

Labelling Requirement on Prepackaged Food

Centre for Food Safety

What is prepackaged food ?

- “Prepackaged food” means any food packaged, whether completely or partially, in such a way that
 - the contents cannot be altered without opening or changing the packaging;
 - and the food is ready for presentation to the ultimate consumer or a catering establishment as a single food item.

What is prepackaged food ?

- The following are not considered as prepackaged food and general labelling and nutrition labelling is not required:
 - Products that are not packed beforehand and are just put in packaging for customers at the point of sale

Not
prepackaged
food



What is prepackaged food ?

- Products put in packaging that the opening is not tied up nor sealed

Not
Prepackaged
food



What is prepackaged food ?

- However, for example, for bakery products packed in a plastic bag fastened up with a metal wire, a plastic wire or a date hook, they are considered as prepackaged food.



Food Labelling



食物名稱
Name of the food

- 須加上可閱標記，不得就食物的性質有虛假、誤導或詐騙成分。
- It shall be legibly marked and shall not be false, misleading or deceptive as to the nature of the food.

製造商或包裝商的名稱及地址
Name and address of manufacturer or packer

保質期的說明
Indication of durability

- "此日期或之前食用"或"此日期前最佳"
- "Use by" or "Best before" date.

數量、重量或體積
Count, weight or volume

配料表
List of ingredients

- 配料須按用於食物包裝時所佔的重量或體積，由大至小依次表列。
- 如含有法例中列明的食物致敏物，必須標示。
- 如使用添加劑，須標示其作用類別和其本身所用名稱或國際識別編號（不論是否以"E"或"e"為詞頭）。
- Ingredients should be listed in descending order of weight or volume determined as at the time of their use when the food was packaged.
- Allergenic substances stated in the law should be specified if they are present in the food.
- Functional class of an additive and its specific name or international identification number (with or without the prefix "E" or "e") should be specified if it is used.

特別貯存方式或使用指示的陳述
Statement of special conditions for storage or instructions for use

Labelling Requirement on Prepackaged Food

- Cap. 132W requires the following information to be legibly marked on the food label of all prepackaged food, unless otherwise exempted-
 1. Name of the food;
 2. List of ingredients (including ingredients, allergenic substances and additives);
 3. Indication of durability;
 4. Special conditions for storage or instruction for use;
 5. Count, weight or volume;
 6. Name and address of manufacturer or packer; and
 7. Nutrition label.

Nutrition Labelling



- 1+7 (energy +7 core nutrients) – i.e., energy, protein, carbohydrate*, total fat, saturated fat, trans fat, sodium, sugars
- Claimed nutrients (when the claim is on any type of fat, cholesterol content must be declared as well)
- For other nutrients, declaration is voluntary

Nutrition Labelling

- As for nutrition labelling, under Schedule 6 of Cap.132W, some food items are exempted from the nutrition labelling requirements of the Regulations,
 - General Exemption Item
 - Practical difficulty for the trade (e.g., prepackaged food packed in a container which has a total surface area of less than 100cm²)
 - The food does not contain (meeting definition of zero) of energy and core nutrients
 - Certain food which is fresh in nature without any addition of ingredient (e.g., fresh and dried fruits and vegetables)
- Prepackaged food with small sales volume

謝謝 Thank you

- Know More About the Label of Prepackaged Food

http://www.cfs.gov.hk/tc_chi/multimedia/multimedia_pub/files/food_label_pos.pdf

- Frequently Asked Questions

- Food Labelling
- Nutrition Labelling

http://www.cfs.gov.hk/tc_chi/faq/faq.html

http://www.cfs.gov.hk/tc_chi/programme/programme_nifl/programme_nifl_faq.html