

Trade Guidelines on Regulation of Konjac-containing Jelly Confectionery

規管蒟蒻果凍的業界指引

Trade Consultation Forum
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業界諮詢論壇
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Konjac as ingredient

- Jelly confectionery products may contain the ingredient konjac, which is also known as conjac, konnyaku, yam flour, glucomannan or E425
- Konjac is considered as a safe food additive by Codex
 - serve as a thickener, emulsifier, stabilizer, etc.

蒟蒻作為食物配料

- 果凍產品可能含有蒟蒻成分，蒟蒻也被稱為魔芋、葡甘露聚糖或E425
- 食品法典委員會認為蒟蒻是一種安全的食物添加劑
 - 可用作增稠劑、乳化劑、穩定劑等

配料：純淨水，白砂糖，濃縮果汁，**蒟蒻粉**，**食品添加劑【卡拉膠，檸檬酸，DL-蘋果酸，甜靈素，阿斯巴甜（含苯丙氨酸）】**，食用香精

Ingredients: Purified water, White sugar, Concentrated fruit juice, **Konjac powder**, Food additives (Carrageenan, Citric acid, DL-malic acid, Potassium chloride, Sodium citrate, Potassium sorbate, Acesulfameae, Cyclamate, Aspartame (containing Phenylalanine), Flavor

成份：水、荔枝原汁、蔗糖、果糖粉、果糖粉、**增稠劑(E425)**、**酸度調節劑(E296、E331、E330)**、調味料及調味劑

水、果糖、柑橘果汁粉(柑橘濃縮汁、麥芽糊精)、膠體(洋菜粉、**蒟蒻葡甘露聚糖**、刺槐豆膠、玉米糖膠、鹿角菜膠、氯化鉀)、黑大豆種皮萃取物(花青素)、金盞草萃取物(含葉黃素20%)、檸檬酸、檸檬酸鈉

Ingredients: High fructose corn syrup, Passion fruit juice, Acid regulators (Citric acid, Calcium lactate, Sodium citrate), Gelling agents (Gellan gum, Potassium chloride, Xanthan gum, **Glucomannan**), Vitamin C, Flavour and flavouring, Calcium pantothenate, Emulsifier (Sucrose esters of fatty acids), Niacin, Vitamin E, Vitamin B₁, Vitamin B₂

Water, sugar-mixed corn syrup, Sugar, Grape juice, Dextrin, **Konnyaku powder**, Gelling agent (E407), Thickener (E415, E412), Acid (E296), Acidity regulator (E331), Grape flavor

成分：水，白砂糖，**魔芋粉**，**酸度調節劑(E331)**，**增稠劑(E407)**，**調味劑(葡萄)**，**增稠劑(E410)**，**穩定劑(E508)**，**增稠劑(E415)**，**酸度調節劑(E330)**，**色素(E163(ii)、E164、E150a)**，**防腐劑(E202)**

Jelly confectionery containing konjac

- The smooth and slippery surface and firm texture of konjac jellies may pose a choking risk if not consumed properly
 - Mini-cup konjac jellies can increase the choking risk due to their unique product design
- Amend the Food and Drugs (Composition and Labelling) Regulations (Cap. 132W)
 - Strengthen regulation of prepackaged konjac-containing jelly confectionery

含蒟蒻成分的果凍

- 蒟蒻果凍的表面光滑而且質地結實，食用方法不當可能會帶來哽噎風險
 - 迷你杯裝蒟蒻果凍的獨特產品設計可能會增加哽噎風險
- 修訂《食物及藥物（成分組合及標籤）規例》（第132W章）
 - 加強對預先包裝蒟蒻果凍的規管

Food and Drugs (Composition and Labelling) (Amendment) Regulation 2025

- Gazetted on 18 July 2025
- Completed the negative vetting procedure of the Legislative Council on 20 August 2025
- **Take effect on 1 April 2026**
- Provides for the composition and labelling requirements for prepackaged jelly confectionery containing konjac

《2025年食物及藥物（成分組合及標籤）（修訂）規例》

- 2025年7月18日刊憲
- 2025年8月20日完成立法會的先訂立後審議程序
- **2026年4月1日實施**
- 對含有蒟蒻成分的預先包裝果凍的成分及標籤要求作出規定

Trade Guidelines on Regulation of Konjac-containing Jelly Confectionery

《規管蒟蒻果凍的業界指引》

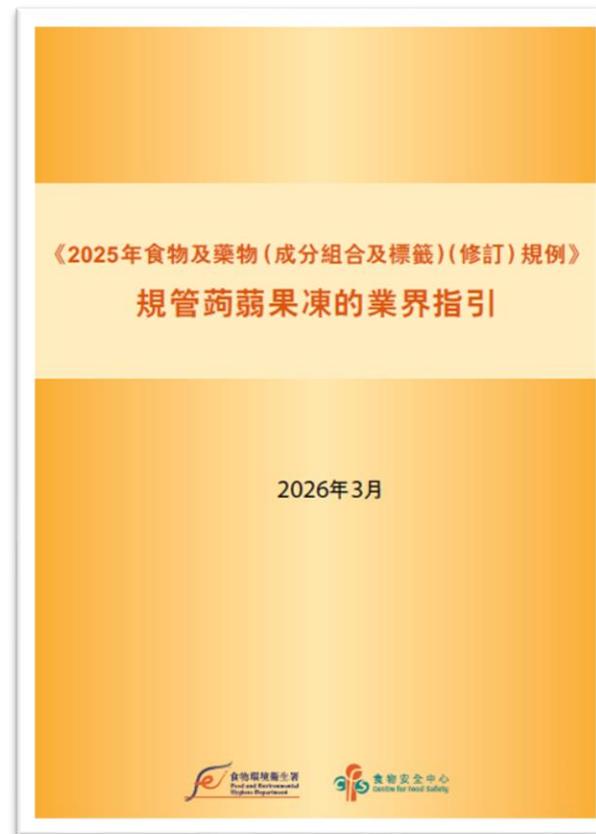


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- 常見問題

Chapter 1: Introduction

第一章：引言

Purpose

- To assist the trade in
 - having a better understanding of the Amendment Regulation regarding the regulation of konjac-containing jelly confectionery
 - complying with the relevant requirements under the Food and Drugs (Composition and Labelling) Regulations (Cap. 132W) as amended by the Amendment Regulation (“the Amended Regulations”)

目的

- 旨在協助業界
 - 進一步了解《修訂規例》在規管蒟蒻果凍方面的規定
 - 遵守經《修訂規例》修訂的《食物及藥物(成分組合及標籤)規例》(第132W章)的相關要求

Disclaimer

- The Guidelines:
 - should be read in conjunction with relevant legislation, is intended for use as a general reference only
 - does not have the force of the law and should not be interpreted in any manner which would override the provisions of any legislation
 - may be amended or supplemented as necessary from time to time

免責聲明

- 《指引》
 - 應與相關條例一併閱讀，內容只供一般參考
 - 無法律效力，不應以任何方式詮釋為凌駕於任何條文
 - 可按需要不時作出修訂或增補

Definition

- Some terms defined in the Amended Regulations are listed
 - Konjac
 - Prepackaged food

定義

- 列出經修訂第132W章中一些詞語的定義
 - 蒟蒻
 - 預先包裝食物

Chapter 2: Interpretation of the Composition Requirement for Mini-cup Jelly Confectionery Products

第二章： 迷你杯裝果凍產品成分要求的詮釋

Composition requirement for mini-cup jelly confectionery product

- Item 8A of Schedule 1 to the Amended Regulations
 - Jelly confectionery that is prepackaged food and that is packed in a mini-cup-shaped container must not contain konjac if the height or width of the container does not exceed 45mm
- Mini-cup konjac-containing jelly confectionery with a height or width not exceeding 45mm will be prohibited for sale in the local market

迷你杯裝果凍產品的成分要求

- 經修訂第132W章附表1第8A項
 - 屬預先包裝食物的果凍，如是以高度或闊度不超過45毫米的迷你杯狀容器包裝的，則不得含有蒟蒻
- 高度或闊度不超過45毫米的迷你杯裝蒟蒻果凍將禁止在本地市場上出售

Mini-cup

- Containers that can hold jelly confectionery intended to be ingested in a single bite, e.g., by exerting pressure on the mini-cups to project the confectionery into the mouth

Examples:
例子:



迷你杯

- 是一種容器，可盛載擬以一口吞食方式（例如：透過擠壓迷你杯，將果凍推出至口中）食用的果凍

Measurement on the height and width of mini-cup

迷你杯高度及闊度的量度方法

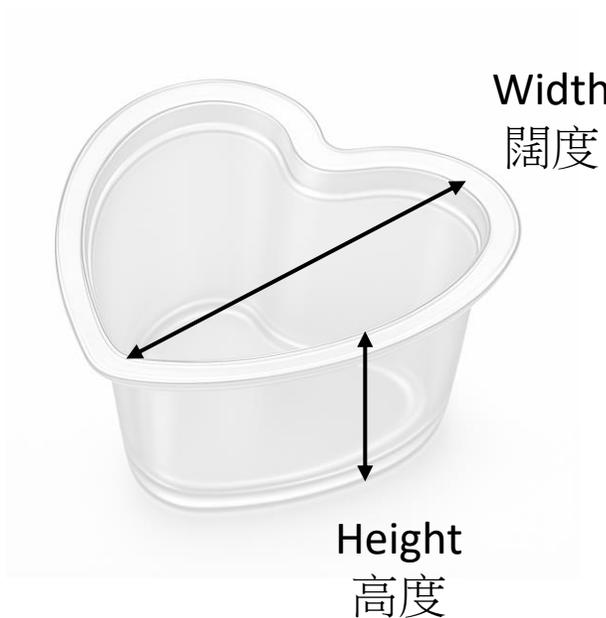
- Height: the **maximum vertical distance** from the **base to the opening**
- Width: the **longest distance** from one side **of the opening** to the opposite side

- 高度: 從杯底至杯口之間的最大垂直距離
- 闊度: 杯口一側至對面的最長距離



Measurement on the height and width of mini-cup

迷你杯高度及闊度的量度方法



Non-mini-cup konjac jelly

- Composition requirement and the related sale prohibition do not apply to non-mini-cup konjac-containing jelly confectionery

Examples:
例子:



袋裝、管狀或枕形蒟蒻果凍
Konjac jelly in pouches, sachets, tubular or pillow shapes

非迷你杯裝的蒟蒻果凍

- 成分要求及相關禁止銷售規定不適用於含蒟蒻成分的非迷你杯裝果凍



較大尺寸杯裝蒟蒻果凍
Larger sized konjac jelly cups

- Should comply with the specific labelling requirements

- 須符合特定標籤規定

Chapter 3: Labelling of Konjac-containing Jelly Confectionery

第三章： 含蒟蒻成分的果凍的標籤

Labelling requirement

標籤要求

- All prepackaged konjac-containing jelly confectionery products must be clearly and legibly labelled with warning statements on prevention of choking hazard in both English and Chinese, on their outer packaging
- The warning statements should read as follows:
- 所有含蒟蒻成分的預先包裝果凍產品的外包裝須以中文和英文清楚可閱地標示預防哽噎風險的警告字句
- 內容如下:

注意：勿一口吞食，長者及兒童須在監護下食用。

Caution: Do not swallow whole. Elderly and children must consume under supervision.

Labelling requirement

- Warning statements must be marked in a **conspicuous position on the packaging** and be:
 - (a) **underlined and marked—**
 - (i) in **dark colour on a light-coloured background; or**
 - (ii) in **light colour on a dark-coloured background; or**
 - (b) marked in **red text on a white or yellow background**

標籤要求

- 警告字句須標明**在外包裝的顯眼處**，並—
 - (a) **畫上底線**，並—
 - (i) **以深色字印在淺色底上；或**
 - (ii) **以淺色字印在深色底上；或**
 - (b) **以紅色字印在白色或黃色底上**

Examples of warning statements

警告字句的例子

- Underlined dark-coloured text on a light-coloured background:

注意：勿一口吞食，長者及兒童須在監護下食用。

Caution: Do not swallow whole. Elderly and children must consume under supervision.

Or

- Underlined light-coloured text on a dark-coloured background:

注意：勿一口吞食，長者及兒童須在監護下食用。

Caution: Do not swallow whole. Elderly and children must consume under supervision.

- 以深色字印在淺色底上，並在字下劃上底線：

或

- 以淺色字印在深色底上，並在字下劃上底線：

Warning statements

警告字句

- Red text on a yellow background:

注意：勿一口吞食，長者及兒童須在監護下食用。

Caution: Do not swallow whole. Elderly and children must consume under supervision.

- 以紅色字印在黃色底上：

(i.e. underline is not required)
(即不用畫上底線)

Or

或

- Red text on a white background:

注意：勿一口吞食，長者及兒童須在監護下食用。

Caution: Do not swallow whole. Elderly and children must consume under supervision.

- 以紅色字印在白色底上：

(i.e. underline is not required)
(即不用畫上底線)

Elements of legible warning label

可閱的警告標籤的元素

- Suitable font size

- A font size of **at least 2 mm in height*** for English letter and Chinese characters is recommended

Example:
例子：

注意：勿一口吞食，長者及兒童須在監護下食用。

2 mm

Caution: Do not swallow whole. Elderly and children must consume under supervision.

2 mm

Elements of legible warning label

可閱的警告標籤 的元素

- Enough spacing

- 間距充足

注意：勿一口吞食，長者及兒童須在監護下食用。

Caution: Do not swallow whole. Elderly and children must consume under supervision.



VS

注意：勿一口吞食，長者及兒童須在監護下食用。
Caution: Do not swallow whole. Elderly and children must consume under supervision.



Elements of legible warning label

- Appropriate font type
- Suitable printing technology
- Nonreflective printing surface

可閱的警告標籤 的元素

- 適當的字款
- 合適的印刷技術
- 使用不反光印刷表面

Advice to the trade

- Adhere to the labelling requirements for the warning statement on prevention of choking hazard as stipulated in the Amended Regulations
- Observe the elements of legible food labels and make reference to the above examples when preparing food labels

給業界的建議

- 遵從經修訂第132W章就預防哽噎風險警告字句訂定的標籤規定
- 製備食物標籤時應注意可閱食物標籤的元素，並參考以上例子

Chapter 4: Frequently Asked Questions

第四章：常見問答

Frequently Asked Questions

- Regulatory scope
- Labelling issues

常見問答

- 規管範圍
- 標籤事宜

The guidelines

- Uploaded to CFS website:

https://www.cfs.gov.hk/english/whatsnew/whatsnew_fstr/whatsnew_fstr_regulation_of_konjac-containing_jelly_confectionery.html

《指引》

- 已上載於食安中心網頁：

https://www.cfs.gov.hk/tc_chi/whatsnew/whatsnew_fstr/whatsnew_fstr_regulation_of_konjac-containing_jelly_confectionery.html

END 完
