

何栢良教授 Professor Pak Leung HO

何栢良醫生(內外全科醫學士,醫學博士,內科醫學院院士,美國內科醫學院院士,美國內科醫學院院士,英國皇家病理科醫學院榮授院士,澳洲皇家病理科醫學院榮授院士,香港醫學專科學院院士,香港醫學專科學院院士,香港醫學專科學院院士,香港病理學專科學院臨中心主席,香港病理學專科學院臨床微生物學及傳染病專科委員會主席,瑪麗醫院臨床微生物科榮譽顧問。

何醫生既是臨床醫生,也是活躍的研究員,共發表 170 餘篇論文,主要圍繞微生物抗藥性、臨床微生物學和傳染病學等領域。其論文內容被引用超過 1 800次(資料來源:美國科学信息研究所期刊引文分析報告)。根據基本科學指標(ESI),其中五篇論文為高引用率論文,表示這些論文被引用次數甚高,在所屬領域排名世界首1%。

在教學方面,他有份創辦港大感染及傳染病學深造文憑課程和其他一系列傳染病學課程。課程專為醫科研究生和其他醫療專業人員而設,自 1998 年推出以來,共有超過 3 000 名本港醫生修讀,可見甚受歡迎。他亦擔任醫科研究生的導師,培育出超過 50 名深造文憑畢業生、碩士和博士。在臨床微生物學及傳染病學方面,他積極參與不同專業委員會,確保專科醫生能接受高水平的培訓,並致力促進專科醫生/非專科醫生的持續醫學進修水平。他是減低細菌抗藥性指引 IMPACT 的編輯及主要作者。該指引共印製超過 15 000冊,現已加印至第三版,同時上載到衞生署和醫院管理局的網頁,供本港醫生和其他醫療專業人員參考。在他大力倡導下,全港公立醫院於 2006 年 2 月推行改善醫院內處方抗生素計劃,而衞生署亦推出多項措施(例如:通報社區型抗藥性金黃葡萄球菌感染個案;為兒童免費注射肺炎鏈球菌疫苗等),以遏止社區抗藥性問題。

在社區方面,他致力提高醫療質素、公共衞生水平和醫生專業水平。他曾為法醫個案擔任專家證人,為澳門衞生局舉辦的專科醫生考試擔任外部考官,為英國衞生部門擔任撥款評審員。他善於分析,善於判斷,極具真知灼見。中外傳媒(包括英國廣播公司、美國有線電視新聞網)經常訪問他對公共衞生、傳染病和細菌傳播等事宜的看法。

Dr. HO Pak Leung (MBBS, MD, MRCP, FACP, FRCPath, FRCPA, FHKCPath, FHKAM) is currently President of the Carol Yu's Centre for Infection at the University of Hong Kong, Chairman of the Health Protection Program for Antimicrobial Resistance in the Centre for Health Protection, Chairman of the Specialty Board in Clinical Microbiology and Infection at the Hong Kong College of Pathologists, and Honorary Consultant in the Department of Clinical Microbiology, Queen Mary Hospital.

Pak-Leung is both a clinician and an active researcher with a pronounced output of over 170 scientific publications, primarily in the fields of emerging antimicrobial resistance, clinical microbiology and infectious diseases. His publications have been cited more than 1800 time (ISI, Journal citation report). Five of his publications were ranked as Highly Cited Papers, meaning that the number of citations of the articles received places them in the top 1% within its field according to the Essential Science Indicators.

On teaching, he is founding member of the most popular Infectious Diseases course for postgraduate medical doctors and other healthcare professionals since the Postgraduate Diploma and Infectious Course Program was launched in 1998. The program has since been attended by over 3000 doctors in Hong Kong. As supervisors, he has successfully trained over 50 postgraduates under various Diploma, Master and Doctorate programs. In the fields of Clinical Microbiology and Infection, he provides leadership and contributes to maintaining the standard of specialist training, continuing medical education (CME) for specialists/non-specialists via active participation in various professional committees. He is Editor and lead author of the antimicrobial reference book, IMPACT guideline which is now in the third edition. Besides being available at the Department of Health and the Hospital Authority's home pages, over 15000 hardcopies of this antibiotic reference have been printed for used by doctors and other healthcare professional in Hong Kong. His work has lead to the launch of a territory-wide program on optimizing antimicrobial usage in all the public hospitals in February 2006 and several Department of Health initiatives for containment of antimicrobial resistance in the community (e.g. mandatory notification of community-associated MRSA, addition of the 7-valent pneumococcal conjugate vaccine to the childhood immunization program).

On the Community fronts, he seeks to enhance the standard of healthcare quality, public health and professional standards for the good of the public in large. He has served as Expert witness for medicolegal cases, external examiner for the Specialist Examination held by the Macau Department of Health, and Grant Reviewer to the United Kingdom Department of Health. He is a popular resource person and opinion leader, much sought after by local and international media (e.g. BBC, CNN) for views on matters related to public health, infectious diseases and germs.