## **Radioactivity in Food**





## **Source of Radioactivity**

- Naturally occurring radioactivity
- Nuclear power plant accident
- Nuclear weapon





## **Nuclear Power Plant Accident**

- Radioactivity may be released into the surrounding area
- Ways of dispersion
  - Direct exposure
  - Winds
  - Rainfall





## **Food Contamination**

- Radioactive substances are deposited on plants, soil or water
- They might enter food chain
- Plants and animals are contaminated by
  - surface contamination
  - tissue contamination after inhalation
  - ingestion of contaminated nutrients
- People are at risk after ingestion of the contaminated food



## **Possible Health Effects**

- Acute health effect
  - nausea, vomiting, extreme tiredness, hair loss, skin burns and diminished organ function
- Chronic health effect
  - increase the risk of cancer





Radionuclides : lodine-131(I-131), Caesium-134(Cs-134) and Caesium-137(Cs-137

I-131, Cs-134 & Cs-137 do not naturally occur in food

They are artificially produced fission products

 Presence in food due to possible contamination from nuclear reactor operations or military nuclear operations



#### **Standard for Radiation Testing Level**

 CFS currently adopts the standards laid down by the Codex Alimentarius Commission in the Guidelines Levels for Radionuclides in Foods Contaminated following a Nuclear or Radiological Emergency (Guideline Levels)



Radionuclides	Codex Guideline Level	
lodine-131	100 Bq/kg	
Caesium-134	1,000 Bq/kg	
Caesium-137	1,000 Bq/kg	



## **Reduce the Level of Radionuclides in Food**

- By suitable food preparation
  - e.g. Washing, brushing, scrubbing or peeling
- By storing contaminated food for prolonged times to allow radioactive decay of short-lived radionuclides



#### Import Level

 Inspect imported food by hand-held survey meter for surface contamination





Import, Wholesale and Retail Level

- Take food samples
- Use Contamination Monitoring System (CMS) for examination





#### Import, Wholesale and Retail Level

- Food consignment failing hand-held survey meter or CMS screening will be held
- Samples will be sent to Government Laboratory for further quantitative analysis





# Testing on Radiation Level in Imported Food from Japan



## Background

- Earthquake at Japan on 11 March 2011
- The earthquake triggered powerful tsunami
- Fukushima Daiichi Nuclear Power Plant was damaged by the tsunami
- Radioactive substances have been released in the environment
- Certain foods in a number of prefectures had been contaminated
- At levels hazardous to human health



- Since 12 March 2011, the Centre for Food Safety (FCS) stepped up surveillance on radiation level of imported food from Japan
- Including vegetables, fruits, milk, meat, aquatic products, milk powder and other processed foods



#### **Result of Tested Samples**

As at 31 July 2013, more than 143,000 samples have been tested		
Iodine-131 level in 3 samples exceeded the standards in the Guideline Levels		
1 White Radish 260 Bq/kg	1 Turnip 800 Bq/kg	1 Spinach 1,000 Bq/kg
47 samples contained low levels of radioactivity but not exceeding the Guideline Levels		
2 Vegetables	1 Oats	44 Tea Products



#### Section 78B Order

- Director of Food and Environmental Hygiene make an order under Section 78B of Public Health and Municipal Services Ordinance, Cap 132
- Prohibits import and supply of the following food harvested, manufactured, processed or packed on or after 11 March 2011 from the five affected prefectures in Japan, namely Fukushima, Ibaraki, Tochigi, Gunma and Chiba -
  - All fruits, vegetables, milk milk beverage and dried milk
  - All chilled or frozen game, meat, poultry, poultry eggs, live, chilled or frozen aquatic products, unless accompanied by a certificate issued by the competent authority of Japan certifying the radiation levels do not exceed the standards laid down by the Guideline Levels





#### Section 78B Order



#### 香港特别行政區政府 憲報號外

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PUBLIC HEALTH AND MUNICIPAL SERVICES ORDINANCE (Chapter 122) (Section 7815) Section 7815)

Order No : CPS/1/2011 HEIID Ref. : FUID/CFS/78B

TO : All persens

This Order takes offect at 12:00 noon on 24 Marca 2011.

Low have reasonable grounds to helione that the making of this scalar in relation to the fixed appointed in <u>America</u> is necessary to prevent or reduce a sposibility of diameter to proble health to so intigate any advance occeptate of a cargor to public health. So details of which are specified in <u>America</u> = 1 DO, in execution of my powers maker section. 78(8) of the Phille Health and Municipal Soviets Onlineare (Diameri 33), and net hart.

a. you be prohibited from imposing into IIma, Korg the food specified in <u>Amery A</u>, that is introduct for human excamption. For the paired from 1240 mores or 24 What's MU will further units the paired from specified in Amera A, that is napped in the Joang after 12400 more as 24 March 2011 will information and paired for the part of the MU. and is introduct for the part of them 1200 more as 24 March 2011 until further solve.

If you led that you are aggrieved by this order, you may, within 28 cays from becoming bound by a (that is the date and time specified in pringraph 1), appeal to be Municipal Services Appeals Board.

<sup>1</sup> "Snapplying" means (a) while the facel. (b) offering, heaping or exhibiting the local time acts; (a) exhapping or disposing of the facel for consideration; (b) teneroliting, corresping or this scale, for facel is provided and the consideration; (c) and (c) and (c) are an ending or dispositive facel.)

Noz: A potion could by this order who contravoras a term of the order contraint an offence and is field- on convection on a fice at fixed b act to imprisonment for 12 modils. If is stat a details for a priori or three that the fixed concerned is the subject of a licence, permit or any other form of authorization issued or general order this or any other Ordinares.

Dated this 23<sup>NI</sup> March 2011

Hung " Inin's Win LEUNG CHEUK MAN) Director of Food and Environmental Hygicae



#### Section 78B Order

- The Order has taken effect on 24 March 2011 and is still in force
- Contravene a term of the Order commits an offence and is liable on conviction to a fine of HK\$100,000 and to imprisonment for 12 months







#### **Certificate on Radiation Levels**

CFS agreed to accept certificate on radiation levels issued by the competent authority of Japan for importation of

- aquatic products with effect from 8 November 2011
- meat, poultry and poultry eggs with effect from 21 March 2012
- Thereafter, importation of such food with valid certificate from the five affected prefectures is allowed



#### Sample of Certificate on Radiation Levels



Sample of Certificate on radiation levels in aquatic products

Sample of Certificate on radiation levels in game, meat, poultry and poultry eggs



## Conclusion

- The risk of Fukushima nuclear plant event has not been cleared
- Radioactive isotope Caesium-137 has a half-life of several ten years
- The order on prohibition of importation of food from the affected 5 prefectures in Japan is required to be maintained
- To ensure the safety of imported food from Japan, CFS continues to monitor closely the situation in Japan and the radiation testing results of food samples in order to formulate surveillance programme according to risk assessment





