# "Live it, Use it" Nutrition Labelling Fun Shopping Award Scheme 2012-13

## **Enrolment Form for Organisation Participants**

Par	t I: Information of Organisation Participant		
1.	Name of Organisation:		
	Address of Organisation:		
	Major target service users:		
2.	Name of Team:		
3.	Name of Staff-in-charge:		
	Post: Email:		
	Contact phone No.:Fax No.:		
4.			
Par	rt II: Activity Framework		
(e.g	. Dates, formats and target groups of activities etc. Please use additional sheets if necessary.)		

Part III: Declaration (Please circle the appropriate choices.)

- 1. We agree to abide by the guidelines of "Live it, Use it" Nutrition Labelling Fun Shopping Award Scheme and accept the decision made by the organisers as final.

Name of Organisation-in-charge:

Signature:

Date:

Please fax or email the completed form to the Risk Communication Section, Centre for Food Safety.Fax: 2803 0534Email: rc@fehd.gov.hkEnquiry No.: 3962 2066 (Ms. CHAN)

# "Live it, Use it" Nutrition Labelling Fun Shopping Award Scheme 2012-13

## - Guidance Notes -

## Purpose

This set of notes provides participating teams with necessary information for effective planning and implementation of a promotion programme. Participating teams may also take reference from the programme pamphlet and other information available at the website (www.nutritionlabel.gov.hk).

## Enrolment

2. Enroler should be staff of a community organisation and endorsed by the concerned organisation.

## Planning

3. Having set an objective for the programme, participating teams should decide on promotion formats and target group(s). Although a single promotion activity may sometimes be sufficient to attain a set objective, a combination of activities often make bigger impact on the promotion target group and contribute to better attainment of the set objective.

4. A brief outline of the proposed nutrition labelling promotional activities should be provided under Part II of the enrolment form. Information such as date/time/location, content of activities, promotion target group(s) and anticipated number of participants etc. may be included.

5. The Centre for Food Safety (CFS) dedicated staff and/or her professional partners will visit the participating teams and provide technical support.

## Implementation and Evaluation

6. Data collection and record keeping at different stages of the programme will facilitate the evaluation process. Examples of information to be collected may include the number of resource materials distributed, the number of promotion target group participating in the activities, satisfaction level of the participants, etc. Pre- and post-intervention questionnaires, interviews and observations are also useful for gauging the immediate achievements of the programme.

7. Participating teams are recommended to make use of contemporary media to record interesting moments during implementation to facilitate experience-sharing. The teams are encouraged to submit selected pictures or video-clips for the organisers to incorporate in a presentation/video to be presented at the Award Presentation Ceremony.

8. Please ensure all the activities to be conducted before the deadline of activity summary submission date (i.e. 17 May 2013). Activities held afterwards will not be used for award assessment purposes.

## **Provide assistance to Individual Participants**

9. Organisation participants should assist Individual Participants to register for the Award Scheme; collect their completed shopping diaries and submit them to the CFS. Individual participant who submit duly completed shopping diary can awarded with supermarket coupon. Each organisation can submit up to a maximum 20 of shopping diaries. Among the collected shopping diaries, organisation participants can

nominate not more than 2 Individual Participants with outstanding entries to compete for the Individual Awards.

## **Activity Summary**

10. Activity summary can provide a chance for the participating teams to reflect on their work, consolidate what they have learnt during the process, and facilitates their sharing of experience and success. The summary will also be used for award assessment purposes.

11. For the summary, please provide a written one or a PowerPoint version, preferably with photos and/or video clips. Participating teams may additionally submit other reporting formats to demonstrate innovation, effectiveness and scale of participation etc.

- 12. The summary should cover the following main areas:
  - i. Basic information of the team
  - ii. Programme content
  - iii. Scale of participation (no. of participants, no. of shopping diaries collected, etc.)
  - iv. Evaluation
  - v. Experience-sharing

#### **Copyrights and other Issues**

- 13. Participating teams should pay attention to the copyright issues as follows:
  - i. Copyright of entries: Participating teams should agree to grant the organisers free copyright usage of their entry/entries to exhibit, publish such entry/entries, and implement other publicity and promotion activities without seeking prior consent from participating teams or organisations.
  - ii. Others' copyright: Contents of entries must not infringe the intellectual property rights of others, such as not to use copyrighted works including writing, images, trademarks, songs, music, advertisements, motion pictures or cartoon characters.
  - iii. News clipping: Entries containing news reports from newspapers or periodicals should only quote the exact wording from the original source and cite the title of the newspaper or periodical with its publishing date. The original clipping should be kept under reference materials at annex of the report.

#### Schedule

Enrolment:	First round of intake from 7 November 2012 to 31 December 2012; Second round of intake till 31 January 2013;
Submission of summary, Shopping diaries and list of nominees:	17 May 2013
Sharing session cum Award Presentation Ceremony:	July 2013 (details to be released in May or June)



# 活用營養標籤 Live it, Use it - Use Nutrition Labelling 資源材料目錄 Resource Material Catalogue

(於 2012 年 10 月更新 Updated in October 2012)



用營養標籤,挑選適合自己的食物和分量,吃得 更好更健康!為配合新一輪的營養標籤推廣運動 口號「營養知多少 揀啱我需要」,中心推出更多 實用資源供社區中心、工作地點、機構、學校及 商戶展示及派發。中心亦會向有意舉辦相關活動 如講座、大型活動的機構提供技術支援。

如有興趣,請填妥背頁回條選擇所需資源材料並 傳真至傳達資源小組(2787 3638)。除個別說明, 資源材料均以中英文雙語印刷。你亦可登入中心 專題網頁(<u>www.nutritionlabel.gov.hk</u>)瀏覽已更新 的資訊及資源(附相片)

(http://www.cfs.gov.hk/tc\_chi/programme/program me\_nifl/programme\_nifl\_public\_Resources.html) 查詢請電\_2381 6096。 Use nutrition labels to choose the type and amount of food that meets individual needs. Enjoy healthy eating! To echo the slogan of the new publicity campaign on nutrition labelling, "Make Better Choices Use Nutrition Labels", Centre for Food Safety (CFS) has prepared more useful resource materials which are suitable for display or dissemination by community centres, workplace, organizations, schools and retail outlets. CFS also provides technical support for those who wish to organize activities such as seminars or events.

If you are interested, please complete the reply slip indicating your selected resource materials listed overleaf, and return by fax at 2787 3638 to the Communication Resource Unit. These resource materials are bilingual unless otherwise specified. You may also visit the dedicated website <u>www.nutritionlabel.gov.hk</u> for updated information and resource materials (with photos) (http://www.cfs.gov.hk/english/programme/progra

<u>mme\_nifl/programme\_nifl\_public\_Resources.html</u>) For enquiries, please call 2381 6096.

回條 Reply Slip			
致食物安全中心 To: Centre for Food Safety			
<ul> <li>1. 我希望索取背頁所選的資源材料以非牟利形式推廣營養標籤。I would like to obtain the resource materials as indicated overleaf for promotion of nutrition labeling in a not-for-profit approach.</li> <li>□ 於日常活動派發及展示 For distribution and display during our regular activities/functions</li> <li>□ 舉辦營養標籤推廣活動資料如下: For organising functions/events to promote use of nutrition labeling with details below: 活動形式 Format: 講座 Talk / 展覽 Exhibition / 其他 Others:</li></ul>			
對象 Target audience: 活動舉辦日期 Date of activity:	預計出席人數 Estimated no. of participants:		
<ol> <li>我明白食物安全中心保留一切權利決定批核的數量及提供的服務。I understand that the CFS reserves the rights for the quantity of the resource materials and nature of services provided.</li> <li>姓名 Name (中文) (English)</li> </ol>			
職位 Post Title:	電郵 Email:		
電話 Phone Number:	傳真 Fax:		
商戶/機構/學校名稱 Name of Organisation	負責人簽署及機構印章 Signature of Person in		
	Charge and Chop of Organisation:		

根據《個人資料(私隱)條例》作出的用途聲明:於本表格填報的個人資料屬自願,會供食物安全中心作聯絡及通信用途。查詢(包括要求查閱和修正個人 資料)請致電2381 6096 或以傳真方式(傳真號碼: 2787 3638)與傳達資源小組聯絡。Statement of Purpose for Data Collection under the Personal Data (Privacy) Ordinance: The provision of personal data by means of this form is voluntary. The personal data collected will be used by the CFS for the purpose of communication and correspondence. Enquiries (including requests for access and correction of personal data) should be addressed to the Communication Resource Unit by telephone (tel. no.: 2381 6096) or by fax (fax no.: 2787 3638).

## I. 海報及陳列品 Posters and Display item

		- ·	
數量	大小	簡介	
Quan	size	Description	
-tity			
	A2/A3	營養知多少 揀啱我需要(糖)	
		Make Better Choices	
		Use Nutrition Labels (Sugars)	
	A2/A3	營養知多少 揀啱我需要(脂	
		肪)	
		Make Better Choices	
		Use Nutrition Labels (Fat)	
	A2/A3	營養知多少 揀啱我需要(鈉)	
		Make Better Choices	
		Use Nutrition Labels (Sodium)	
	A1/A2/A3	糖真相	
		The Truth About Sugars	
	A1/A2/A3	鈉真相	
		The Truth About Sodium	
	A1/A2/A3	脂肪真相	
		The Truth About Fats	
	A1/A2/A3	塗黑的營養聲稱 Black-out	
		Nutrition Claims	
		糖、鈉、脂肪搖晃標貼	
		Sugars, sodium, and fat	
		wobblers (一套3款 3 in 1 set)	
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## II.「營之訊」系列"NutriGet" Factsheet Series

數量	簡介
Quantity	Description
	「營之訊」系列由2010年7月起一共
	5期,分別為「簡介營養資料標籤制
	度」、「1+7」與健康、營養標籤「麵」
	「面」觀、精選冷吃穀類早餐、含糖
	飲品知多點新。"NutriGet" is a
	publication produced since Jul 2010.
	The first fifth issues are Introducing
	Nutrition Labelling Scheme, 1+7 and
	Health, Get to Know Nutrition Labels of
	Instant Noodles, Smart Choice of
	Cold-served Breakfast Cereals and
	Know More about Sugary Drinks New.

## III.單張 Pamphlets

數量	題目Title
Quan	
tity	
	活用營養標籤三部曲
	Three-step Guide to Use Nutrition Labels
	預先包裝食物標籤知多點
	Know More About the Label of
	Prepackaged Food,中英文 Bilingual
	預先包裝食物標籤知多點
	Know More About the Label of
	Prepackaged Food多種語言Multilingual

#### IV. 資訊卡 Info Cards

數量	產品	簡介	
Quantity	Item	Description	
	百摺卡	1+7與健康Information	
	Folded Card	on 1+7 nutrients	
	購物卡	營養素攝入上限及水平	
		等,中文	
	Shopping	Intake limits and levels	
	Cards	of nutrients, English only	
	聲稱卡	營養聲稱的法定條件	
	Claim Card	Legal definitions for	
		selected nutrition claims	

## V. 小冊子 Booklets

數量	題目	頁數
Quantity	Title	Pages
	認識新的營養資料標籤制度	8
	Get to Know the New Nutrition Labelling	8
	了解營養聲稱	8
	Understanding Nutrition Claims	8
	能量及營養素	8
	Energy and Nutrients	8
	善用營養標籤選擇"三低" 的食物	8
	Use Nutrition Labels to Choose "3 Low" Food	8

## VI.借用展板 Exhibition Boards On-loan Service

展覽日期	大小	簡介
Date of	size	Description
Display		
	營養知多少	42厘米(cm) x
	揀啱我需要	60厘米(cm)
	1套15塊,中央文	
	15 in 1 set, Bilingual	
	營養標籤多面睇	79厘米(cm) x
	1套30塊,中文	99厘米(cm)
	30 in 1 set, Chinese	42厘米(cm) x
	only	60厘米(cm)

領取地點 Address for Collection:傳達資源小組

Communication Resource Unit (九龍旺角花園街123號A花園 街市政大廈8樓 8/F.,Fa Yuen Street Municipal Services Building, 123A Fa Yuen Street, Mong Kok, Kowloon)

時間 Time: 逢星期一至五上午8時45分至中午1時;

下午2時至5時30分(公眾假期除外) Mon. to Fri. 8:45 a.m. to 1 p.m.; 2 p.m. to 5:30 p.m. (Except Public Holidays) (中心會通知聯絡人前來領取Contact person will be informed of the collection)