

**The Second Hong Kong Population-based**  
**Food Consumption Survey**

**Demographic Information Questionnaire**

**Part 1: Language**

1. Language Used:        English

**Part 2: General Information**

1. Serial No.: \_\_\_\_\_

2. Respondent Code : \_\_\_\_\_

3. Interviewer ID : \_\_\_\_\_

4. Date of Interview : 

□	□	-	□	□	-	20	□	□
d	d		m	m			y	y

5. Time Start : 

□	□	:	□	□
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6. Time End : 

□	□	:	□	□
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7. Interview Day Sequence :    Day 1 / Day 2

8. Interview Method :         In-Person

Telephone

9. Place of Interview :         Respondent's home

Interview Centre

Other (Specify): \_\_\_\_\_

10. Interview completed with the help of other family members or someone else :      Yes

No

11. Remarks :

\_\_\_\_\_

\_\_\_\_\_

### Part 3: Personal Particulars of Respondents

1. Gender :  Male  
 Female

2. Age Information:

Month / Year of Birth: -  
  m m    y y    y y

If the Respondent refuses to provide month / year of birth, please ask for the respondent's age:  
\_\_\_\_\_ years old

If the Respondent refuses to provide age, please ask for respondent's age group:

- 18 - 29  
 30 - 49  
 50 - 64  
 64 - 79  
 80 or above

(Note 1: Respondent's age must be at least 18 years old. Under most circumstances, respondent's age shall not exceed 100 years old.)

(Note 2: If the respondent refuses to provide any age information, the survey shall be discontinued.)

If the respondent is female and aged between 18 and 64, please ask if the respondent is currently **pregnant**:

- Yes     No     Not Sure     Don't know     Refused

If the respondent is female, aged between 18 and 64 and is raising infant(s), please ask if the respondent **breastfeeds** the infant(s):

- Yes     No     Refused

3. Years Lived in HK: \_\_\_\_\_ years (Note: Respondent's years lived in HK shall not exceed the age of the Respondent)

- Since birth  
 Forgot  
 Refused

4. Ethnic Group:
- Chinese (including: Hanzu and other minorities)
  - Filipino
  - Indonesian
  - Japanese
  - Korean
  - Thai
  - Indian
  - Pakistani
  - Bangladeshi / Sri-Lankan
  - Nepalese
  - Other Asian (e.g. Malaysian, Vietnamese)
  - White: British (e.g. English, Scottish)
  - White: Other European (e.g. Dutch, French, German, Irish, Portuguese)
  - White: American, Canadian
  - White: Australian, New Zealander
  - White: Others
  - Black (e.g. South African, Somali)
  - Mixed: Chinese & Asian
  - Mixed: Chinese & White
  - Mixed: Chinese & Black
  - Mixed: Chinese & Other Ethnic Group
  - Mixed: Others
  - Other (Specify): \_\_\_\_\_
  - Refused

5. Education Level:
- No Schooling / Kindergarten
  - Primary (P.1 – P.6)
  - Junior Secondary (F.1 – F.3)
  - Senior Secondary (F.4 – F.6 / F.7)
  - Project Yi Jin
  - Technical / Vocational Training (Craft course / Apprenticeship)
  - Technical / Vocational Training (Diploma / Cert. course)
  - Tertiary Education (Non-degree / Sub-degree courses)
  - Tertiary Education (Bachelor's degree courses)
  - Tertiary Education (Master's / Doctoral degree courses)
  - Other (Specify): \_\_\_\_\_
  - Refused

6. Employment Information:

- 6a. Currently Working or Not:  Yes (Go To Question 6c )  
 No (Go To Question 6b )  
 Refused (Go To Question 7 )

- 6b. If the Respondent is not working, reason for not working:  Homemaker  
 Retired  
 Student  
 Jobless

- 6c. If the Respondent is currently working, occupation is:
- Employers / Managers / Administrators
  - Professionals
  - Associate Professionals
  - Clerks
  - Service Workers and Shop Sales Workers
  - Skilled Agricultural and Fishery Workers
  - Crafts and Related Assemblers
  - Plant and Machine Operators and Assemblers
  - Elementary Occupations and Non-Skilled Workers
  - Other (Specify): \_\_\_\_\_
  - Refused

7. Height:  Self-Reporting  Measured
- \_\_\_\_\_ . \_\_\_\_ cm  
\_\_\_\_\_ feet \_\_\_\_ inch
- Refused

(Note 1: For height, either centimeters or feet & inches shall be filled.)

(Note 2: If the respondent's height is below 100cm / 3 ft 3 in or above 200cm / 6 ft 6 in, please re-confirm the input values.)

8. Weight:    Weight 1:  Self-Reporting    Measured

\_\_\_\_\_ . \_\_\_\_ kg

\_\_\_\_\_ . \_\_\_\_ lbs

Weight 2: Measured

\_\_\_\_\_ . \_\_\_\_ kg

\_\_\_\_\_ . \_\_\_\_ lbs

Refused

(Note 1: For weight, either kilograms or pounds shall be filled.)

(Note 2: Weight shall be measured twice. If the difference between Weight 1 and 2 exceed 1kg / 2.2lbs, please re-confirm the input values)

(Note 3: If the respondent's weight is below 30kg / 66lbs or above 100kg / 220lbs, please re-confirm the input values.)

**~ The End ~**

# The Second Hong Kong Population-based

## Food Consumption Survey

### 24-Hour Dietary Recall (24HDR) Questionnaire

#### General Information

1. Language Used:        English
  
2. Serial No. : \_\_\_\_\_
3. Respondent Code : \_\_\_\_\_
4. Interviewer ID : \_\_\_\_\_
  
5. Date of Interview : --20  
                                  d d    m m            y y
  
6. Day : Mon / Tues / Wed / Thu / Fri / Sat / Sun
  
7. Time Start : :
  
8. Time End : :
  
9. Interview Day Sequence : Day 1 / Day 2

**Part 1: Individual Intake Form**

Quick List of Food Items	Column 1			Column 2						Column 3
	A. Time	B. Occasion	C. Place of Meal consumed	A. Description of Food/Drink	B. Cooking Method	C. Seasoning added	D. Kind of Salt added	E. Savoury Sauce added	F. Kind of Cooking Oil added	How much of this (Food / Beverage) did you actually (eat / drink)?

<b>Water consumed (whole day)</b>	<b>Column 4</b>	
	<b>A. Description of Water consumed</b>	<b>B. How much of the Water did you actually drink?</b>



**Column 1B - Occasion**

M01. Breakfast	M02. Brunch	M03. Lunch	M04. Afternoon Tea
M05. Dinner	M06. Late night meal	M07. Fruit	M08. Food and/or Beverage break
M09. Snack	M10. Beverages, Alcoholic & others		

**Column 1C - Place of Meal Consumed**

01. Home	02. Restaurant / Cafeteria / Fast Food Shop / Deli	03. Bar / Lounge	04. Food Stall / Hawker
05. Canteen (e.g. Work / University canteen)	06. Work place	07. School	08. Day care
09. Friend's / Relative's home	10. Outdoor (e.g. picnic, BBQ)	11. Other (Please specify)	997. Forgot
998. Refused			

**Column 2B - Cooking Method**

C00. Ready-to-eat / Consumed as raw	C01. Cooked in water	C02. Steamed / Double-boiled	C03. Stewed / Braised
C04. Stir-fried	C05. Pan-fried	C06. Deep-fried	C07. Baked / Roasted
C08. Toasted	C09. Barbecued / Grilled	C10. Microwave	C11. Others (Please specify)

**Column 2C - Seasoning Type**

S01. Seasoning for vegetables	S02. Seasoning for beef	S03. Seasoning for pork	S04. Seasoning for poultry
S05. Seasoning for egg	S05a. Seasoning for egg (stir / pan-fried)	S06. Seasoning for fish	S07. Seasoning for seafood
S08. Seasoning in general			

**Column 2D – Kind of Salt**

01. Iodised Salt	02. Iodised Salt, low sodium	03. Table Salt	04. Table salt, low sodium
05. Other salt substitute (Please specify)	06. Other salt (Please specify)	07. Unknown	

**Column 2E - Savoury Sauce**

01. “Chu-hou” paste	02. “Hoi-sin” sauce	03. Abalone sauce	04. Barbecue sauce
05. Black pepper sauce	06. Black soybean paste	07. Black soybean sauce	08. Brown sauce
09. Chilli broad bean paste / Chilli bean paste (Toban sauce)	10. Chilli paste	11. Chilli sauce	12. Chilli sauce, Guilin-style
13. Chilli sauce, Thai-style	14. Clam sauce	15. Concentrated chicken stock	16. Curry sauce
17. Fermented soya bean paste	18. Garlic sauce	19. Hollandaise sauce	20. Hot and sour sauce
21. Hot and spicy sauce, Sichuan-style	22. Laksa Paste	23. Lemon sauce	24. Miso paste
25. Mustard	26. Onion sauce	27. Portuguese sauce	28. Red braising sauce
29. Sa Cha sauce	30. Salsa	31. Satay sauce	32. Sesame seed paste
33. Shrimp paste	34. Sour plum sauce	35. Spaghetti sauce	36. Supreme sauce
37. Sweet and sour sauce	38. Sweet bean paste	39. Sweet chilli sauce, Thai-style	40. Swiss sauce
41. Tartar sauce	42. Teriyaki sauce / Eel teriyaki sauce	43. Tomato paste or Catsup / Ketchup	44. White sauce
45. Oyster sauce (Item not specified)	46. Other kind of savoury sauces (Please specify)		

**Column 2F – Cooking Oil**

01. Beef tallow	02. Butter	03. Fish oil	04. Lard
05. Mutton tallow	06. Poultry fat	07. Animal fats and oils (Item not specified)	08. “Tea seed” oil
09. Camellia oil	10. Canola oil	11. Corn oil	12. Cottonseed oil
13. Grapeseed oil	14. Linseed oil	15. Margarine	16. Olive oil
17. Peanut oil	18. Rapeseed oil	19. Safflower oil	20. Shortening
21. Soybean oil	22. Sunflower oil	23. Topical palm oil	24. Other kind of vegetable oils (Please specify)
25. Other kind of fats and oils (Please specify)	26. Unknown		

**Column 4A – Drinking Water**

01. Bottled distilled water	02. Bottled drinking water	03. Bottled mineral / Spring water	04. Tap water
05. Other kind of water (Please specify)	06. Not Applicable		

## **Part 2: Dietary Practice**

**1. Current dietary habit:**

- (00) No special diet, I eat almost everything
- (01) Ovo-lacto-vegetarian
- (02) Vegan (i.e. strict vegetarian)
- (03) Dietary management regime
- (04) Diet for lactating mothers
- (05) Other special diet (Please specify): \_\_\_\_\_

**2. Unusual intake / Special day meal:**

- (1) Usual (Proceed to “Food Frequency Questionnaire”)
- (2) Less than Usual (Go to Question 2a)
- (3) More than usual (Go to Question 2b)

**2a. Main reason for eating less than usual:**

- (01) Sickness
- (02) Short of money
- (03) Travelling
- (04) At a social function, special meal or on a special day
- (05) On vacation or day off
- (06) Too busy
- (07) Not hungry
- (08) Dieting
- (09) Fasting
- (10) Bored
- (11) Stressed
- (12) Other (Please specify): \_\_\_\_\_

**2b. Main reason for eating more than usual:**

- (01) Travelling
- (02) At a social function, special meal or on a special day
- (03) On vacation or day off
- (04) Very hungry
- (05) Bored
- (06) Stressed
- (07) Minimise food waste
- (08) Other (Please specify): \_\_\_\_\_

**Thank you for your cooperation !**

### **Part 3: Interview Information**

1. Did you or the respondent have difficulty with this intake interview?

(1) Yes      (2) No    (Go to Question 3)

2. What was the reason for this difficulty?

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3. Interview method:    (1) In-person

(2) Telephone

4. Place of interview:    (1) Respondent's home

(2) Interview Centre

(3) Other (Please specify): \_\_\_\_\_

5. Was interview completed with the help of other family members or someone else?

(1) Yes      (2) No

6. Remarks:

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~ **The End** ~



## Part 2: Food Intake Information

Over the past 12 months...

### 1. Cooked swordfish

1a. How often did you eat **Cooked swordfish**?

- (00) Never (Go to question 2)
- (01) Every day
- (02) Every week
- (03) Every month
- (04) Every year
- (05) Don't know

1b. How many times did you eat **Cooked swordfish** in the selected period interval?

\_\_\_\_\_ time(s)

1c. Each time you ate **Cooked swordfish**, how much did you usually eat?

- (1) \_\_\_\_\_ Serving A
- (2) \_\_\_\_\_ g
- (3) \_\_\_\_\_ oz
- (4) \_\_\_\_\_ Tael

### 2. Swordfish sashimi

2a. How often did you eat **Swordfish sashimi**?

- (00) Never (Go to question 3)
- (01) Every day
- (02) Every week
- (03) Every month
- (04) Every year
- (05) Don't know

2b. How many times did you eat **Swordfish sashimi** in the selected period interval?

\_\_\_\_\_ time(s)

2c. Each time you ate **Swordfish sashimi**, how much did you usually eat?

- (1) \_\_\_\_\_ Serving A
- (2) \_\_\_\_\_ g

### 3. Swordfish sushi

3a. How often did you eat **Swordfish sushi**?

- (00) Never (Go to question 4)
- (01) Every day
- (02) Every week
- (03) Every month
- (04) Every year
- (05) Don't know

3b. How many times did you eat **Swordfish sushi** in the selected period interval?

\_\_\_\_\_ time(s)

3c. Each time you ate **Swordfish sushi**, how much did you usually eat?

- (1) \_\_\_\_\_ Serving A
- (2) \_\_\_\_\_ g

**4. Canned tuna**

4a. How often did you eat **Canned tuna**?

- (00) Never (Go to question 5)
- (01) Every day
- (02) Every week
- (03) Every month
- (04) Every year
- (05) Don't know

4b. How many times did you eat **Canned tuna** in the selected period interval?

\_\_\_\_\_ time(s)

4c. Each time you ate **Canned tuna**, how much did you usually eat?

- (1) \_\_\_\_\_ Serving A
- (2) \_\_\_\_\_ Serving B
- (3) \_\_\_\_\_ g
- (4) \_\_\_\_\_ oz

**5. Cooked tuna**

5a. How often did you eat **Cooked tuna**?

- (00) Never (Go to question 6)
- (01) Every day
- (02) Every week
- (03) Every month
- (04) Every year
- (05) Don't know

5b. How many times did you eat **Cooked tuna** in the selected period interval?

\_\_\_\_\_ time(s)

5c. Each time you ate **Cooked tuna**, how much did you usually eat?

- (1) \_\_\_\_\_ Serving A
- (2) \_\_\_\_\_ g
- (3) \_\_\_\_\_ oz
- (4) \_\_\_\_\_ Tael

**6. Tuna sashimi**

6a. How often did you eat **Tuna sashimi**?

- (00) Never (Go to question 7)
- (01) Every day
- (02) Every week
- (03) Every month
- (04) Every year
- (05) Don't know

6b. How many times did you eat **Tuna sashimi** in the selected period interval?

\_\_\_\_\_ time(s)

6c. Each time you ate **Tuna sashimi**, how much did you usually eat?

- (1) \_\_\_\_\_ Serving A
- (2) \_\_\_\_\_ g

**7. Tuna sushi**

7a. How often did you eat **Tuna sushi**?

- (00) Never (Go to question 8)
- (01) Every day
- (02) Every week
- (03) Every month
- (04) Every year
- (05) Don't know



7b. How many times did you eat **Tuna sushi** in the selected period interval?  
\_\_\_\_\_ time(s)

7c. Each time you ate **Tuna sushi**, how much did you usually eat?  
(1) \_\_\_\_\_ Serving A  
(2) \_\_\_\_\_ g

**8. Smoked fish**

8a. How often did you eat **Smoked fish**?  
(00) Never (Go to question 9)  
(01) Every day  
(02) Every week  
(03) Every month  
(04) Every year  
(05) Don't know

8b. How many times did you eat **Smoked fish** in the selected period interval?  
\_\_\_\_\_ time(s)

8c. Each time you ate **Smoked fish**, how much did you usually eat?  
(1) \_\_\_\_\_ Serving A  
(2) \_\_\_\_\_ g  
(3) \_\_\_\_\_ oz  
(4) \_\_\_\_\_ Tael

**9. Cooked oysters**

[Remarks: Other than dried oyster]

9a. How often did you eat **Cooked oysters**?  
(00) Never (Go to question 10)  
(01) Every day  
(02) Every week  
(03) Every month  
(04) Every year  
(05) Don't know

9b. How many times did you eat **Cooked oysters** in the selected period interval?  
\_\_\_\_\_ time(s)

9c. Each time you ate **Cooked oysters**, how much did you usually eat?  
(1) \_\_\_\_\_ Serving A  
(2) \_\_\_\_\_ Serving B  
(3) \_\_\_\_\_ g  
(4) \_\_\_\_\_ oz  
(5) \_\_\_\_\_ Tael

**10. Raw oysters**

[Remarks: Eaten at raw state]

10a. How often did you eat **Raw oysters**?  
(00) Never (Go to question 11)  
(01) Every day  
(02) Every week  
(03) Every month  
(04) Every year  
(05) Don't know

10b. How many times did you eat **Raw oysters** in the selected period interval?  
\_\_\_\_\_ time(s)

10c. Each time you ate **Raw oysters**, how much did you usually eat?

- (1) \_\_\_\_\_ Serving A
- (2) \_\_\_\_\_ g
- (3) \_\_\_\_\_ oz
- (4) \_\_\_\_\_ Tael

**11. Dried oysters**

11a. How often did you eat **Dried oysters**?

- (00) Never (Go to question 12)
- (01) Every day
- (02) Every week
- (03) Every month
- (04) Every year
- (05) Don't know

11b. How many times did you eat **Dried oysters** in the selected period interval?  
\_\_\_\_\_ time(s)

11c. Each time you ate **Dried oysters**, how much did you usually eat?

- (1) \_\_\_\_\_ Serving A
- (2) \_\_\_\_\_ g
- (3) \_\_\_\_\_ oz
- (4) \_\_\_\_\_ Tael

**12. Shark's fin**

12a. How often did you eat **Shark's fin**?

- (00) Never (Go to question 13)
- (01) Every day
- (02) Every week
- (03) Every month
- (04) Every year
- (05) Don't know

12b. How many times did you eat **Shark's fin** in the selected period interval?  
\_\_\_\_\_ time(s)

12c. Each time you ate **Shark's fin**, how much did you usually eat?

- (1) \_\_\_\_\_ Serving A
- (2) \_\_\_\_\_ Serving B
- (3) \_\_\_\_\_ Serving C
- (4) \_\_\_\_\_ g
- (5) \_\_\_\_\_ oz
- (6) \_\_\_\_\_ Tael

**13. Shark's fin edges**

13a. How often did you eat **Shark's fin edges**?

- (00) Never (Go to question 14)
- (01) Every day
- (02) Every week
- (03) Every month
- (04) Every year
- (05) Don't know

13b. How many times did you eat **Shark's fin edges** in the selected period interval?  
\_\_\_\_\_ time(s)

13c. Each time you ate **Shark's fin edges**, how much did you usually eat?

- (1) \_\_\_\_\_ Serving A
- (2) \_\_\_\_\_ g
- (3) \_\_\_\_\_ oz
- (4) \_\_\_\_\_ Tael

**14. Jelly fish**

14a. How often did you eat **Jelly fish**?

- (00) Never (Go to question 15)
- (01) Every day
- (02) Every week
- (03) Every month
- (04) Every year
- (05) Don't know

14b. How many times did you eat **Jelly fish** in the selected period interval?

\_\_\_\_\_ time(s)

14c. Each time you ate **Jelly fish**, how much did you usually eat?

- (1) \_\_\_\_\_ Serving A
- (2) \_\_\_\_\_ Serving B
- (3) \_\_\_\_\_ g
- (4) \_\_\_\_\_ oz
- (5) \_\_\_\_\_ Tael

**15. Mantis shrimp**

15a. How often did you eat **Mantis shrimp**?

- (00) Never (Go to question 16)
- (01) Every day
- (02) Every week
- (03) Every month
- (04) Every year
- (05) Don't know

15b. How many times did you eat **Mantis shrimp** in the selected period interval?

\_\_\_\_\_ time(s)

15c. Each time you ate **Mantis shrimp**, how much did you usually eat?

- (1) \_\_\_\_\_ Serving A
- (2) \_\_\_\_\_ Serving B
- (3) \_\_\_\_\_ g
- (4) \_\_\_\_\_ oz
- (5) \_\_\_\_\_ Tael

**16. Coral clams**

16a. How often did you eat **Coral clams**?

- (00) Never (Go to question 17)
- (01) Every day
- (02) Every week
- (03) Every month
- (04) Every year
- (05) Don't know

16b. How many times did you eat **Coral clams** in the selected period interval?

\_\_\_\_\_ time(s)

16c. Each time you ate **Coral clams**, how much did you usually eat?

- (1) \_\_\_\_\_ Serving A
- (2) \_\_\_\_\_ g
- (3) \_\_\_\_\_ oz
- (4) \_\_\_\_\_ Tael

**17. Seaweeds**  
**[Remarks: Not include snack type seaweed]**

17a. How often did you eat **Seaweeds**?

- (00) Never (Go to question 18)
- (01) Every day
- (02) Every week
- (03) Every month
- (04) Every year
- (05) Don't know

17b. How many times did you eat **Seaweeds** in the selected period interval?

\_\_\_\_\_ time(s)

17c. Each time you ate **Seaweeds**, how much did you usually eat?

- (1) \_\_\_\_\_ Serving A
- (2) \_\_\_\_\_ Serving B
- (3) \_\_\_\_\_ g
- (4) \_\_\_\_\_ oz
- (5) \_\_\_\_\_ Tael

**18. Seaweed**  
**(Pre-packed, snack type)**

18a. How often did you eat **Seaweed (Pre-packed, snack type)**?

- (00) Never (Go to question 19)
- (01) Every day
- (02) Every week
- (03) Every month
- (04) Every year
- (05) Don't know

18b. How many times did you eat **Seaweed (Pre-packed, snack type)** in the selected period interval?

\_\_\_\_\_ time(s)

18c. Each time you ate **Seaweed (Pre-packed, snack type)**, how much did you usually eat?

- (1) \_\_\_\_\_ Serving A
- (2) \_\_\_\_\_ g

**19. Dried apricot**

19a. How often did you eat **Dried apricot**?

- (00) Never (Go to question 20)
- (01) Every day
- (02) Every week
- (03) Every month
- (04) Every year
- (05) Don't know

19b. How many times did you eat **Dried apricot** in the selected period interval?

\_\_\_\_\_ time(s)

19c. Each time you ate **Dried apricot**, how much did you usually eat?

- (1) \_\_\_\_\_ Serving A
- (2) \_\_\_\_\_ g
- (3) \_\_\_\_\_ oz
- (4) \_\_\_\_\_ Tael

**20. Pickled / Dried olive**

20a. How often did you eat **Pickled / Dried olive**?

- (00) Never (Go to question 21)
- (01) Every day
- (02) Every week
- (03) Every month
- (04) Every year
- (05) Don't know

20b. How many times did you eat **Pickled / Dried olive** in the selected period interval?

\_\_\_\_\_ time(s)

20c. Each time you ate **Pickled / Dried olive**, how much did you usually eat?

- (1) \_\_\_\_\_ Serving A
- (2) \_\_\_\_\_ g
- (3) \_\_\_\_\_ oz

**21. Corn flakes**

21a. How often did you eat **Corn flakes**?

- (00) Never (Go to question 22)
- (01) Every day
- (02) Every week
- (03) Every month
- (04) Every year
- (05) Don't know

21b. How many times did you eat **Corn flakes** in the selected period interval?

\_\_\_\_\_ time(s)

21c. Each time you ate **Corn flakes**, how much did you usually eat?

- (1) \_\_\_\_\_ Serving A
- (2) \_\_\_\_\_ Serving B
- (3) \_\_\_\_\_ Serving C
- (4) \_\_\_\_\_ g
- (5) \_\_\_\_\_ oz

**22. Microwave popcorn**

22a. How often did you eat **Microwave popcorn**?

- (00) Never (Go to question 23)
- (01) Every day
- (02) Every week
- (03) Every month
- (04) Every year
- (05) Don't know

22b. How many times did you eat **Microwave popcorn** in the selected period interval?

\_\_\_\_\_ time(s)

22c. Each time you ate **Microwave popcorn**, how much did you usually eat?

- (1) \_\_\_\_\_ Serving A
- (2) \_\_\_\_\_ Serving B
- (3) \_\_\_\_\_ g
- (4) \_\_\_\_\_ oz

**23. Diet soft drinks / Drinks sweetened with artificial / intense sweeteners**

23a. How often did you drink **Diet soft drinks / Drinks sweetened with artificial / intense sweeteners?**

- (00) Never (Go to question 24)
- (01) Every day
- (02) Every week
- (03) Every month
- (04) Every year
- (05) Don't know

23b. How many times did you drink **Diet soft drinks / Drinks sweetened with artificial / intense sweeteners** in the selected period interval?

\_\_\_\_\_ time(s)

23c. Each time you drank **Diet soft drinks/ Drinks sweetened with artificial/ intense sweeteners**, how much did you usually drink?

- (1) \_\_\_\_\_ Serving A
- (2) \_\_\_\_\_ Serving B
- (3) \_\_\_\_\_ Serving C
- (4) \_\_\_\_\_ Serving D
- (5) \_\_\_\_\_ ml
- (6) \_\_\_\_\_ fl oz

**24. Energy drink**

24a. How often did you drink **Energy drink?**

- (00) Never (Go to question 25)
- (01) Every day
- (02) Every week
- (03) Every month
- (04) Every year
- (05) Don't know

24b. How many times did you drink **Energy drink** in the selected period interval?

\_\_\_\_\_ time(s)

24c. Each time you drank **Energy drink**, how much did you usually drink?

- (1) \_\_\_\_\_ Serving A
- (2) \_\_\_\_\_ Serving B
- (3) \_\_\_\_\_ Serving C
- (4) \_\_\_\_\_ Serving D
- (5) \_\_\_\_\_ ml
- (6) \_\_\_\_\_ fl oz

**25. Prune juice**

25a. How often did you drink **Prune juice?**

- (00) Never (Go to question 26)
- (01) Every day
- (02) Every week
- (03) Every month
- (04) Every year
- (05) Don't know

25b. How many times did you drink **Prune juice** in the selected period interval?

\_\_\_\_\_ time(s)

25c. Each time you drank **Prune juice**, how much did you usually drink?

- (1) \_\_\_\_\_ Serving A
- (2) \_\_\_\_\_ Serving B
- (3) \_\_\_\_\_ ml
- (4) \_\_\_\_\_ fl oz

**26. Chinese New Year pudding**

26a. Over the past 12 months, did you eat **Chinese New Year pudding**?

- (00) No (Go to question 27)
- (05) Don't know (Go to question 27)
- (01) Yes

26b. How many times did you eat **Chinese New Year pudding** during the Chinese New Year?

- (00) Never (Go to question 27)
- (05) Don't know (Go to question 27)
- (01) \_\_\_\_\_ times

26c. Each time you ate **Chinese New Year pudding** during the Chinese New Year, how much did you usually eat?

- (1) \_\_\_\_\_ Serving A
- (2) \_\_\_\_\_ g
- (3) \_\_\_\_\_ oz
- (4) \_\_\_\_\_ Tael

**27. Chinese New Year sweetened fruit and vegetables**

[Remarks: Such as glace winter melon, glace lotus seed, glace coconut]

27a. Over the past 12 months, did you eat **Chinese New Year sweetened fruit and vegetables**?

- (00) No (Go to question 28)
- (05) Don't know (Go to question 28)
- (01) Yes

27b. How many times did you eat **Chinese New Year sweetened fruit and vegetables** during the Chinese New Year?

- (00) Never (Go to question 28)
- (05) Don't know (Go to question 28)
- (01) \_\_\_\_\_ times

27c. Each time you ate **Chinese New Year sweetened fruit and vegetables** during the Chinese New Year, how much did you usually eat?

- (1) \_\_\_\_\_ Serving A
- (2) \_\_\_\_\_ g
- (3) \_\_\_\_\_ oz
- (4) \_\_\_\_\_ Tael

**28. Crispy triangle**

28a. Over the past 12 months, did you eat **Crispy triangle**?

- (00) No (Go to question 29)
- (05) Don't know (Go to question 29)
- (01) Yes

28b. How many times did you eat **Crispy triangle** during the Chinese New Year?

- (00) Never (Go to question 29)
- (05) Don't know (Go to question 29)
- (01) \_\_\_\_\_ times

28c. Each time you ate **Crispy triangle** during the Chinese New Year, how much did you usually eat?

- (1) \_\_\_\_\_ Serving A
- (2) \_\_\_\_\_ g
- (3) \_\_\_\_\_ oz
- (4) \_\_\_\_\_ Tael

**29. Sesame ball**

29a. Over the past 12 months, did you eat **Sesame ball**?

- (00) No (Go to question 30)
- (05) Don't know (Go to question 30)
- (01) Yes

29b. How many times did you eat **Sesame ball** during the Chinese New Year?

- (00) Never (Go to question 29d)
- (05) Don't know (Go to question 29d)
- (01) \_\_\_\_\_ times

29c. Each time you ate **Sesame ball** during the Chinese New Year, how much did you usually eat?

- (1) \_\_\_\_\_ Serving A
- (2) \_\_\_\_\_ Serving B
- (3) \_\_\_\_\_ Serving C
- (4) \_\_\_\_\_ g
- (5) \_\_\_\_\_ oz
- (6) \_\_\_\_\_ Tael

29d. How many times did you eat **Sesame ball** during the rest of the year?

- (00) Never (Go to question 30)
- (05) Don't know (Go to question 30)
- (01) \_\_\_\_\_ times

29e. Each time you ate **Sesame ball** during the rest of the year, how much did you usually eat?

- (1) \_\_\_\_\_ Serving A
- (2) \_\_\_\_\_ Serving B
- (3) \_\_\_\_\_ Serving C
- (4) \_\_\_\_\_ g
- (5) \_\_\_\_\_ oz
- (6) \_\_\_\_\_ Tael

**30. Melon seeds**

**[Remarks: Such as red and black melon seed, pumpkin seed, sunflower seed]**

30a. Over the past 12 months, did you eat **Melon seeds**?

- (00) No (Go to question 31)
- (05) Don't know (Go to question 31)
- (01) Yes

30b. How many times did you eat **Melon seeds** during the Chinese New Year?

- (00) Never (Go to question 30d)
- (05) Don't know (Go to question 30d)
- (01) \_\_\_\_\_ times



30c. Each time you ate **Melon seeds** during the Chinese New Year, how much did you usually eat?

- (1) \_\_\_\_\_ Serving A
- (2) \_\_\_\_\_ Serving B
- (3) \_\_\_\_\_ Serving C
- (4) \_\_\_\_\_ Serving D
- (5) \_\_\_\_\_ g
- (6) \_\_\_\_\_ oz
- (7) \_\_\_\_\_ Tael

30d. How many times did you eat **Melon seeds** during the rest of the year?

- (00) Never (Go to question 31)
- (05) Don't know (Go to question 31)
- (01) \_\_\_\_\_ times

30e. Each time you ate **Melon seeds** during the rest of the year, how much did you usually eat?

- (1) \_\_\_\_\_ Serving A
- (2) \_\_\_\_\_ Serving B
- (3) \_\_\_\_\_ Serving C
- (4) \_\_\_\_\_ Serving D
- (5) \_\_\_\_\_ g
- (6) \_\_\_\_\_ oz
- (7) \_\_\_\_\_ Tael

**31. Glutinous rice dumplings**

31a. Over the past 12 months, did you eat **Glutinous rice dumplings**?

- (00) No (Go to question 32)
- (05) Don't know (Go to question 32)
- (01) Yes

31b. How many times did you eat **Glutinous rice dumplings** during the period of Dragon Boat Festival?

- (00) Never (Go to question 31d)
- (05) Don't know (Go to question 31d)
- (01) \_\_\_\_\_ times

31c. Each time you ate **Glutinous rice dumplings** during the period of Dragon Boat Festival, how much did you usually eat?

- (1) \_\_\_\_\_ Serving A
- (2) \_\_\_\_\_ g
- (3) \_\_\_\_\_ oz
- (4) \_\_\_\_\_ Tael

31d. How many times did you eat **Glutinous rice dumplings** during the rest of the year?

- (00) Never (Go to question 32)
- (05) Don't know (Go to question 32)
- (01) \_\_\_\_\_ times

31e. Each time you ate **Glutinous rice dumplings** during the rest of the year, how much did you usually eat?

- (1) \_\_\_\_\_ Serving A
- (2) \_\_\_\_\_ g
- (3) \_\_\_\_\_ oz
- (4) \_\_\_\_\_ Tael

**32. Longans**

32a. Over the past 12 months, did you eat **Longans**?

- (00) No (Go to question 33)
- (05) Don't know (Go to question 33)
- (01) Yes

32b. How many times did you eat **Longans** when in season?

- (00) Never (Go to question 32d)
- (05) Don't know (Go to question 32d)
- (01) \_\_\_\_\_ times

32c. Each time you ate **Longans** when in season, how much did you usually eat?

- (1) \_\_\_\_\_ Serving A
- (2) \_\_\_\_\_ g
- (3) \_\_\_\_\_ oz
- (4) \_\_\_\_\_ Tael

32d. How many times did you eat **Longans** during the rest of the year?

- (00) Never (Go to question 33)
- (05) Don't know (Go to question 33)
- (01) \_\_\_\_\_ times

32e. Each time you ate **Longans** during the rest of the year, how much did you usually eat?

- (1) \_\_\_\_\_ Serving A
- (2) \_\_\_\_\_ g
- (3) \_\_\_\_\_ oz
- (4) \_\_\_\_\_ Tael

### 33. Lychees

33a. Over the past 12 months, did you eat **Lychees**?

- (00) No (Go to question 34)
- (05) Don't know (Go to question 34)
- (01) Yes

33b. How many times did you eat **Lychees** when in season?

- (00) Never (Go to question 33d)
- (05) Don't know (Go to question 33d)
- (01) \_\_\_\_\_ times

33c. Each time you ate **Lychees** when in season, how much did you usually eat?

- (1) \_\_\_\_\_ Serving A
- (2) \_\_\_\_\_ g
- (3) \_\_\_\_\_ oz
- (4) \_\_\_\_\_ Tael

33d. How many times did you eat **Lychees** during the rest of the year?

- (00) Never (Go to question 34)
- (05) Don't know (Go to question 34)
- (01) \_\_\_\_\_ times

33e. Each time you ate **Lychees** during the rest of the year, how much did you usually eat?

- (1) \_\_\_\_\_ Serving A
- (2) \_\_\_\_\_ g
- (3) \_\_\_\_\_ oz
- (4) \_\_\_\_\_ Tael

### 34. Baked mooncake

34a. Over the past 12 months, did you eat **Baked mooncake**?

- (00) No (Go to question 35)
- (05) Don't know (Go to question 35)
- (01) Yes

34b. How many times did you eat **Baked mooncake** during the period of Mid-autumn Festival?

- (00) Never (Go to question 35)
- (05) Don't know (Go to question 35)
- (01) \_\_\_\_\_ times

34c. Each time you ate **Baked mooncake** during the period of Mid-autumn Festival, how much did you usually eat?

- (1) \_\_\_\_\_ Serving A
- (2) \_\_\_\_\_ Serving B
- (3) \_\_\_\_\_ Serving C
- (4) \_\_\_\_\_ g
- (5) \_\_\_\_\_ oz

35. **Snowy mooncake**

35a. Over the past 12 months, did you eat **Snowy mooncake**?

- (00) No (Go to question 36)
- (05) Don't know (Go to question 36)
- (01) Yes

35b. How many times did you eat **Snowy mooncake** during the period of Mid-autumn Festival?

- (00) Never (Go to question 36)
- (05) Don't know (Go to question 36)
- (01) \_\_\_\_\_ times

35c. Each time you ate **Snowy mooncake** during the period of Mid-autumn Festival, how much did you usually eat?

- (1) \_\_\_\_\_ Serving A
- (2) \_\_\_\_\_ Serving B
- (3) \_\_\_\_\_ g
- (4) \_\_\_\_\_ oz

36. **Freshwater hairy crab / Mitten crab**

36a. Over the past 12 months, did you eat **Freshwater hairy crab / Mitten crab**?

- (00) No (Go to Part 3)
- (05) Don't know (Go to Part 3)
- (01) Yes

36b. How many times did you eat **Freshwater hairy crab / Mitten crab** when in season?

- (00) Never (Go to Part 3)
- (05) Don't know (Go to Part 3)
- (01) \_\_\_\_\_ times

36c. Each time you ate **Freshwater hairy crab / Mitten crab** when in season, how much did you usually eat?

- (1) \_\_\_\_\_ Serving A
- (2) \_\_\_\_\_ g
- (3) \_\_\_\_\_ oz
- (4) \_\_\_\_\_ Tael

### Part 3: Dietary Supplement Intake Information

- Do you take **dietary supplement**? (1) Yes (Go to question 1)  
(2) No (End Interview)  
(3) Don't know (End Interview)

#### 1. Single vitamin

- 1a. Do you take **Single vitamin**?  
(1) Yes (Go to question 1b)  
(2) No (Go to question 2)
- 1b. How many times do you usually take **Single vitamin** in a week?  
\_\_\_\_\_ time(s)

#### 2. Single mineral

- 2a. Do you take **Single mineral**?  
(1) Yes (Go to question 2b)  
(2) No (Go to question 3)
- 2b. How many times do you usually take **Single mineral** in a week?  
\_\_\_\_\_ time(s)

#### 3. Vitamins and/or Minerals

[Remarks: 2 or more; Include multivitamins/multiminerals]

- 3a. Do you take **Vitamins and/or Minerals**?  
(1) Yes (Go to question 3b)  
(2) No (Go to question 4)
- 3b. How many times do you usually take **Vitamins and/or Minerals** in a week?  
\_\_\_\_\_ time(s)

#### 4. Dietary fibre supplements

- 4a. Do you take **Dietary fibre supplements**?  
(1) Yes (Go to question 4b)  
(2) No (Go to question 5)
- 4b. How many times do you usually take **Dietary fibre supplements** in a week?  
\_\_\_\_\_ time(s)

**5. Protein / Amino acids supplements**

5a. Do you take **Protein / Amino acids supplements**

(1) Yes (Go to question 5b)

(2) No (Go to question 6)

5b. How many times do you usually take **Protein / Amino acids supplements** in a week?

\_\_\_\_\_ time(s)

**6. Oil or fatty acids supplements**

6a. Do you take **Oil or fatty acids supplements**?

(1) Yes (Go to question 6b)

(2) No (Go to question 7)

6b. How many times do you usually take **Oil or fatty acids supplements** in a week?

\_\_\_\_\_ time(s)

**7. Do you take other dietary supplement?**

(1) Yes

(2) No

**Thank you for your cooperation !**

## **Part 4: Interview Information**

1. Did you or the respondent have difficulty with this intake interview?

(1) Yes      (2) No    (Go to Question 3)

2. What was the reason for the difficulty ?

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3. Was interview completed with the help of other family members or someone else?

(1) Yes      (2) No

**~ The End ~**