	Amount	
Condiments, not specified 3F2098	All respondents	g	353 100	1.33	332 800	1.14	685 900	1.24
	Consumers		273 400	1.72	253 100	1.50	526 500	1.61
Savoury sauces, not specified 3F2099	All respondents	g	353 100	10.03	332 800	8.64	685 900	9.36
	Consumers		292 100	12.13	264 200	10.88	556 300	11.53
Savoury snacks, potato, cereal, flour or starch-based 3F2601	All respondents	g	353 100	2.64	332 800	3.04	685 900	2.83
	Consumers		57 600	16.20	69 500	14.53	127 200	15.29
Savoury snacks, not specified 3F2699	All respondents	g	353 100	0.35	332 800	0.32	685 900	0.34
	Consumers		21 400	5.76	30 100	3.57	51 500	4.48
Traditional Chinese herbs 3F2701	All respondents	g	353 100	0.06	332 800	0.10	685 900	0.07
	Consumers		7 200	2.71	10 900	2.92	18 100	2.84
Traditional Chinese herb products 3F2702	All respondents	g	353 100	*	332 800	*	685 900	0.46
	Consumers		*	*	*	*	3 900	82.30
Formula products for children of age from 36 months onwards 3F2801#	All respondents	g	353 100	1.06	332 800	1.23	685 900	1.14
	Consumers		12 000	31.19	11 100	36.82	23 100	33.90
Formula products for special dietary use 3F2802#	All respondents	g	353 100	*	332 800	*	685 900	*
	Consumers		*	*	*	*	*	*
Food supplements 3F2804#	All respondents	g	353 100	0.70	332 800	0.21	685 900	0.46
	Consumers		3 800	66.10	3 200	21.10	7 000	45.25
Miscellaneous (animal and its products) 3F3001	All respondents	g	353 100	*	332 800	*	685 900	*
	Consumers		*	*	*	*	*	*
Miscellaneous (other than animal and its products) 3F3002	All respondents	g	353 100	0.01	332 800	0.01	685 900	0.01
	Consumers		8 200	0.43	9 700	0.38	18 000	0.40
Dumpling dim sum (steamed or in soup) 3F4101	All respondents	g	353 100	23.48	332 800	18.79	685 900	21.21
	Consumers		77 200	107.40	73 900	84.59	151 100	96.24
Steamed bun 3F4102	All respondents	g	353 100	4.85	332 800	5.20	685 900	5.02
	Consumers		35 300	48.56	41 100	42.12	76 400	45.09
Rice-roll 3F4103	All respondents	g	353 100	4.70	332 800	4.53	685 900	4.62
	Consumers		24 900	66.76	20 600	73.23	45 500	69.69

Food group composed of solid and liquid items. When calculating the amount of food group consumption, the weight of liquid food was assumed to be 1g per 1ml.

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Table A.4 (cont'd) Average amount of food intake per day by (weighted) respondents and consumers by food subgroup by sex from 24HDR

Food Subgroup	Unit	Male		Female		Both sexes		
		Number	Amount	Number	Amount	Number	Amount	
Glutinous rice wrapped in leaves dim sum 3F4104	All respondents	g	353 100	2.24	332 800	1.61	685 900	1.93
	Consumers		9 100	87.29	7 200	75.01	16 200	81.87
Fried dim sum 3F4105	All respondents	g	353 100	8.73	332 800	8.46	685 900	8.60
	Consumers		35 200	87.66	38 700	72.65	73 900	79.79
Steamed dim sum, not specified 3F4199	All respondents	g	353 100	0.96	332 800	0.64	685 900	0.80
	Consumers		6 800	50.19	5 200	41.20	11 900	46.30
Sashimi, fish 3F4201	All respondents	g	353 100	0.68	332 800	1.03	685 900	0.85
	Consumers		5 400	44.94	6 100	56.16	11 400	50.91
Sashimi, seafood other than fish 3F4202	All respondents	g	353 100	0.28	332 800	0.06	685 900	0.17
	Consumers		4 000	24.65	2 300	8.44	6 300	18.63
Sushi, fish 3F4203	All respondents	g	353 100	3.99	332 800	3.02	685 900	3.52
	Consumers		17 700	79.45	15 500	65.01	33 200	72.73
Sushi, seafood other than fish 3F4204	All respondents	g	353 100	2.06	332 800	2.18	685 900	2.12
	Consumers		14 500	50.21	14 200	51.15	28 700	50.67
Sushi, not specified 3F4299	All respondents	g	353 100	4.10	332 800	4.81	685 900	4.45
	Consumers		17 400	83.34	21 300	75.15	38 700	78.83
Siu-mei 3F4301	All respondents	g	353 100	5.77	332 800	4.44	685 900	5.12
	Consumers		68 800	29.60	51 900	28.43	120 700	29.10
Lo-mei 3F4302	All respondents	g	353 100	4.66	332 800	3.64	685 900	4.16
	Consumers		39 800	41.37	31 500	38.40	71 300	40.06
Pizza with meat / poultry / sausage 3F5501	All respondents	g	353 100	2.58	332 800	1.41	685 900	2.01
	Consumers		12 100	75.22	8 500	55.15	20 600	66.94
Pizza with seafood 3F5502	All respondents	g	353 100	0.50	332 800	1.09	685 900	0.78
	Consumers		2 600	68.26	4 800	76.16	7 300	73.39
Pizza with cheese only 3F5503	All respondents	g	353 100	1.50	332 800	0.69	685 900	1.10
	Consumers		6 900	76.91	5 900	38.63	12 800	59.21
Pizza, vegetarian 3F5504	All respondents	g	353 100	*	332 800	*	685 900	*
	Consumers		*	*	*	*	*	*

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- (c) * Data not available due to too small number of respondents.

Table A.4 (cont'd) Average amount of food intake per day by (weighted) respondents and consumers by food subgroup by sex from 24HDR

Food Subgroup		Unit	Male		Female		Both sexes	
			Number	Amount	Number	Amount	Number	Amount
Soups, clear, Chinese-style 3F5601	All respondents	ml	353 100	84.61	332 800	81.82	685 900	83.25
	Consumers		173 100	172.62	174 300	156.16	347 400	164.36
Soups, thick, Chinese-style 3F5602	All respondents	ml	353 100	1.37	332 800	2.66	685 900	2.00
	Consumers		5 200	93.78	7 100	125.41	12 200	112.03
Soups, Asian-style 3F5603	All respondents	ml	353 100	4.73	332 800	3.10	685 900	3.94
	Consumers		14 700	113.71	11 500	89.31	26 200	102.98
Soups, Western-style 3F5604	All respondents	ml	353 100	6.62	332 800	5.77	685 900	6.20
	Consumers		20 200	115.60	18 600	103.05	38 800	109.58
Soups, not specified 3F5699	All respondents	ml	353 100	29.04	332 800	26.49	685 900	27.80
	Consumers		187 400	54.71	191 800	45.96	379 200	50.28
Burgers 3F5801	All respondents	g	353 100	10.79	332 800	5.82	685 900	8.38
	Consumers		45 600	83.61	25 300	76.57	70 800	81.10
Sweet soup 3F5901	All respondents	g	353 100	4.16	332 800	6.10	685 900	5.10
	Consumers		12 100	121.57	19 800	102.53	31 900	109.75
Desserts other than sweet soup 3F5902	All respondents	g	353 100	2.82	332 800	5.11	685 900	3.93
	Consumers		21 800	45.75	30 500	55.65	52 300	51.52
Bread / Roll, plain 3F6001	All respondents	g	353 100	15.53	332 800	13.11	685 900	14.36
	Consumers		150 800	36.37	137 100	31.82	287 900	34.20
Bread / Roll with meat/poultry/fish/seafood 3F6002	All respondents	g	353 100	4.64	332 800	4.49	685 900	4.57
	Consumers		34 600	47.44	29 500	50.75	64 000	48.96
Bread / Roll with inclusion or filling other than meat/poultry/fish/seafood 3F6003	All respondents	g	353 100	7.51	332 800	7.14	685 900	7.33
	Consumers		57 900	45.78	58 800	40.38	116 700	43.06
Pancakes / Waffles 3F6004	All respondents	g	353 100	1.35	332 800	1.29	685 900	1.32
	Consumers		13 000	36.64	12 900	33.45	25 900	35.06
Crackers 3F6005	All respondents	g	353 100	4.21	332 800	4.76	685 900	4.47
	Consumers		102 500	14.49	102 200	15.50	204 700	14.99
Cake 3F6006	All respondents	g	353 100	8.21	332 800	7.58	685 900	7.91
	Consumers		72 700	39.89	71 000	35.54	143 700	37.74

Notes:

- (a) Number of individuals are rounded to the nearest hundred.
- (b) Number of individuals may not add up to total due to rounding.

Table A.4 (cont'd) Average amount of food intake per day by (weighted) respondents and consumers by food subgroup by sex from 24HDR

Food Subgroup		Unit	Male		Female		Both sexes	
			Number	Amount	Number	Amount	Number	Amount
Cookies / Pastry / Pie 3F6007	All respondents	g	353 100	4.97	332 800	5.50	685 900	5.23
	Consumers		50 800	34.59	57 900	31.59	108 700	32.99
Muffin /Scones 3F6008	All respondents	g	353 100	*	332 800	*	685 900	*
	Consumers		*	*	*	*	*	*
Chinese pastry, cake or pudding 3F6009	All respondents	g	353 100	0.80	332 800	0.51	685 900	0.66
	Consumers		4 500	62.39	3 800	44.30	8 400	54.07
Chinese pastry other than cake or pudding 3F6010	All respondents	g	353 100	2.02	332 800	1.51	685 900	1.77
	Consumers		21 400	33.19	15 700	31.88	37 200	32.64

Notes:

- (a) Number of individuals are rounded to the nearest hundred.
- (b) Number of individuals may not add up to total due to rounding.
- (c) * Data not available due to too small number of respondents.

Table A.5 Average amount of food intake per day by (weighted) respondents and consumers by food group by age group from 24HDR

Food Group		Unit	6 to 8 years		9 to 11 years		12 to 14 years		15 to 17 years	
			Number	Amount	Number	Amount	Number	Amount	Number	Amount
Cereals and Grains	All respondents	g	170 400	312.27	182 100	364.73	173 500	385.70	159 800	415.89
Products										
3F01	Consumers		170 400	312.27	182 100	364.73	173 100	386.68	158 200	420.23
Vegetables	All respondents	g	170 400	146.65	182 100	169.70	173 500	187.41	159 800	192.01
3F03	Consumers		169 900	147.07	181 700	170.14	171 800	189.30	158 700	193.37
Fruits	All respondents	g	170 400	95.89	182 100	97.25	173 500	93.12	159 800	78.44
3F04	Consumers		147 900	110.49	152 600	116.11	133 300	121.20	117 300	106.93
Nuts and Seeds	All respondents	g	170 400	1.95	182 100	2.64	173 500	1.83	159 800	2.53
3F05	Consumers		40 300	8.27	47 400	10.15	31 200	10.15	33 800	11.97
Meat	All respondents	g	170 400	57.32	182 100	74.24	173 500	79.65	159 800	88.92
3F06	Consumers		161 000	60.67	172 300	78.46	160 900	85.88	148 000	96.01
Poultry	All respondents	g	170 400	36.76	182 100	37.98	173 500	48.23	159 800	47.50
3F07	Consumers		122 700	51.04	126 200	54.82	120 300	69.57	103 300	73.53
Game	All respondents	g	170 400	*	182 100	*	173 500	*	159 800	*
3F08	Consumers		*	*	*	*	*	*	*	*
Egg and Egg Products	All respondents	g	170 400	30.74	182 100	34.47	173 500	34.45	159 800	37.45
3F09#	Consumers		135 300	38.70	149 800	41.90	132 000	45.29	118 700	50.42
Milk and Dairy Products	All respondents	g	170 400	97.07	182 100	107.95	173 500	91.59	159 800	80.57
3F10#	Consumers		128 800	128.43	133 000	147.87	112 500	141.21	88 200	145.96
Frozen Confection	All respondents	g	170 400	10.88	182 100	8.04	173 500	8.76	159 800	7.48
3F11	Consumers		43 700	42.42	34 600	42.32	33 700	45.06	27 600	43.26
Fish	All respondents	g	170 400	30.85	182 100	32.10	173 500	31.93	159 800	33.60
3F12	Consumers		121 400	43.30	128 800	45.39	107 300	51.64	100 100	53.66
Crustaceans	All respondents	g	170 400	6.44	182 100	7.02	173 500	9.14	159 800	7.33
3F13	Consumers		51 200	21.43	53 000	24.11	51 900	30.57	35 200	33.30
Molluscs	All respondents	g	170 400	4.13	182 100	7.08	173 500	6.03	159 800	5.59
3F14	Consumers		36 500	19.27	50 300	25.64	42 400	24.71	30 300	29.49
Fats and Oils	All respondents	g	170 400	11.07	182 100	13.89	173 500	15.38	159 800	15.44
3F15	Consumers		169 400	11.13	182 100	13.89	172 200	15.49	157 700	15.65
Non-alcoholic Beverages	All respondents	g	170 400	978.67	182 100	1 163.78	173 500	1 372.45	159 800	1 457.38
3F16# ^	Consumers		170 400	978.67	182 100	1 163.78	173 500	1 372.45	159 800	1 457.38

Food group composed of solid and liquid items. When calculating the amount of food group consumption, the weight of liquid food was assumed to be 1g per 1ml.

^ Food item - Water (for recipe use) is grouped under 3F16, however it is classed as solid food instead of fluid.

Notes:

(a) Number of individuals are rounded to the nearest hundred.

(b) * Data not available due to too small number of respondents.

Table A.5 (cont'd) Average amount of food intake per day by (weighted) respondents and consumers by food group by age group from 24HDR

Food Group	Unit	6 to 8 years		9 to 11 years		12 to 14 years		15 to 17 years		
		Number	Amount	Number	Amount	Number	Amount	Number	Amount	
Alcoholic Beverages 3F17	All respondents	ml	170 400	0.14	182 100	0.13	173 500	0.27	159 800	0.37
	Consumers		46 100	0.52	61 900	0.38	67 100	0.69	58 100	1.02
Sugars and Confectionery 3F18	All respondents	g	170 400	11.75	182 100	9.68	173 500	6.68	159 800	6.21
	Consumers		157 700	12.69	171 000	10.31	153 600	7.55	144 100	6.89
Herbs and Spices 3F19	All respondents	g	170 400	0.38	182 100	0.57	173 500	1.07	159 800	1.22
	Consumers		120 500	0.54	142 000	0.74	143 600	1.30	130 200	1.49
Salts, Soya Sauce, Condiments and Sauces 3F20	All respondents	g	170 400	13.23	182 100	16.46	173 500	19.82	159 800	21.56
	Consumers		170 400	13.23	182 100	16.46	173 500	19.82	159 300	21.64
Savoury Snacks 3F26	All respondents	g	170 400	3.04	182 100	4.03	173 500	2.44	159 800	3.12
	Consumers		49 700	10.41	55 400	13.25	29 900	14.18	29 000	17.21
Traditional Chinese Herbs 3F27	All respondents	g	170 400	0.31	182 100	0.72	173 500	0.41	159 800	0.72
	Consumers		4 700	11.10	3 800	34.23	6 900	10.25	6 400	17.82
Foods and formula products for special dietary use and food supplements 3F28	All respondents	g	170 400	4.70	182 100	0.75	173 500	*	159 800	*
	Consumers		20 400	39.25	6 900	19.75	*	*	*	*
Miscellaneous 3F30	All respondents	g	170 400	*	182 100	0.01	173 500	0.17	159 800	*
	Consumers		*	*	6 500	0.30	6 900	4.18	*	*
Dim Sum 3F41	All respondents	g	170 400	39.15	182 100	47.45	173 500	41.28	159 800	40.39
	Consumers		76 700	86.95	90 500	95.50	61 900	115.76	52 200	123.60
Sashimi and Sushi 3F42	All respondents	g	170 400	10.17	182 100	10.62	173 500	12.86	159 800	10.75
	Consumers		16 200	106.74	16 000	120.59	20 800	107.23	12 900	132.86
Siu-mei and Lo-mei 3F43	All respondents	g	170 400	8.45	182 100	9.37	173 500	9.68	159 800	9.66
	Consumers		49 100	29.34	51 800	32.93	40 600	41.35	32 700	47.21
Pizza 3F55	All respondents	g	170 400	3.63	182 100	4.49	173 500	3.50	159 800	4.84
	Consumers		13 900	44.65	11 700	69.87	9 100	66.87	8 100	95.32
Soups 3F56	All respondents	ml	170 400	99.40	182 100	139.31	173 500	123.03	159 800	130.37
	Consumers		135 700	124.84	158 600	159.99	135 500	157.55	128 700	161.86
Burgers 3F58	All respondents	g	170 400	6.12	182 100	6.41	173 500	10.41	159 800	10.82
	Consumers		15 100	68.97	13 700	85.22	22 900	79.01	19 200	90.20
Desserts 3F59	All respondents	g	170 400	7.34	182 100	10.37	173 500	9.63	159 800	8.67
	Consumers		20 500	60.87	28 100	67.23	18 200	91.71	15 000	92.52
Bakery Wares and Chinese Pastry 3F60	All respondents	g	170 400	52.40	182 100	46.88	173 500	44.69	159 800	46.95
	Consumers		153 200	58.29	151 500	56.36	130 700	59.33	118 400	63.40

Notes:

- (a) Number of individuals are rounded to the nearest hundred.
- (b) * Data not available due to too small number of respondents.

Table A.6 Average amount of food intake per day by (weighted) respondents and consumers by food subgroup by age group from 24HDR

Food Subgroup		Unit	6 to 8 years		9 to 11 years		12 to 14 years		15 to 17 years	
			Number	Amount	Number	Amount	Number	Amount	Number	Amount
Rice	All respondents	g	170 400	193.44	182 100	230.02	173 500	230.08	159 800	245.05
3F0101	Consumers		166 200	198.30	177 200	236.42	163 500	244.11	150 300	260.62
Wheat	All respondents	g	170 400	*	182 100	*	173 500	*	159 800	*
3F0102	Consumers		*	*	*	*	*	*	*	*
Pasta / Noodles, wheat-based	All respondents	g	170 400	82.26	182 100	91.54	173 500	105.66	159 800	115.40
3F0103	Consumers		116 300	120.52	118 600	140.57	118 100	155.23	110 600	166.70
Pasta / Noodles, rice-based	All respondents	g	170 400	26.30	182 100	32.49	173 500	36.33	159 800	39.89
3F0104	Consumers		47 400	94.60	57 700	102.61	51 900	121.39	49 600	128.58
Pasta / Noodles other than wheat and rice-based	All respondents	g	170 400	3.83	182 100	4.23	173 500	6.87	159 800	8.33
3F0105	Consumers		16 400	39.67	17 300	44.59	16 500	72.39	17 100	78.07
Flour	All respondents	g	170 400	1.44	182 100	1.76	173 500	1.52	159 800	1.45
3F0106	Consumers		28 900	8.50	30 100	10.63	27 700	9.53	17 600	13.12
Starch / Substitute flour	All respondents	g	170 400	1.35	182 100	1.85	173 500	1.93	159 800	2.35
3F0107	Consumers		126 300	1.83	143 100	2.36	136 300	2.46	121 900	3.09
Breakfast cereals	All respondents	g	170 400	2.95	182 100	2.01	173 500	2.16	159 800	2.26
3F0108	Consumers		30 000	16.77	25 000	14.64	18 200	20.55	11 800	30.44
Cereal products, not specified	All respondents	g	170 400	*	182 100	*	173 500	*	159 800	*
3F0198	Consumers		*	*	*	*	*	*	*	*
Cereals, not specified	All respondents	g	170 400	0.57	182 100	0.83	173 500	0.99	159 800	0.63
3F0199	Consumers		8 000	12.21	11 100	13.52	10 000	17.26	6 500	15.39
Root vegetables / Tubers	All respondents	g	170 400	20.52	182 100	26.92	173 500	28.94	159 800	31.55
3F0301	Consumers		102 300	34.17	106 400	46.08	99 600	50.44	89 000	56.63
Leafy vegetables (including Brassica leafy vegetables)	All respondents	g	170 400	51.54	182 100	58.96	173 500	71.12	159 800	65.79
3F0302	Consumers		140 800	62.35	150 700	71.27	140 600	87.78	128 900	81.58
Stalk and stem vegetables	All respondents	g	170 400	2.01	182 100	2.21	173 500	2.21	159 800	2.05
3F0303	Consumers		18 600	18.40	21 400	18.82	13 400	28.57	13 100	24.96
Brassica (cole or cabbage) vegetables, head cabbage, flowerhead Brassicas	All respondents	g	170 400	13.21	182 100	10.95	173 500	15.07	159 800	13.96
3F0304	Consumers		68 800	32.71	62 500	31.89	56 200	46.55	53 900	41.43

Notes:

(a) Number of individuals are rounded to the nearest hundred.

(b) * Data not available due to too small number of respondents.

Table A.6 (cont'd) Average amount of food intake per day by (weighted) respondents and consumers by food subgroup by age group from 24HDR

Food Subgroup	Unit	6 to 8 years		9 to 11 years		12 to 14 years		15 to 17 years		
		Number	Amount	Number	Amount	Number	Amount	Number	Amount	
Squashes / Gourds	All respondents	g	170 400	11.34	182 100	11.34	173 500	11.21	159 800	12.30
3F0305	Consumers		49 900	38.71	50 200	41.15	46 800	41.59	44 300	44.40
Fruiting vegetables, other than squashes / gourds	All respondents	g	170 400	25.64	182 100	24.96	173 500	22.47	159 800	24.97
3F0306	Consumers		113 400	38.53	121 500	37.40	96 900	40.23	92 000	43.36
Bulb vegetables	All respondents	g	170 400	5.02	182 100	8.02	173 500	9.14	159 800	7.16
3F0307	Consumers		112 500	7.60	138 100	10.57	132 400	11.98	114 300	10.02
Legume vegetables	All respondents	g	170 400	3.25	182 100	3.65	173 500	4.00	159 800	4.82
3F0308	Consumers		33 400	16.60	38 100	17.49	27 700	25.11	28 300	27.18
Pulses	All respondents	g	170 400	*	182 100	0.36	173 500	0.71	159 800	*
3F0309	Consumers		*	*	6 100	10.82	5 600	21.86	*	*
Legume vegetable and pulse products	All respondents	g	170 400	6.89	182 100	10.79	173 500	10.02	159 800	11.56
3F0310	Consumers		42 700	27.49	60 400	32.52	47 200	36.87	57 300	32.26
Mushroom and fungus	All respondents	g	170 400	5.53	182 100	6.79	173 500	6.40	159 800	8.20
3F0311	Consumers		60 100	15.67	71 700	17.26	55 400	20.04	48 900	26.78
Seaweeds	All respondents	g	170 400	0.65	182 100	0.98	173 500	1.00	159 800	1.16
3F0312	Consumers		20 700	5.38	25 100	7.11	18 200	9.51	17 300	10.67
Preserved vegetables / Dried vegetables	All respondents	g	170 400	0.60	182 100	1.18	173 500	1.58	159 800	3.58
3F0313	Consumers		21 700	4.73	31 100	6.90	29 500	9.33	42 000	13.62
Vegetables and vegetable products, not specified	All respondents	g	170 400	0.43	182 100	2.58	173 500	3.54	159 800	4.54
3F0399	Consumers		3 600	20.45	17 700	26.61	15 200	40.42	15 000	48.32
Pome fruits	All respondents	g	170 400	27.58	182 100	27.78	173 500	29.12	159 800	24.32
3F0401	Consumers		70 000	67.08	60 900	83.07	55 800	90.59	40 600	95.65
Stone fruits	All respondents	g	170 400	3.90	182 100	2.89	173 500	4.97	159 800	3.17
3F0402	Consumers		14 900	44.47	11 900	44.17	13 500	64.15	11 800	42.77
Citrus fruits	All respondents	g	170 400	20.84	182 100	25.75	173 500	18.07	159 800	18.95
3F0403	Consumers		59 900	59.31	65 600	71.44	43 300	72.39	37 400	80.92
Berries and other small fruits	All respondents	g	170 400	7.55	182 100	7.21	173 500	4.87	159 800	3.64
3F0404	Consumers		50 200	25.65	45 000	29.17	30 300	27.90	18 300	31.84

Notes:

(a) Number of individuals are rounded to the nearest hundred.

(b) * Data not available due to too small number of respondents.

Table A.6 (cont'd) Average amount of food intake per day by (weighted) respondents and consumers by food subgroup by age group from 24HDR

Food Subgroup	Unit	6 to 8 years		9 to 11 years		12 to 14 years		15 to 17 years		
		Number	Amount	Number	Amount	Number	Amount	Number	Amount	
Assorted tropical and sub-tropical fruits - edible peel 3F0405	All respondents	g	170 400	0.62	182 100	0.77	173 500	0.55	159 800	1.40
	Consumers		4 300	24.74	4 500	31.62	4 300	22.12	6 600	34.07
Assorted tropical and sub-tropical fruits - inedible peel 3F0406	All respondents	g	170 400	19.48	182 100	22.45	173 500	18.36	159 800	16.92
	Consumers		64 500	51.49	71 700	57.02	55 000	57.91	44 700	60.46
Preserved fruits and dried fruits 3F0407	All respondents	g	170 400	0.54	182 100	0.29	173 500	0.16	159 800	0.12
	Consumers		7 800	11.80	9 400	5.69	6 500	4.20	5 300	3.55
Fruits, not specified 3F0499	All respondents	g	170 400	15.39	182 100	10.11	173 500	17.03	159 800	9.92
	Consumers		26 000	100.87	20 400	90.27	23 000	128.73	14 000	113.17
Tree nuts 3F0501	All respondents	g	170 400	0.60	182 100	1.08	173 500	0.48	159 800	0.61
	Consumers		10 900	9.39	14 300	13.79	6 500	12.86	5 700	16.98
Oilseed 3F0502	All respondents	g	170 400	0.31	182 100	0.50	173 500	0.43	159 800	0.77
	Consumers		18 700	2.83	20 800	4.37	13 000	5.75	20 000	6.14
Nuts / Seeds products 3F0503	All respondents	g	170 400	1.03	182 100	1.05	173 500	0.87	159 800	1.12
	Consumers		15 000	11.77	16 900	11.37	14 700	10.20	11 400	15.68
Nuts / Seeds, not specified 3F0599	All respondents	g	170 400	*	182 100	*	173 500	*	159 800	*
	Consumers		*	*	*	*	*	*	*	*
Cattle / Calf other than offal 3F0601	All respondents	g	170 400	17.56	182 100	23.22	173 500	27.59	159 800	30.55
	Consumers		79 100	37.84	93 000	45.47	88 600	54.03	82 100	59.45
Cattle / Calf offal 3F0602	All respondents	g	170 400	0.49	182 100	0.39	173 500	0.92	159 800	1.97
	Consumers		3 800	22.11	2 900	24.52	5 600	28.40	5 500	56.68
Pig other than offal 3F0603	All respondents	g	170 400	36.57	182 100	45.91	173 500	46.48	159 800	51.38
	Consumers		146 000	42.68	160 400	52.14	142 800	56.50	130 000	63.17
Pig offal 3F0604	All respondents	g	170 400	0.21	182 100	0.86	173 500	1.74	159 800	1.49
	Consumers		3 100	11.18	8 200	19.16	9 500	31.70	5 400	44.25
Sheep other than offal 3F0605	All respondents	g	170 400	*	182 100	1.46	173 500	*	159 800	1.17
	Consumers		*	*	6 500	40.82	*	*	3 800	49.41
Meat, not specified 3F0699	All respondents	g	170 400	2.22	182 100	2.39	173 500	2.42	159 800	2.36
	Consumers		22 000	17.18	18 500	23.59	17 700	23.68	16 600	22.73

Notes:

- (a) Number of individuals are rounded to the nearest hundred.
- (b) * Data not available due to too small number of respondents.

Table A.6 (cont'd) Average amount of food intake per day by (weighted) respondents and consumers by food subgroup by age group from 24HDR

Food Subgroup	Unit	6 to 8 years		9 to 11 years		12 to 14 years		15 to 17 years		
		Number	Amount	Number	Amount	Number	Amount	Number	Amount	
Chicken other than offal 3F0701	All respondents	g	170 400	36.20	182 100	36.79	173 500	47.12	159 800	46.35
	Consumers		121 200	50.89	124 200	53.95	118 100	69.21	101 100	73.28
Chicken offal 3F0702	All respondents	g	170 400	*	182 100	*	173 500	*	159 800	*
	Consumers		*	*	*	*	*	*	*	*
Duck other than offal 3F0703	All respondents	g	170 400	*	182 100	0.73	173 500	*	159 800	0.75
	Consumers		*	*	4 100	32.50	*	*	3 700	32.01
Duck offal 3F0704	All respondents	g	170 400	*	182 100	*	173 500	*	159 800	*
	Consumers		*	*	*	*	*	*	*	*
Goose other than offal 3F0705	All respondents	g	170 400	*	182 100	*	173 500	*	159 800	*
	Consumers		*	*	*	*	*	*	*	*
Goose offal 3F0706	All respondents	g	170 400	*	182 100	*	173 500	*	159 800	*
	Consumers		*	*	*	*	*	*	*	*
Turkey other than offal 3F0707	All respondents	g	170 400	*	182 100	*	173 500	*	159 800	*
	Consumers		*	*	*	*	*	*	*	*
Game other than offal 3F0801	All respondents	g	170 400	*	182 100	*	173 500	*	159 800	*
	Consumers		*	*	*	*	*	*	*	*
Chicken egg 3F0901	All respondents	g	170 400	29.44	182 100	33.32	173 500	33.80	159 800	36.74
	Consumers		132 800	37.79	144 900	41.87	130 300	45.01	115 500	50.86
Duck egg 3F0902	All respondents	g	170 400	0.56	182 100	0.63	173 500	0.50	159 800	0.66
	Consumers		9 600	9.88	9 900	11.49	7 400	11.81	9 800	10.74
Egg products and egg substitute products 3F0903#	All respondents	g	170 400	*	182 100	*	173 500	*	159 800	*
	Consumers		*	*	*	*	*	*	*	*
Egg, not specified 3F0999	All respondents	g	170 400	0.61	182 100	*	173 500	*	159 800	*
	Consumers		4 200	25.00	*	*	*	*	*	*
Milk 3F1001	All respondents	ml	170 400	52.29	182 100	66.06	173 500	45.01	159 800	40.43
	Consumers		65 400	136.19	76 000	158.29	57 500	135.73	46 400	139.41
Milk beverage 3F1002	All respondents	ml	170 400	28.62	182 100	24.60	173 500	28.14	159 800	20.13
	Consumers		45 500	107.14	35 000	128.09	30 700	159.06	20 000	160.53

Food group composed of solid and liquid items. When calculating the amount of food group consumption, the weight of liquid food was assumed to be 1g per 1ml.

Notes:

- (a) Number of individuals are rounded to the nearest hundred.
- (b) * Data not available due to too small number of respondents.

Table A.6 (cont'd) Average amount of food intake per day by (weighted) respondents and consumers by food subgroup by age group from 24HDR

Food Subgroup	Unit	6 to 8 years		9 to 11 years		12 to 14 years		15 to 17 years		
		Number	Amount	Number	Amount	Number	Amount	Number	Amount	
Dried milk	All respondents	g	170 400	*	182 100	0.35	173 500	0.53	159 800	*
3F1003	Consumers		*	*	4 000	15.69	2 600	35.65	*	*
Cream	All respondents	g	170 400	0.13	182 100	0.21	173 500	0.50	159 800	0.32
3F1004	Consumers		4 700	4.58	5 600	6.82	9 500	9.10	5 900	8.74
Cheese	All respondents	g	170 400	1.96	182 100	2.20	173 500	2.24	159 800	2.03
3F1005	Consumers		35 500	9.42	35 200	11.39	35 500	10.96	21 900	14.84
Milk and dairy products, not specified	All respondents	g	170 400	13.86	182 100	14.53	173 500	15.16	159 800	17.61
3F1099#	Consumers		33 500	70.49	39 400	67.14	35 500	74.01	27 400	102.79
Frozen confection, dairy-based	All respondents	g	170 400	9.07	182 100	6.77	173 500	7.58	159 800	6.98
3F1101	Consumers		37 300	41.37	31 100	39.60	31 100	42.26	26 000	42.96
Frozen confection, water-based	All respondents	g	170 400	1.81	182 100	1.27	173 500	*	159 800	*
3F1102	Consumers		8 900	34.57	4 500	51.86	*	*	*	*
Freshwater fish	All respondents	g	170 400	3.07	182 100	3.35	173 500	1.52	159 800	2.58
3F1201	Consumers		17 000	30.79	18 000	33.94	8 600	30.48	10 800	38.36
Seawater fish other than coral fish	All respondents	g	170 400	6.80	182 100	5.91	173 500	6.67	159 800	5.99
3F1202	Consumers		39 500	29.38	36 000	29.89	29 800	38.81	22 900	41.92
Freshwater / Seawater fish	All respondents	g	170 400	5.64	182 100	6.73	173 500	7.03	159 800	5.85
3F1203	Consumers		36 300	26.45	36 900	33.27	30 700	39.71	25 000	37.41
Coral fish	All respondents	g	170 400	1.35	182 100	1.16	173 500	1.39	159 800	1.53
3F1204	Consumers		9 300	24.58	8 400	24.97	6 500	37.31	5 900	41.20
Canned fish	All respondents	g	170 400	0.31	182 100	0.39	173 500	0.16	159 800	0.61
3F1205	Consumers		3 200	16.27	4 600	15.42	2 200	12.75	3 900	25.08
Dried fish and smoked fish	All respondents	g	170 400	0.27	182 100	0.18	173 500	0.36	159 800	0.46
3F1206	Consumers		5 200	8.71	2 400	13.78	5 600	11.04	5 500	13.54
Fish products (fish meat)	All respondents	g	170 400	10.69	182 100	10.36	173 500	9.61	159 800	10.30
3F1207	Consumers		56 900	32.01	58 900	32.01	49 300	33.81	37 700	43.64
Fish products (other than fish meat)	All respondents	g	170 400	0.83	182 100	1.50	173 500	1.19	159 800	1.70
3F1208	Consumers		6 700	21.25	11 900	22.91	8 200	25.02	8 600	31.66

Food group composed of solid and liquid items. When calculating the amount of food group consumption, the weight of liquid food was assumed to be 1g per 1ml.

Notes:

- (a) Number of individuals are rounded to the nearest hundred.
- (b) * Data not available due to too small number of respondents.

Table A.6 (cont'd) Average amount of food intake per day by (weighted) respondents and consumers by food subgroup by age group from 24HDR

Food Subgroup	Unit	6 to 8 years		9 to 11 years		12 to 14 years		15 to 17 years		
		Number	Amount	Number	Amount	Number	Amount	Number	Amount	
Fish, not specified	All respondents	g	170 400	1.89	182 100	2.53	173 500	4.01	159 800	4.57
3F1299	Consumers		9 500	34.00	13 900	33.19	16 900	41.22	15 100	48.22
Shrimp / Prawn	All respondents	g	170 400	5.68	182 100	5.72	173 500	6.89	159 800	5.82
3F1301	Consumers		46 700	20.71	50 100	20.79	44 100	27.10	31 400	29.63
Crab	All respondents	g	170 400	0.50	182 100	0.57	173 500	1.38	159 800	1.43
3F1302	Consumers		7 300	11.61	5 600	18.72	8 600	27.74	7 000	32.62
Lobster	All respondents	g	170 400	*	182 100	0.73	173 500	0.87	159 800	*
3F1303	Consumers		*	*	4 000	32.94	3 500	43.56	*	*
Univalve	All respondents	g	170 400	0.59	182 100	1.11	173 500	0.71	159 800	0.98
3F1401	Consumers		5 200	19.18	8 500	23.83	6 000	20.29	3 300	48.16
Bivalves	All respondents	g	170 400	1.60	182 100	3.02	173 500	2.57	159 800	1.40
3F1402	Consumers		22 400	12.16	26 800	20.50	20 700	21.52	14 700	15.30
Cephalopods	All respondents	g	170 400	1.61	182 100	2.48	173 500	2.54	159 800	3.08
3F1403	Consumers		13 900	19.72	19 000	23.82	21 200	20.78	15 100	32.73
Molluscs, not specified	All respondents	g	170 400	0.33	182 100	0.46	173 500	*	159 800	*
3F1499	Consumers		3 200	17.26	6 400	13.23	*	*	*	*
Animal fats and oils	All respondents	g	170 400	0.59	182 100	0.86	173 500	1.08	159 800	1.00
3F1501	Consumers		35 200	2.87	39 200	4.01	43 700	4.27	34 700	4.59
Vegetables fats and oils	All respondents	g	170 400	9.89	182 100	12.39	173 500	13.24	159 800	13.08
3F1502	Consumers		169 400	9.95	181 600	12.42	171 800	13.37	156 700	13.35
Salad dressing	All respondents	g	170 400	0.59	182 100	0.63	173 500	1.06	159 800	1.34
3F1503	Consumers		19 600	5.11	20 000	5.72	20 800	8.83	25 800	8.32
Fats and oils, not specified	All respondents	g	170 400	*	182 100	*	173 500	*	159 800	*
3F1599	Consumers		*	*	*	*	*	*	*	*
Coffee / Coffee substitute	All respondents	g	170 400	*	182 100	*	173 500	4.66	159 800	4.89
3F1601#	Consumers		*	*	*	*	6 500	124.58	6 400	121.62
Tea drink	All respondents	ml	170 400	39.50	182 100	83.86	173 500	117.32	159 800	151.52
3F1602	Consumers		45 300	148.67	71 800	212.69	84 800	240.12	91 500	264.74

Food group composed of solid and liquid items. When calculating the amount of food group consumption, the weight of liquid food was assumed to be 1g per 1ml.

Notes:

(a) Number of individuals are rounded to the nearest hundred.

(b) * Data not available due to too small number of respondents.

Table A.6 (cont'd) Average amount of food intake per day by (weighted) respondents and consumers by food subgroup by age group from 24HDR

Food Subgroup	Unit	6 to 8 years		9 to 11 years		12 to 14 years		15 to 17 years		
		Number	Amount	Number	Amount	Number	Amount	Number	Amount	
Tea leaves / Tea powder	All respondents	g	170 400	*	182 100	*	173 500	*	159 800	*
3F1603	Consumers		*	*	*	*	*	*	*	*
Soy, cereal, grain, seed and chocolate drink	All respondents	g	170 400	37.30	182 100	40.04	173 500	41.33	159 800	57.16
3F1604#	Consumers		52 100	122.08	55 400	131.63	48 000	149.41	53 300	171.53
Carbonated drink	All respondents	ml	170 400	34.91	182 100	45.03	173 500	68.92	159 800	68.55
3F1605	Consumers		43 100	137.89	51 800	158.33	58 000	206.30	51 000	214.62
"Icy" Drinks	All respondents	ml	170 400	*	182 100	*	173 500	3.22	159 800	5.66
3F1606	Consumers		*	*	*	*	3 900	142.70	5 500	164.41
Fresh fruit and vegetable juice	All respondents	ml	170 400	5.98	182 100	10.63	173 500	7.16	159 800	3.37
3F1607	Consumers		12 700	80.47	17 600	110.19	15 600	79.56	6 500	83.24
Fruit and vegetable juice drink	All respondents	g	170 400	27.68	182 100	25.35	173 500	25.34	159 800	24.44
3F1608#	Consumers		37 400	126.03	35 900	128.75	30 200	145.36	23 400	166.82
Chinese herb tea	All respondents	ml	170 400	11.29	182 100	15.53	173 500	8.61	159 800	11.92
3F1609	Consumers		15 700	122.25	18 100	155.83	9 900	150.20	9 200	207.10
Sport / "Healthy" drink	All respondents	g	170 400	6.35	182 100	8.98	173 500	8.07	159 800	14.35
3F1610#	Consumers		6 900	156.83	10 200	160.71	6 000	232.18	8 800	259.37
Water	All respondents	ml	170 400	806.27	182 100	925.54	173 500	1 076.88	159 800	1 102.31
3F1611# ^	Consumers		169 900	808.58	182 100	925.54	172 200	1 085.03	158 200	1 113.79
Non-alcoholic beverages, not specified	All respondents	g	170 400	7.31	182 100	7.82	173 500	10.94	159 800	13.17
3F1699#	Consumers		9 200	135.52	10 700	133.68	12 100	156.46	13 400	157.49
Wines made from grapes	All respondents	ml	170 400	0.00	182 100	0.00	173 500	*	159 800	*
3F1702	Consumers		3 200	0.17	5 100	0.01	*	*	*	*
Wines made from ingredients other than grapes	All respondents	ml	170 400	0.14	182 100	0.13	173 500	0.24	159 800	0.37
3F1703	Consumers		45 000	0.52	58 900	0.40	65 300	0.64	56 500	1.05
Distilled spirits	All respondents	ml	170 400	*	182 100	*	173 500	*	159 800	*
3F1704	Consumers		*	*	*	*	*	*	*	*

Food group composed of solid and liquid items. When calculating the amount of food group consumption, the weight of liquid food was assumed to be 1g per 1ml.

^ Food item - Water (for recipe use) is grouped under 3F1611, however it is classed as solid food instead of fluid.

Notes:

- (a) Number of individuals are rounded to the nearest hundred.
- (b) Values of 0.00 denote an amount less than 0.005.
- (c) * Data not available due to too small number of respondents.

Table A.6 (cont'd) Average amount of food intake per day by (weighted) respondents and consumers by food subgroup by age group from 24HDR

Food Subgroup	Unit	6 to 8 years		9 to 11 years		12 to 14 years		15 to 17 years		
		Number	Amount	Number	Amount	Number	Amount	Number	Amount	
Sugar	All respondents	g	170 400	1.04	182 100	1.40	173 500	1.81	159 800	1.94
3F1801	Consumers		145 700	1.21	159 700	1.59	145 800	2.15	138 800	2.23
Honey / Molasses / Syrups	All respondents	g	170 400	1.05	182 100	0.89	173 500	0.68	159 800	0.92
3F1803	Consumers		23 700	7.57	24 200	6.67	17 400	6.75	15 500	9.42
Jams / Preserves	All respondents	g	170 400	0.28	182 100	0.25	173 500	0.32	159 800	0.20
3F1804	Consumers		5 700	8.48	5 900	7.83	7 400	7.53	2 700	11.97
Jellies	All respondents	g	170 400	4.63	182 100	2.46	173 500	1.32	159 800	0.62
3F1805	Consumers		17 700	44.59	9 800	45.73	3 900	58.87	2 600	37.28
Candy	All respondents	g	170 400	2.65	182 100	2.13	173 500	1.18	159 800	1.29
3F1806	Consumers		59 400	7.62	46 300	8.39	25 600	7.99	22 600	9.09
Chocolate	All respondents	g	170 400	2.06	182 100	2.55	173 500	1.37	159 800	1.25
3F1808	Consumers		37 800	9.29	30 400	15.25	16 900	14.06	18 100	11.05
Sugars and confectionery, not specified	All respondents	g	170 400	*	182 100	*	173 500	*	159 800	*
3F1899	Consumers		*	*	*	*	*	*	*	*
Herbs	All respondents	g	170 400	0.04	182 100	0.11	173 500	0.18	159 800	0.12
3F1901	Consumers		5 800	1.22	14 300	1.34	11 700	2.73	12 500	1.47
Spices	All respondents	g	170 400	0.34	182 100	0.47	173 500	0.89	159 800	1.10
3F1902	Consumers		118 800	0.49	139 000	0.62	142 700	1.08	128 500	1.37
Salt and salt substitute	All respondents	g	170 400	0.87	182 100	1.01	173 500	1.14	159 800	1.20
3F2001	Consumers		168 800	0.88	178 200	1.03	171 400	1.16	158 200	1.21
Soya Sauce / Siu-mei sauce / Lo-mei sauce	All respondents	g	170 400	3.73	182 100	4.55	173 500	5.51	159 800	5.71
3F2002	Consumers		162 700	3.91	174 700	4.74	158 800	6.02	150 600	6.06
Oyster sauce	All respondents	g	170 400	0.71	182 100	0.72	173 500	0.57	159 800	0.78
3F2003	Consumers		56 700	2.13	72 200	1.81	39 800	2.49	41 200	3.04
Vinegar	All respondents	g	170 400	0.28	182 100	0.29	173 500	0.54	159 800	0.84
3F2004	Consumers		22 700	2.08	20 100	2.61	22 100	4.27	19 900	6.77
Gravy	All respondents	g	170 400	*	182 100	*	173 500	*	159 800	*
3F2005	Consumers		*	*	*	*	*	*	*	*

Notes:

- (a) Number of individuals are rounded to the nearest hundred.
(b) * Data not available due to too small number of respondents.

Table A.6 (cont'd) Average amount of food intake per day by (weighted) respondents and consumers by food subgroup by age group from 24HDR

Food Subgroup	Unit	6 to 8 years		9 to 11 years		12 to 14 years		15 to 17 years		
		Number	Amount	Number	Amount	Number	Amount	Number	Amount	
Condiments, not specified 3F2098	All respondents	g	170 400	0.84	182 100	0.91	173 500	1.42	159 800	1.84
	Consumers		119 400	1.20	143 800	1.15	136 700	1.80	126 500	2.33
Savoury sauces, not specified 3F2099	All respondents	g	170 400	6.78	182 100	8.94	173 500	10.64	159 800	11.18
	Consumers		133 700	8.63	149 500	10.89	141 900	13.01	131 200	13.63
Savoury snacks, potato, cereal, flour or starch-based 3F2601	All respondents	g	170 400	2.81	182 100	3.39	173 500	2.23	159 800	2.88
	Consumers		39 100	12.27	38 600	15.99	24 200	15.99	25 300	18.22
Savoury snacks, not specified 3F2699	All respondents	g	170 400	0.23	182 100	0.64	173 500	0.21	159 800	0.24
	Consumers		15 700	2.45	21 800	5.37	6 900	5.20	7 000	5.53
Traditional Chinese herbs 3F2701	All respondents	g	170 400	0.13	182 100	0.01	173 500	0.10	159 800	0.06
	Consumers		4 300	5.22	2 400	0.75	6 100	2.80	5 400	1.90
Traditional Chinese herb products 3F2702	All respondents	g	170 400	*	182 100	*	173 500	*	159 800	*
	Consumers		*	*	*	*	*	*	*	*
Formula products for children of age from 36 months onwards 3F2801#	All respondents	g	170 400	3.81	182 100	0.66	173 500	*	159 800	*
	Consumers		16 700	38.79	5 500	22.22	*	*	*	*
Formula products for special dietary use 3F2802#	All respondents	g	170 400	*	182 100	*	173 500	*	159 800	*
	Consumers		*	*	*	*	*	*	*	*
Food supplements 3F2804#	All respondents	g	170 400	0.90	182 100	*	173 500	*	159 800	*
	Consumers		3 700	41.33	*	*	*	*	*	*
Miscellaneous (animal and its products) 3F3001	All respondents	g	170 400	*	182 100	*	173 500	*	159 800	*
	Consumers		*	*	*	*	*	*	*	*
Miscellaneous (other than animal and its products) 3F3002	All respondents	g	170 400	*	182 100	0.01	173 500	0.02	159 800	*
	Consumers		*	*	6 500	0.30	5 600	0.54	*	*
Dumpling dim sum (steamed or in soup) 3F4101	All respondents	g	170 400	21.08	182 100	22.12	173 500	20.67	159 800	20.88
	Consumers		44 900	80.07	46 300	87.08	32 500	110.48	27 500	121.16
Steamed bun 3F4102	All respondents	g	170 400	5.87	182 100	6.60	173 500	4.20	159 800	3.20
	Consumers		23 500	42.65	27 300	44.04	14 300	51.10	11 300	45.14
Rice-roll 3F4103	All respondents	g	170 400	5.43	182 100	5.26	173 500	3.69	159 800	4.03
	Consumers		14 600	63.52	15 700	61.06	8 200	77.89	7 000	92.28

Food group composed of solid and liquid items. When calculating the amount of food group consumption, the weight of liquid food was assumed to be 1g per 1ml.

Notes:

- (a) Number of individuals are rounded to the nearest hundred.
- (b) * Data not available due to too small number of respondents.

Table A.6 (cont'd) Average amount of food intake per day by (weighted) respondents and consumers by food subgroup by age group from 24HDR

Food Subgroup	Unit	6 to 8 years		9 to 11 years		12 to 14 years		15 to 17 years		
		Number	Amount	Number	Amount	Number	Amount	Number	Amount	
Glutinous rice wrapped in leaves dim sum 3F4104	All respondents	g	170 400	1.98	182 100	3.45	173 500	*	159 800	*
	Consumers		6 300	53.79	7 400	85.03	*	*	*	*
Fried dim sum 3F4105	All respondents	g	170 400	4.34	182 100	9.38	173 500	10.73	159 800	9.95
	Consumers		15 200	48.62	22 900	74.72	19 900	93.54	16 000	99.57
Steamed dim sum, not specified 3F4199	All respondents	g	170 400	0.45	182 100	0.65	173 500	*	159 800	*
	Consumers		2 600	28.69	4 500	26.44	*	*	*	*
Sashimi, fish 3F4201	All respondents	g	170 400	*	182 100	*	173 500	1.36	159 800	1.58
	Consumers		*	*	*	*	5 600	41.84	4 300	58.30
Sashimi, seafood other than fish 3F4202	All respondents	g	170 400	*	182 100	0.25	173 500	0.38	159 800	*
	Consumers		*	*	3 000	14.80	2 200	30.40	*	*
Sushi, fish 3F4203	All respondents	g	170 400	2.15	182 100	2.56	173 500	4.93	159 800	4.54
	Consumers		6 300	58.40	7 100	65.89	11 700	73.17	8 200	89.05
Sushi, seafood other than fish 3F4204	All respondents	g	170 400	2.27	182 100	2.58	173 500	2.03	159 800	1.52
	Consumers		8 400	45.82	8 400	55.72	6 900	50.92	4 900	49.98
Sushi, not specified 3F4299	All respondents	g	170 400	5.76	182 100	4.72	173 500	4.15	159 800	3.06
	Consumers		12 000	81.81	9 500	90.56	10 800	66.50	6 400	76.72
Siu-mei 3F4301	All respondents	g	170 400	5.28	182 100	5.51	173 500	5.15	159 800	4.47
	Consumers		36 700	24.50	36 400	27.60	26 300	33.91	21 300	33.66
Lo-mei 3F4302	All respondents	g	170 400	3.17	182 100	3.85	173 500	4.53	159 800	5.18
	Consumers		16 500	32.67	18 500	37.90	17 700	44.38	18 600	44.64
Pizza with meat / poultry / sausage 3F5501	All respondents	g	170 400	1.14	182 100	1.65	173 500	2.19	159 800	3.19
	Consumers		4 700	41.43	5 100	58.24	6 500	58.48	4 300	117.38
Pizza with seafood 3F5502	All respondents	g	170 400	*	182 100	1.41	173 500	*	159 800	*
	Consumers		*	*	3 000	86.20	*	*	*	*
Pizza with cheese only 3F5503	All respondents	g	170 400	1.89	182 100	1.11	173 500	*	159 800	*
	Consumers		6 800	47.72	3 000	66.32	*	*	*	*
Pizza, vegetarian 3F5504	All respondents	g	170 400	*	182 100	*	173 500	*	159 800	*
	Consumers		*	*	*	*	*	*	*	*

Notes:

(a) Number of individuals are rounded to the nearest hundred.

(b) * Data not available due to too small number of respondents.

Table A.6 (cont'd) Average amount of food intake per day by (weighted) respondents and consumers by food subgroup by age group from 24HDR

Food Subgroup	Unit	6 to 8 years		9 to 11 years		12 to 14 years		15 to 17 years		
		Number	Amount	Number	Amount	Number	Amount	Number	Amount	
Soups, clear, Chinese-style 3F5601	All respondents	ml	170 400	73.86	182 100	103.77	173 500	73.54	159 800	80.44
	Consumers		94 700	132.96	107 500	175.80	73 600	173.49	71 700	179.29
Soups, thick, Chinese-style 3F5602	All respondents	ml	170 400	1.92	182 100	*	173 500	2.44	159 800	*
	Consumers		4 700	68.87	*	*	3 500	122.21	*	*
Soups, Asian-style 3F5603	All respondents	ml	170 400	1.77	182 100	3.00	173 500	6.27	159 800	4.79
	Consumers		3 200	94.10	5 900	93.16	10 000	109.17	7 200	106.36
Soups, Western-style 3F5604	All respondents	ml	170 400	2.83	182 100	7.83	173 500	8.57	159 800	5.39
	Consumers		5 600	85.47	12 900	110.56	14 300	104.15	6 000	142.91
Soups, not specified 3F5699	All respondents	ml	170 400	19.03	182 100	22.68	173 500	32.21	159 800	38.20
	Consumers		89 600	36.18	99 000	41.73	99 100	56.39	91 500	66.74
Burgers 3F5801	All respondents	g	170 400	6.12	182 100	6.41	173 500	10.41	159 800	10.82
	Consumers		15 100	68.97	13 700	85.22	22 900	79.01	19 200	90.20
Sweet soup 3F5901	All respondents	g	170 400	2.66	182 100	6.07	173 500	6.25	159 800	5.35
	Consumers		5 100	89.26	11 800	93.83	9 100	119.09	5 900	144.78
Desserts other than sweet soup 3F5902	All respondents	g	170 400	4.68	182 100	4.30	173 500	3.38	159 800	3.32
	Consumers		15 500	51.54	17 800	43.90	10 000	58.76	9 100	58.52
Bread / Roll, plain 3F6001	All respondents	g	170 400	11.90	182 100	13.04	173 500	16.28	159 800	16.38
	Consumers		75 700	26.78	74 900	31.71	74 000	38.18	63 300	41.38
Bread / Roll with meat/poultry/fish/seafood 3F6002	All respondents	g	170 400	5.13	182 100	4.53	173 500	3.94	159 800	4.70
	Consumers		20 200	43.24	17 200	48.02	13 000	52.63	13 600	55.15
Bread / Roll with inclusion or filling other than meat/poultry/fish/seafood 3F6003	All respondents	g	170 400	8.20	182 100	8.11	173 500	5.94	159 800	7.02
	Consumers		37 800	36.96	32 100	46.00	25 100	40.99	21 700	51.74
Pancakes / Waffles 3F6004	All respondents	g	170 400	1.05	182 100	2.03	173 500	1.03	159 800	1.13
	Consumers		7 200	24.75	10 400	35.56	3 900	45.83	4 400	41.36
Crackers 3F6005	All respondents	g	170 400	6.36	182 100	5.31	173 500	3.14	159 800	2.96
	Consumers		77 800	13.92	65 200	14.85	33 000	16.53	28 800	16.44
Cake 3F6006	All respondents	g	170 400	10.66	182 100	7.83	173 500	5.91	159 800	7.23
	Consumers		54 600	33.25	39 200	36.40	24 300	42.31	25 600	45.06

Notes:

- (a) Number of individuals are rounded to the nearest hundred.
(b) * Data not available due to too small number of respondents.

Table A.6 (cont'd) Average amount of food intake per day by (weighted) respondents and consumers by food subgroup by age group from 24HDR

Food Subgroup		Unit	6 to 8 years		9 to 11 years		12 to 14 years		15 to 17 years	
			Number	Amount	Number	Amount	Number	Amount	Number	Amount
Cookies / Pastry / Pie 3F6007	All respondents	g	170 400	7.24	182 100	3.82	173 500	5.35	159 800	4.57
	Consumers		43 900	28.08	22 200	31.32	24 300	38.21	18 300	39.88
Muffin /Scones 3F6008	All respondents	g	170 400	*	182 100	*	173 500	*	159 800	*
	Consumers		*	*	*	*	*	*	*	*
Chinese pastry, cake or pudding 3F6009	All respondents	g	170 400	0.73	182 100	0.76	173 500	*	159 800	*
	Consumers		3 000	41.37	3 500	39.40	*	*	*	*
Chinese pastry other than cake or pudding 3F6010	All respondents	g	170 400	0.95	182 100	1.31	173 500	2.28	159 800	2.61
	Consumers		6 800	23.98	9 400	25.47	9 500	41.61	11 500	36.16

Notes:

- (a) Number of individuals are rounded to the nearest hundred.
- (b) * Data not available due to too small number of respondents.

Table A.7 Distribution of amount of food intake per day over the past 12 months prior to the interview by (weighted) respondents and consumers by FFQ item

FFQ item no.	FFQ item name	Unit	Number of persons who do not know amount	Number of persons who know amount	Mean	Median	5 th percentile	95 th percentile	97.5 th percentile	
3FFQ001	Cooked swordfish	All respondents	g	12 800	673 100	0.02	0.00	0.00	0.00	0.00
		Consumers		12 800	12 500	1.28	0.31	0.08	5.98	7.98
3FFQ002	Swordfish sashimi	All respondents	g	8 300	677 600	0.03	0.00	0.00	0.00	0.00
		Consumers		8 300	16 600	1.19	0.44	0.08	4.77	11.44
3FFQ003	Swordfish sushi	All respondents	g	8 300	677 500	0.12	0.00	0.00	0.00	0.62
		Consumers		8 300	29 300	2.87	0.73	0.21	12.49	24.36
3FFQ004	Cooked tuna	All respondents	g	2 100	683 800	0.53	0.00	0.00	2.66	4.44
		Consumers		2 100	237 300	1.52	0.41	0.04	6.21	9.95
3FFQ005	Tuna sashimi	All respondents	g	1 600	684 300	0.14	0.00	0.00	0.54	1.61
		Consumers		1 600	79 100	1.25	0.46	0.08	4.60	11.05
3FFQ006	Tuna sushi	All respondents	g	2 600	683 300	0.47	0.00	0.00	2.37	4.73
		Consumers		2 600	123 800	2.60	1.08	0.10	10.26	12.58
3FFQ007	Cooked cod fish	All respondents	g	2 800	683 100	1.15	0.16	0.00	5.02	8.36
		Consumers		2 800	384 800	2.03	0.96	0.10	7.72	12.54
3FFQ008	Freshwater hairy crab/mitten crab	All respondents	g	3 900	682 000	0.11	0.00	0.00	0.72	1.05
		Consumers		3 900	163 800	0.48	0.38	0.05	1.53	1.91
3FFQ009	Fish floss	All respondents	g	2 400	683 400	0.10	0.00	0.00	0.28	0.79
		Consumers		2 400	260 500	0.26	0.04	0.00	1.12	2.28
3FFQ010	Energy drink	All respondents	ml	1 900	684 000	6.08	0.00	0.00	32.88	67.39
		Consumers		1 900	183 600	22.66	4.79	0.41	98.63	142.47
3FFQ011	Lychees (peak season)	All respondents	g	2 000	683 900	4.58	0.28	0.00	19.81	33.02
		Consumers		2 000	346 300	9.05	4.40	0.55	33.02	48.10
3FFQ011	Lychees (annual)	All respondents	g	2 000	683 900	1.13	0.07	0.00	4.89	8.14
		Consumers		2 000	346 300	2.23	1.09	0.14	8.14	11.86
3FFQ012	Chinese New Year pudding (peak season)	All respondents	g	400	685 500	5.36	0.00	0.00	25.00	33.25
		Consumers		400	341 900	10.75	6.65	1.65	33.25	45.00
3FFQ012	Chinese New Year pudding (annual)	All respondents	g	400	685 500	0.44	0.00	0.00	2.05	2.73
		Consumers		400	341 900	0.88	0.55	0.14	2.73	3.70

Notes:

- (a) Food items without indication of peak season are available all year round.
- (b) Intake per day refers to the relevant peak / annual / all year round period. Intake per day is the total consumption amount over the past 12 months prior to the interview divided by the corresponding period. For annual/all year period, intake per day is the total consumption amount over the past 12 months prior to the interview divided by 365 days. As for peak season, intake per day is the total consumption amount over the past 12 months prior to the interview divided by the duration of peak consumption period as specified in Table 1.3.
- (c) Number of individuals are rounded to the nearest hundred.
- (d) Values of 0.00 denote an amount less than 0.005.

Table A.7 (cont'd) Distribution of amount of food intake per day over the past 12 months prior to the interview by respondents and consumers by FFQ item

FFQ item no.	FFQ item name		Unit	Number of persons who do not know amount	Number of persons who know amount	Mean	Median	5th percentile	95th percentile	97.5th percentile
3FFQ013	Crispy triangle (peak season)	All respondents	g	900	685 000	0.34	0.00	0.00	2.17	3.90
		Consumers		900	87 900	2.62	1.73	0.43	8.67	8.67
3FFQ013	Crispy triangle (annual)	All respondents	g	900	685 000	0.03	0.00	0.00	0.18	0.32
		Consumers		900	87 900	0.22	0.14	0.04	0.71	0.71
3FFQ014	Baked mooncake (peak season)	All respondents	g	2 000	683 800	2.57	1.33	0.00	10.00	13.89
		Consumers		2 000	520 900	3.38	2.00	0.33	10.67	15.00
3FFQ014	Baked mooncake (annual)	All respondents	g	2 000	683 800	0.32	0.16	0.00	1.23	1.71
		Consumers		2 000	520 900	0.42	0.25	0.04	1.32	1.85
3FFQ015	Snowy mooncake (peak season)	All respondents	g	1 100	684 800	1.95	0.31	0.00	7.33	11.00
		Consumers		1 100	357 900	3.73	2.44	0.31	11.00	13.44
3FFQ015	Snowy mooncake (annual)	All respondents	g	1 100	684 800	0.24	0.04	0.00	0.90	1.36
		Consumers		1 100	357 900	0.46	0.30	0.04	1.36	1.66

Notes:

- (a) Food items without indication of peak season are available all year round.
- (b) Intake per day refers to the relevant peak / annual / all year round period. Intake per day is the total consumption amount over the past 12 months prior to the interview divided by the corresponding period. For annual/all year period, intake per day is the total consumption amount over the past 12 months prior to the interview divided by 365 days. As for peak season, intake per day is the total consumption amount over the past 12 months prior to the interview divided by the duration of peak consumption period as specified in Table 1.3.
- (c) Number of individuals are rounded to the nearest hundred.
- (d) Values of 0.00 denote an amount less than 0.005.

